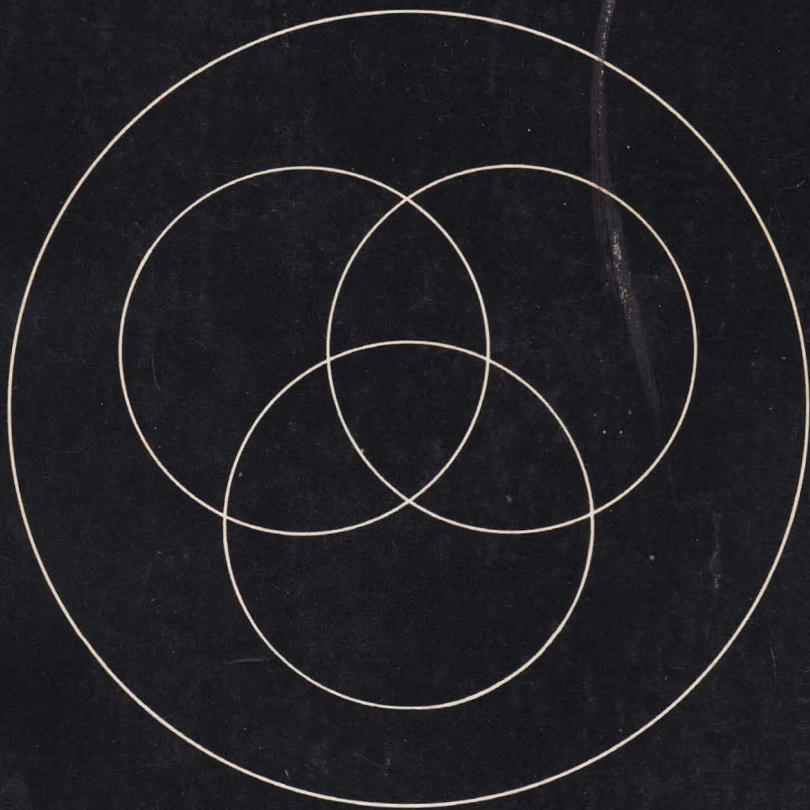
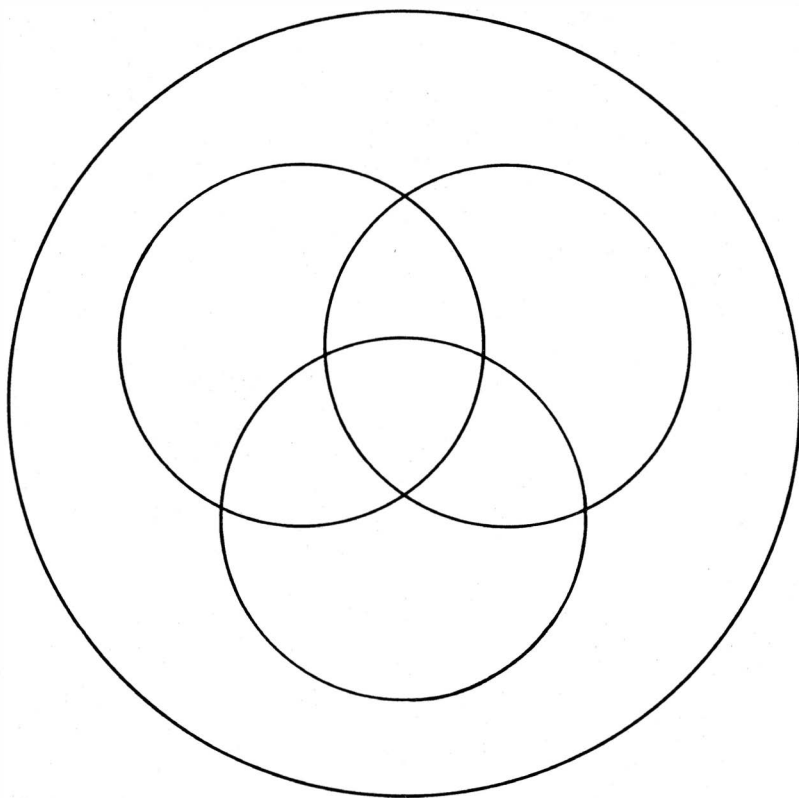


The Discipline of a Psychic Warrior



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This book is dedicated to those who will suffer and die in the struggle to save our Planet.

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TABLE OF CONTENTS

(C, before a selection means that it has special meaning for
Colonie and Foundation Members.)

1. Wife Beating Pages (4-10)
2. Women's Liberation and Stereo-Typing of Roles Pages (11-13)
3. Social Frustration and S-M Behavior Pages (13-21)
4. Panama Canal Pages (21-23)
5. Do's and Don'ts of Professional Boxing Pages (23-35)
6. Authority Roles in Marriage Pages (35-45)
7. Rape, a Complex Social Phenomenon Pages (45-50)
8. Human Evolution and Genetic Tampering Pages (50-52)
9. God's Prayer a Modern Revision Pages (52-54)
10. Sports Letter "Back Spasms" Pages (54-55)
11. Mental Illness, Preventive and Rehabilitative Methods of Treatment Pages (55-58)
12. European Defense Pages (58-60)
13. Bank Robbery Defense Pages (60-61)
14. Car Pooling Pages (61-62)
15. Recycling of Mice and Men Pages (62-63)
16. Team Boxing Pages (63-65)
- C. 17. Greed the Psychological Force of Evil Pages (65-72)
18. A Logical Solution for the Olympics Page 72
19. How Salary Sharks Destroy Youth Organizations in Our Society Pages (73-83)
20. A Healthy Olympic Program Pages (83-84)
21. Prison Farms Pages (84-86)
22. Greed in Pro Sports Pages (86-87)
23. How to End Street Prostitution Pages (87-88)
24. The Political Power Mania Pages (88-90)
25. How to Reduce Tobacco and Alcohol Problems Pages (91-92)

26. Rhodesia Pages (92-93)
27. Voluntary Euthanasia Pages (93-95)
28. Indirect Presidential Selection Pages (96-98)
29. Northern Ireland Pages (98-100)
30. When is Criminal Activity Morally Defenseable Pages (100-101)
31. Hand Guns and Society Pages (101-102)
32. Star Trek Pages (102-103)
- C. 33. Peace in the Middle East Pages (103-105)
34. Safe Contraception Pages (105-106)
35. Black Education Fund Pages (106-108)
- C. 36. Freedom of Religious Thought Pages (108-109)
37. Controlled Legalization of Hallucinogenic Drugs Pages (110-111)
38. Breast Cancer Pages (111-112)
39. How to Stop a Tornado Pages (112-113)
40. Nuclear Powered Cargo Subs Pages (113-114)
41. CIA Pages (115-116)
- C. 42. Democratic Leadership in the Colonie Pages (116-119)
43. Vampirism and Unitarianism Pages (119-122)
44. Is Mars a Destroyed Planet Pages (122-123)
45. California Earth Quake Pages (123-125)
46. The Death of a Working Women Pages (125-126)
- C. 47. The Dangers of Marijuana Pages (126-128)
- C. 48. The Last Trumpet will Sound Pages (128-129)
- C. 49. How to Train your Mind to do Telepathy and Empathy Pages (129-132)
50. Land and Labor Pages (133-134)
51. Dual System of Justice Pages (134-135)
52. Intelligent Limits for the First Amendment Pages (135-136)
- C. 53. True and False Revolutionaries Pages (137-142)
54. Saving the Porpoises Pages (143-144)
- C. 55. The Twelve Positive Commandments for Colonie Members Pages (144-145)
- C. 56. The Twelve Negative Commandments for Colonie Members Pages (145-147)
- C. 57. Nuclear War Prevention Pages (147-148)

- 58. A Practical Educational System Pages (149-150)
- 59. Buy American Campaign Page (151)
- 60. CIA Logical Revision Pages (152-153)
- 61. How a Nation is Destroyed? Pages (153-155)
- 62. Nuclear Powered Cargo Subs Pages (155-156)
- 63. Who Killed President Kennedy Pages (156-158)
- 64. Womens' Liberation and the Increasing Divorce Rate Pages (158-160)
- 65. The Discipline of a Psychic Warrior Pages (160-179)
- 66. The Guru Con Game Pages (179-181)
- 67. The Survival Role of the Military Pages (181-182)
- 68. The Formation of the Collective Screen Pages (183-215)

TYPES OF MANIPULATIONS IN THE DISCIPLINE OF A PSYCHIC WARRIOR

(1) The first type of manipulations are first order of importance, they are designed to help prevent a nuclear war by preventing the social and economic and political fabric from disintegrating which will result in a right wing totalitarian government seizing control. If the U.S. heads toward a totalitarian configuration the Soviet Union will in all probability launch a full scale nuclear war to prevent the U.S. from completely using its larger economic capacity and advanced technology. Other first order manipulations are designed to encourage both the P.R. of China and Western Europe to strengthen themselves so that they will act as counter balancing power spheres i.e. neither the U.S. nor the U.S.S.R. can afford to have a war if it will leave one or two other major powers untouched and in control. The manipulation that is perhaps the most valuable is the idea that there is a good chance that our planet's atmosphere i.e. ozone layer, can not withstand 6,000 thermo-nuclear warheads being exploded or in simple terms the combined might of the U.S. and the U.S.S.R. constitutes a doomsday device.

(2) The second order manipulations are designed to make general improvements within our Country, in areas that are not critical for survival, but would make life more pleasant and meaningful.

(3) The third type of manipulations were just done out of personal interest or just for entertainment. If a person focuses on the dangerous and more serious aspects of reality for too long the result is unacceptable mental strain which can lead to psycho-somatic illness or mental breakdown. Thus good mental discipline requires that a person balance out their thought time, giving their mind a chance to rest and recover. The proper use of a sense of humor and a sense of the good and positive is necessary for mental survival, when

doing calculations on dangerous and destructive areas of human reality. A sense of humor is necessary, but humor is produced by distorting reality or by concentrating on one aspect of reality, thus if a person thinks in humorous terms too much they become light minded and are unable to deal with the more serious aspects of reality, if a person does not use some technique to relieve mental strain, then they court depression or insanity. A psychic warrior has to live a balancing act in order to look at reality and still stay alive or retain their sanity. A psychic warrior has to walk the fence, one side of the fence is the reality of Gods creation so beautiful and awe inspiring that it would be very easy to dedicate oneself to worshipping and enjoying it, and on the other side of the fence the depressing violent and often totally irrational reality of human conduct. The psychic warrior stays on the fence by discipline training, and a sense of mission which allows the warrior to keep his screen in balance, removing psychological damage, reducing stress and thus maintaining a good state of mental health. If an ordinary person were to use some of the techniques which allows the psychic warrior to look at reality, but did not master the discipline to keep their screen in balance they would very soon become depressed and commit suicide or become so enraged that they would turn to violence. To look at human conduct in rational terms with the normal human emotional barriers lowered is a very painful and stress inducing experience, and can only be done in moderation. The reason I have gone into this explanation is because I realize that some people will say that certain manipulations contained in this book are not essential or even a waste of mental energy. In part this is true, some of the manipulations are on relatively unimportant subjects, these manipulations are not essential to modifying our society, but they were essential to helping me maintain my mental balance and thus preserving my mental health. These unimportant low stress manipulations gave my mind a rest, while allowing me to keep my analytic ability sharp. Just as a football player might play hand ball in the off season to stay in shape, so a psychic

warrior does low stress work to give their mind a chance to recover.

In learning to work closely and intimately with their mind a psychic warrior becomes acquainted with what stress can do to the mind. In order to survive a psychic warrior must develop an accurate sense of what mental illness is and what mental health is. A psychic warriors is not concerned with healing people with direct application of the techniques learned, i.e. the psychic warrior does not view themselves as a healer of individual patients as a doctor does. The psychic warrior uses their analytic ability and their understanding of psychological forces to make beneficial modifications in the structure of society, (economic systems, social systems, political systems, military systems, and educational systems). The result of beneficial social changes will be improved mental health for the entire society, i.e. less conflict, less hatred, less anxiety, less hopelessness means less stress on the mind and less stress on the mind means better mental health (in general). A psychic warrior views the present treatment of mental illness as crude inhumane and about as effective as chaining mentally ill people in dudgeons; We have replaced dudgeons with wards, metal chains with chemical ones, torture by hot irons in now done by electro-shock (there are a few rare cases where electro-shock might be necessary, but 99 out of 100 treatments are a destructive waste). The problems created by the treatment are often more severe than the original problems. Some day a wise psychiatrist or psychologist will lower their ego barriers long enough to ask a psychic warrior for help or they may become a psychic warrior themselves and then the treatment of mental problems will become an art and a science, instead of a hodge podge of guesswork and psychic butchery, in which the rate of spontaneous recovery is often superior to the rate of recovery under treatment.

Because a psychic warrior's operation will help lower overall stress levels in society and thus improve mental health, many psychiatrists and psychologists will view us as dentists viewed fluoride. Their ego barriers, their fear of financial

loss, their fear of new understanding that will render much of their training obsolete, will cause them to attack our techniques. Most psychiatrists delight in nice healthy, high stressed neurotics with big bank accounts, the thought that such people will disappear in future society will indeed be upsetting to them. A few psychologists and psychiatrists of high social consciousness, who are more concerned with curing mental illness than money or status, will join us and will become the social psychological engineers that help engineer the future social order.

WIFE BEATING

Dear

I read your article on wife beating and was very impressed with how widespread a problem this is. I had never thought of the crime as being a cross class phenomenon, but had usually associated it with poorer class or working class couples who would drink to much on the weekend. This misconception probable occurs because the upper middle and the upper class have methods of insulating their problems, while the poorer people live in apartments where everyone can hear what is going on.

However, I believe that at least 80% of this violent form of behavior could be eliminated by both the husband and wife learning to work together to prevent the tensions from rising to the point where the husband's method of handling and releasing the tensions becomes violent. The fact that the violence occurs during specific time periods indicates that certain stress factors lead to a build up in uncontrollable emotional tensions. If we can find out what these stress factors are, then we can begin to lessen tensions levels and help the couples solve problems in a more peaceful manner. The fact that the consumption of alcohol by the husband is associated with an increased frequency of violent behavior indicates that the lowering of inhibitions, and therefore

control capacity, plays a role in violent behavior. The fact that husbands that committ violence have grown up in homes where violence was used by the father on the mother and probable, (and this is is a calculated quess), the mother may have been physically abusive to the male child in retaliation, indicates that the behavior is learned in a social context. What is learned can be unlearned or unconditioned. In other words, wife beating is not a random uncontrollable behavior, certain factors cause it to happen and therefore these factors can be studied and the couple, if they desire to save their marriage, can learn to prevent the behavior.

I have devised a 4 step plan that a couple can use to help the male control his violent behavior. Step 1. *Premaritalcounseling and education:*, Step 2. *Learning to Identify and Properly Chanalize Emotions:*, Step 3. *Early Identification of Situations that Tend to Lead to Violence:*, Step 4. *Home Defense Plan to Relieve Excessive Tensions:* Naturally, this 4 step plan would only apply to those marriages where the couple felt that the marriage was basically workable and could be saved.

4 step plan to prevent wife beating

Step 1. Premarital Counseling and Education:

Most young people, either in school or at home do not talk about wife beating. The first step to solving a problem is to recognize that it exists, and that it could strike any marriage regardless of income level. An intelligent booklet discribing cases that involve different economic classes could be made available to young adults in high school. The booklet should stress that assault in the home is a crime and not a right of marriage, and it could describe what programs are available to deal with the problem. The booklet could explain what situations tend to produce wife beating, and how a couple can learn to solve their problems before they arrive at the critical state. If young adults were just given one basic course in how to structure a marriage and how to solve problems in marriage, it would go a long way to preventing horrilbe mismatches between two people that are totally un-

prepared to deal with the complicated and trying problems of living together and raising children.

Step 2. Learning to Identify and Properly Channelize Emotions:

Most schools teach young adults and younger children practically nothing about their emotional makeup. You would think that people were androids who operated on a perfectly rational basis if you looked at most text books. Young children and young adults need to be taught what their emotions are, how to recognize them and what would be appropriate measures to release emotional tensions. Young adults in High School need a basic course in psychology where they can learn how emotions control behavior and how the excessive build up in emotional tensions can lead to anti-social behavior and to mental illness. The two Books by Dr. Haim Ginott, "Between Parent and Child" and "Between Parent and Teenager" are excellent for showing people how to verbalize their emotions by defining them, rather than keeping emotions pent up inside until one is compelled to release them in a verbally or physically damaging manner. If a husband could be taught to talk out his hostile feelings with his wife then he could release emotional pressure by describing what it was that had made him angry, rather than holing his tensions in until they reached the blow over point. Temporary control of emotions by counting to 100 might work for a limited period, but sooner or later the person must find an avenue to release emotional tensions. Both the husband and wife could be trained in a reasonable length of time to do a basic form of psychotherapy, just listening in a sympathetic manner and trying to understand how the other party feels about a certain matter.

Step 3. Early Identification of Situations that Tend to Lead to Violence:

Wife beating attacks occur with greater frequency during certain time periods and under certain conditions. Thus there must be certain identifiable factors that proceed the final physical attack. If couples can learn to identify the

early warning signs that foretell the onset of an attack then they can take preventive measures to diffuse the situation. I would make a calculated guess that attacks occur with greater frequency when the husband is unemployed or when the husband is trapped in a job that he hates, or at the end of a hard week when the husband is physically exhausted, or during periods when the husband has been deprived of sleep for two or more days, or when the husband has gone out drinking, especially on Friday or a week end night. The same applies for the wife, if she has been under strain or has lost sleep then she will be more irritable also and thus less able to handle any problems her husband encounters. If both parties are irritable and unsympathetic toward one another then the chance of a violent situation occurring is probable very high. However, if people learn their early warning signs then preventive steps can head off a violent episode. For example, if a husband is at work and he has had a very bad day, he senses that he is angry and is on a very short fuse, then he could call ahead to his wife and let her know his mental state. The husband would make sure that he did not go to a bar and thus lower inhibitions and control capacity. The wife could inform the children that daddy was not in the mood for any disruptions and that they had better play it cool. She could then get things ready to receive her husband with a minimum of fuss, if she had things on her own mind to discuss that night she could postpone them to another night, there is no use trying to discuss things with a partner that is totally upset. She could then prepare to go through a predetermined routine that helps her husband relax and release his emotional tensions; by talking about what was upsetting and by helping him to relax physically.

Step 4. Home Defense Plan to Relieve Excessive Tensions:

Once a couple have learned to identify the emotional signs that would lead to a violent episode, they can then take preventive measures. Measure 1. Both the husband and wife would refrain from any alcoholic beverage or drug until they had the situation calmed down and under control. Measure 2. The husband would call ahead if he knew he was very angry

and on a short fuse. Measure 3. The wife would get an ice pack ready; anger leads to an excess blood flow to the brain, the body is gearing up for violence, the adrenalin flow is stepped up and the blood pressure rises. The temperature of an angry persons body and more importantly the head begins to rise, just as if they had a fever. If the high temp. in the head is sustained, this factor alone can cause the person to act more irrationally then they normally do. Measure 4. As soon as the husband comes in the wife gives him the ice pack and starts to draw a warm bath; the husband undresses and climbs into the tub and relaxes; the wife begins to talk to him and ask him what happened, just having someone to talk the problem out with can help relieve the emotional pressure. The ice pack cools down the mans brain and the warm water relaxes the persons physical tensions in the muscles. Measure 5. If the husband desires it, the wife can slowly masturbate him until he releases. The combination of the warm bath the masturbation and a little sympathetic listening should almost put the man to sleep; he will now be totally incapable of aggression psychologically. Measure 6. Give your husband some food and lots of beverages i.e. ice water, tea, Gator Aid. Anger and emotional upset burn off a lot of bodily fluid and this by itself can cause irritability. Now the husband is ready for bed or maybe a little T.V. If the problem that made him upset is a complicated one suggest that maybe the best thing to do is to get a good nights rest and then tackle it in the morning when he is more refreshed. If he wishes to talk the problem out more, just listen sympathically. He should be ready to pass out in about half an hour after super. Put him to bed and then go back and see that the children are to bed. Measure 6. The wife can then take a hot bath herself and go through her own little recovery routine.

The Home Defense Plan can also be used by the husband on the wife if she has had a bad day. An angry wife does not usually beat a husband, but she can verbally let out her aggressions by berating or abusing her husband or children and this can lead to the build up of tensions in the husband which could produce violence. So it makes good sense for

both the husband and the wife to take care of each others mental health by being sympathetic listeners and by trying to take the other persons frustrations seriously. If both husband and wife are in a rotten mood, then they can use the Home Defense Plan on each other; I would suggest that the husband bath the wife first because once the husband is masturbated by his wife he will be practically unconscious, for 15 or 20 minutes.

There are other methods that can be used to reduce and channelize dangerous emotions. *An aggression object* can be built in the house, a punching bag of some sort. The Japanese have found that it pays to build an aggression room in factories, so that workers that are angry or frustrated can go there and work off their steam, instead of taking their anger out on fellow workers and the machinery. A couple large roles of plastic insulated rapping, the type with air pockets in it, would make an ideal aggression object. It can be struck repeatedly with no damage to the hands and is practically indestructable as long as not hit with an object. *A jogging program* is an excellent way to burn off excess energies and emotions and at the same time keep in trim. Jogging is a rhymic exercise that reduces muscle tension and fatigue and although one is tired after jogging, one also feels calm and more relaxed. *A weekend program of outdoor or out of home activities* can be used to prevent cabin fever and irritation from building up between couples. Just as children become more irritable and prone to fighting when they are confined in on a rainy day, so too do adults suffer from the same mental tensions. The family should plan activities that allow the husband and wife to get away from each other during certain periods. The husband might do some yard activities and then go for a walk and after lunch take one of the children out to some activity, the mother might plan an hour shopping trip and in the afternoon take the other child or children to a movie. Some type of intelligent weekend plan should be made in advance that gives the couple some time together and some time apart and some time just for themselves. Both the husband and the wife need a weekend

off every now and then; the husband needs to get away to do a little fishing and the wife needs a weekend where she and a friend can go on a short trip and do some sight seeing and shopping. *Premarital counseling and education in the major areas that generate problems.* There are 5 major areas that couples fight about and if the couples could have ironed out these areas before they got married than the chance of fighting would be greatly reduced; 1. Authority 2. Money 3. Sex 4. Inlaws 5. Child rearing. There are also certain crisis periods in marriage that have been identified over time and couples could be prepared mentally ahead of time to recognize the crisis and deal with it, before it gets out of hand and damages the marriage.

I firmly believe that the majority of marriages, where wife beating occurs, could be saved if the couple would come for help when the first incident occurred. The present organizations that give aid and advice to the wife are a step in the right direction, but since there are two people to a marriage and organizations that give counseling to both partners are necessary. In certain unfortunate cases the couples may be so incompatible or the husband may have such serious psychological problems, that the only solution to safe guard the life of the wife and children is to separate the partners. However, the majority of marriages where violence occurs should be saveable if both parties are willing to work at learning to prevent violence and to use each other in acceptable manners for the release of excess emotional tensions. Courses such as, *How do I Help My Partner When They Are Angry and Upset*, and *What Methods Could be Used For Family Problem Solving*, would be a big help to young couples. Most couples today do not even know how to recognize and define a major problem, so by the time the problem is apparent, they are so angry with each other that they are emotionally unable to handle it, and the situation degenerates into violence, verbal or physical.

I hope the following ideas will be of some help to you in your work and that you do not object to an amateur social psychologist analyzing a major family problem.

WOMEN'S LIBERATION AND STEREO-TYPING OF ROLES

Unfortunately, the Women's Liberation movement took an anti-marriage tone in many of its early statements. The Lib movement in general seemed to be degrading the role of housewife and mother in its effort to break the psychological hold of role stereotyping. Housewives and mothers were portrayed as mindless passive drudges who were held in virtual slavery. This portrayal was inaccurate and unfair and as a result many housewives reacted angrily and turned against the Women's Lib movement. In fact, the major block of opposition to the ERA seems to be coming from housewives, not the dreaded Male Chauvinist Pig. It probably would be much wiser if those women interested in legal and economic equality stressed the particular goals they were interested in and stopped criticizing other women who have decided to become house wives or women who have a more traditional view of womens' relationship to society. The role of housewife is a needed and valuable job, whether it is done by women or men or by some system of cooperative endeavor the home must be maintained and the young children must be taken care of, both their physical needs and security needs but also their early socialization and education. The training and conditioning given a child between the ages of birth and 4 is probably the most important conditioning a person receives from external sources. It would have been far more productive if Women in the liberation movement had stressed bringing an end to role stereo-typing and thus helping both women and men to choose different roles that had previously been excluded to them. The man traditionally had the external role of gathering food by hunting or later by farming and still later by money making activity; the women had the internal role of maintaining the cave, hut, house and of raising the children. In primitive times this role specialization was necessary for survival, humans lived on a delicate plain of survival, the animals disappeared, the people starved,

a broken leg was equal to death. The men had the physical strength and the weapons so they ruled and women in almost every society were treated as property. Once a pattern of social order is established such as men command, women obey, then people regardless of sex become afraid to change it. The social customs, religious teachings were all used to reinforce the established order. The lack of medical care and the dangers of everyday life meant that people had to marry young and reproduce almost continuously to ensure the survival of their tribe. With the domestication of grain and animals society became more complex and the roles that a man performed to provide for his family began to expand. In several civilizations women could have had expanded roles, but the force of social inertia grounded in fear of change and fear of the unknown, kept women in their traditional place. Now that the need for continuous reproduction is over and most jobs can be done by women as well as men then, women can seek a wider choice of jobs.

Most women seem to desire equal legal rights and equal job opportunities, (that is those women who are concerned with expanded opportunities outside the traditional role of wife-mother.) The end to role stereo-typing will benefit both men and women, leadership and authority roles in the home can be determined by merit and personal disposition. Thus a man who would feel more comfortable in playing a follower rather than a leader role in the family may do so without fear of social scorn and disapproval. A women who had been conditioned in a traditional home with the father in charge will have a difficult time in asserting authority because she will have patented herself on her mother, who was a follower. By the time a young adult reaches the age when they become conscious of their own destiny their conditioning has advanced to such a stage that it would take years to reverse and could never be completely overcome. What many Women in the Liberation movement fail to take into consideration is that men are just as much a product of their social conditioning as are women. If you want equality then you have to condition for equality beginning in the family structure and at the earliest time. Denying any segment of society the right

to explore their mental potential or to use their leadership abilities is illogical and weakens society. Social order can be easily maintained with equality between men and women, once authority roles are worked out, either the man or woman in the house has to be in charge or a system of alternating authority must be used.

SOCIAL FRUSTRATIONS & S – M BEHAVIOR

Dear

I read in a recent issue of Time Magazine, April 5, 1976, "The Porno Plague" that you were treating people who had Sado-Masochistic desires, yet because of the recent publicity which tends to lend an air of legitimacy to the pursuit, your patients are now viewing themselves as an S-M person. You seemed to think that this was a step in the wrong direction and that by viewing themselves as an S-M person they were becoming resistant to treatment. If my analysis is correct then what you view as a stumbling block to treatment is actually a first step to a cure. I am what you might call a social-political analyst; I attempt to study group behavior and to predict, given certain stress factors, given certain mental values, given people with certain education and conditioning, what will the reaction pattern of any particular group be, to certain situations. What the psychologist attempts to do with the individual, I attempt to do with the group. My patient, so to speak, is the U.S. and in the process of trying to analyze and predict mass psychological reaction patterns, I am drawn to the conclusion that S-M thoughts and behavior are induced through both individual psychological stress factors and through cultural stress factors that affect everyone.

Before I go on further, I would like to apologize for sending this letter anonymously, but a person must protect their name. I know that social pressure is often misguided but

the average person can not afford to publically labor against it. If a professional in the field of mental health discusses a problem then people assume that they are doing their job, but if a person with just a general college background discusses a problem that involves mental health, then it is assumed that there is something wrong with the person. So strong are the fears and social prohibitions concerning mental health, that as far as regards the general public attitude toward mental disfunction, we might as well be living back in the 15th century. A U.S. Senator was publically disgraced and politically ruined just because he had the good sense to receive professional treatment for nervous exhaustion which every candidate suffers from. This group fear associated with mental disfunction, even the most common variety that we all suffer from at one time or another causes people to avoid treatment and to deny the truth that every person, regardless of how good their general mental health is, suffers from minor forms of mental disfunction during certain periods in their life when stress factors may mount up. Because of our group fear of mental problems most people in our society create a defensive mental barrier against acknowledging their own minor emotional disfunctions. Our society adopts the attitude that a person is either mentally healthy or they are mentally ill, most people, of course, classify themselves as mentally healthy and therefore they assume that they are completely free of problems. If on the other hand a person has gone to an institution or just visited a therapist then our society says they are mentally ill and should be avoided because they are dangerous and unpredictable etc. My general observation is that most of the people under treatment are mid-range cases and that the large percentage of people that have serious problems are left free to circulate in our society.

I came to these observations by studying destructive group behavior, such as warfare, mob violence or other forms pathological group actions. War is a form of group mental disfunction, in which, the psychopathic tendencies of the members are given full range of expression as long as they are directed at the common group enemy. If people were honest

with themselves they would admit that under the right circumstances we all have psychopathic tendencies, a killer is just a person who gives into and is over whelmed by their psychopathic thoughts. We all have psychopathic thoughts, every time some person cuts us off on the road our mental reaction is not to get their number, but to totally destroy their auto and person; but a person with generally good mental health quickly rallies against this dangerous psychopathic thought and overcomes their anger, while a person who lacks the stability or conditioning to control the destructive impulse allows their behavior to be controlled by it and may react by trying to attack and kill the other driver, who endangered them. I have formulated a general rule that each person suffers from minor forms of a wide range of emotional disorders or mental disfunctions at one time or another, but that most people have the stability to recover and overcome the problems.

Unfortunately, our society has made a very inappropriate analogy between mental and physical illness. In physical illness, in general, a person is either sick or well, they either have a virus or they have beaten it off, but in emotional disorder we are constantly engaged in preserving our mental health and balance, trying to overcome thoughts or emotional conflicts that we view as upsetting to our mental health. A person with good mental health is just a person who, under the stress conditions they are normally used to, can adequately deal with the emotional conflicts and problems that arise. In order to have perfect mental health a person would have to have had an ideal set of parents and been raised under carefully controlled conditions and then the person would have to exist in an environment were there were no social problems that could cause serious disturbance. If we took such a person with ideal mental health and suddenly placed them in our society, as it is presently set up, they would be totally overwhelmed and would probably end up committing suicide in two months. In the area of emotional disorder we are all gray area patients, some of us do a better job of dealing with the stress factors that are constantly bombarding us and other people have difficulty

expressing their emotions properly or talking about their feelings, so the mental pressure builds to the point where the person is overwhelmed and their behavior is affected to the point that they are institutionalized.

Seen under this philosophy S-M behavior is a form of adaption to mental stress factors. It is a form of self therapy in which the person tries to physically express and release mental pressure which has built up. The stress factors that cause the build up in pressure can be come from the individuals personality structure or attitudes or self preception or the stress factors can come from society, such as racism, or exploitation, or warfare or just general cruelty or carelessness. The stress generated by these external social factors is determined by the individuals mental reaction to them. For instance, a white person might be indifferent to racism and the suffering it causes colored people, but another white person might feel very guilty and the build up in guilt feelings might lead the person to masochistic behavior, if they could not release the mental pressure in some more appropriate manner. Internal psychological pressure caused by guilt feelings associated with sexuality or feeling of guilt caused by some action or thought that the person perceives as wrong, could stimulate masochistic mental imagery or behavior. Sadism seems to be stimulated by frustration or anger or general irritation at not have enough power or control over ones life, or being denied authority or status when one feels that one could or should have more power or authority. Women and men that are forced, through lack of training or education, to assume jobs that put them near the bottom of the ladder, but who desire to have more authority would be prone to frustration and anger that they would like to release. Because they are at the bottom of the ladder, authority is always being exercised over them and if it is being done in an unreasonable manner then their frustrations would seek some outlet where they could dominant over someone else. The person that plays the dominant role in the S-M equation may also have internal mental pressure generated by guilt and self-hatred which they can not focus on themselves so they channelize it on to some other object. The S-M equation is

thus composed of two people, who both have certain psychological needs which they can express by interacting, and thus they can temporarily release the psychological pressures they feel. By engaging in sex along with the S-M behavior they reinforce the behavior pattern and thus insure that it will be repeated.

Now we come to the 50 cent question, what can be done to help the person that has given in to their S-M thoughts and desires and has begun to participate in an S-M equation. If the participants are husband and wife or lovers or close friends then it would be best if they were treated together and shown that there are other more rewarding ways to interact and more satisfying methods of dealing with their psychological needs and frustrations. If one participant goes to treatment, then they may come to view treatment as a threat to their relationship to their partner, which may have other positive aspects that are more meaningful. Some sessions should be held with one partner or the other, but most sessions should be held together.

I think a 3 fold approach would be the most successful. The first step would be *understanding*, understanding the individual motives that cause a person to desire this type of activity and understanding that the problem is one that occurs throughout our entire society. The second step would be *reconditioning*; understanding of why a person does something is usually not sufficient to stop a behavior pattern, especially one that has been strongly reinforced by sex, and one that gives temporary relief to some of the strongest psychological pressures. The third step would be *self therapy*. The goal of a therapists is not to make the patient addicted to continuous therapy sessions, but to make the patient an independent person who can adequately cope with their own psychological needs and pressures under normal circumstances. In self therapy the patient should be taught to deal with the basic motives that cause them to desire Sadistic or Masochistic behavior. For example if a person desires more power and authority and feels frustrated and held down, maybe more education and a job with greater command responsibilities would be one solution. If a person feels

guilty over an irrational mood of behavior, then maybe traditional psychotherapy would be in order. If a person feels guilty over the plight of a minority group, then maybe they could get involved in some positive action program to help the group advance economically. The patient should be trained to intelligently diagnose what is causing their sadistic or masochistic impulses and to deal with these forms of mental pressure in a reasonable and mature manner.

The three step method for helping S-M patients.

(1) *Understanding:* An important step is for the patient to understand that S-M impulses are not a problem confined to just a small group. Most people during certain periods in their life have S-M feelings which may get combined with their sexual imagery. However, in certain people the impulses and feelings become so strong that it leads to acting out the impulses. Other people may control the impulses until they feel the pressure reducing or transfer the impulses to some other area of activity other than sexual behavior or they may know themselves well enough so that they can understand what is causing the S-M feelings and deal with the underlying problem. If the person that is engaging in the S-M behavior pattern is made to feel, that their feelings in this direction are extremely odd or atypical, then their guilt feelings will just be intensified and they will be even more likely to engage in the behavior. Once a person that is engaging in S-M behavior understands that these impulses are occasionally felt by most people then it will give them confidence that they can modify their behavior by learning to deal with the underlying motivations in a more acceptable manner. The idea should be not to saddle the S-M person with even more guilt than they already feel. Once a patient understands how these impulses are generated in their mind, then they can begin to work to relieve the causes of this mental pressure, and once they realize that their feelings are really common to most people during certain periods in their lives then they can have more confidence in their mind and their ability to handle the problem.

(2) *Reconditioning*: Just because a person understands why they do something does not mean that they will be able to reverse years of conditioning in S-M behavior. Because couples that participate in S-M behavior usually involve some manner of sexual play in their routine, then the sexual behavior acts as a strong reinforcing agent. The participants come to associate the S-M behavior and the thoughts that lead up to it with sex and thus it will be very difficult to recondition. Since the S-M behavior pattern involves the infliction of pain the usual form of aversion therapy might backfire. I would suggest have the couples engage in their usual S-M routine, but eliminate any sexual play during or immediately after, thus the S-M routine would be associated with the work and pain of going through the effort but not with the sexual reward. At the same time the couples should try to have sex at times when they feel no S-M impulses and thus they can associate their sexual behavior with feelings of caring, love, giving to one another, instead of domination and pain and guilt. The couples should then try to engage in their S-M routines at times that they feel no impulse or desire for the behavior and thus the behavior will produce no psychological or physical rewards. After a period, the S-M behavior will come to mean a boring, pleasureless, difficult effort that produces no release (physical or mental) and at that point the patients will have reversed the conditioning and will begin to avoid even thinking of the activity.

(3) *Self Therapy*: The goal of self therapy is to teach the patient to identify their S-M impulses when they arise and to learn what causes them to arise. Certain causes are so deeply rooted that psychotherapy will be needed to help the patient in this process, but other causes are more obvious and the patient can be trained to identify them. Once the patient has identified the cause of their S-M impulses, then they can relieve the psychological pressure by handling the problem in a manner that does not involve S-M behavior. The identification of sadistic or masochistic impulses can give important clues to the fundamental psychological needs of a person. If a person has a masochistic impulse it could mean that their mind perceives they have been damaged in some manner, or

the mind may fear that some situation they are about to enter will produce damage or they may feel guilty about some matter. The human mind works by association and association is a process that can go forward or backward. A Person does something wrong, they feel guilty, and the feeling of guilt leads to the desire for punishment. If a person is damaged either physically or mentally then they may feel guilty, which leads them to think they have done something wrong, which leads them to a desire to be punished. Thus masochism is a self reproducing cycle. A person thinks they have done something wrong so they feel guilty and they desire to be punished. When they are punished, it makes them feel guilty and think they have done something wrong, so they desire to be repunished. A sadistic cycle can also be seen. A person is frustrated by some situation and feels powerless to handle it, so as a substitute they desire to exercise power over one person and let out their frustration on that person. The S-M behavior gives them a temporary relief of their feelings of frustration and powerlessness, but since they have not begun to correct the situation that caused the build up in the frustration originally they soon find that they are right back where they started from, still frustrated and feelings powerless. The patient should be taught to look for the underlying causes which stimulate the masochistic or sadistic impulses and then the patient can begin to search for practical ways to relieve the psychological stress. If a person is doing something wrong that they feel guilty about, then they should try to stop doing the activity they feel guilty about or to make recompense for the wrong. If a person feels masochistic impulses because they are in a situation that damages them, then they should try to correct the situation or remove themselves. If a person has sadistic impulses because they are frustrated or feel powerless about a social or personal situation, then they should try to advance themselves to a position with more authority or find legal methods of working for social change. Since a therapist can not see a patient every day, the goal of therapy should be to allow the patient to identify, analyze and deal with their S-M impulses. A patient should

not be made to feel that they are so weak and helpless that they must have constant treatment in order to function properly.

I hope the following ideas will be useful to you. 90% of my mental energies go into analyzing social, economic, and military situations, but occasionally, as a break, I like to try my skill in analyzing individual psychological problems. But in a larger sense S-M impulses are a psychological problem that affects most people. Because we live and work together in society, we collectively suffer from frustrations, feelings of powerlessness, feelings of guilt and fears of damage. The average person does not have the impulses at such an intense level that they begin to engage in S-M behavior; most people either channelize the impulses into another direction or learn to deal with the problems that produce the S-M impulses. If a person who was constantly beset by sadistic impulses, did not engage in S-M behavior they would probably become psychopathic and begin to attack people or society in general. If people who were constantly beset by masochistic impulses (and did not know of some other more acceptable method of dealing with these impulses) did not engage in S-M behavior, their feelings would become bottled up until they became suicidal. In a way, S-M behavior is a safety valve for society allowing the build up in various forms of psychological stress to be blown off in a non-destructive form of behavior. (Providing that the participation of both parties is voluntary)

PANAMA CANAL

Dear Mr. Regan;

What ever you say while campaigning for the nomination concerning Panama and the canal, however popular the rhetoric concerning our owning and controlling the canal, do not forget that the canal is surrounded by ideal terrain for guerilla warfare. In my opinion there is no way the canal could be

held and protected against a determined guerrilla effort. The only way we could defend the canal would be to clear a 15 mile no man land on each side of the canal, set up barbed wire and minefields and station 100,000 troops on constant patrol. It is important to remember that the canal is an operational technical instrument and not just a piece of real estate. One effective strike against a canal lock or against a boat in the canal could render the canal useless. The guerrillas do not have to seize any real estate or fight any pitched battles. The guerrillas could place a bomb with a time detonator in a boat coming from a neutral port and jam the canal for months. There is no way to search each boat going through the canal, so there is no way to prevent the canal from being rendered useless. Trying to hold the canal would create a Vietnam situation where we could never win and the other side could never loose as long as they kept trying.

A guerrilla war in Panama would be a military geo-political disaster. Panama is just on the top of South American and just on the bottom of central America. Thus it would make a perfect base for Communist subversion. If the U.S. tried to deny eventual control and ownership of the canal to Panama then it would create the perfect issue for the communist to capitalize on and create a movement of National Liberation. Trying to hold the canal would give us a black eye in all of South America and the American people are in no mood for another Vietnam. During an all out nuclear war the canal would have no value for it would be a prime target and would be totally distroyed during the first 30 minutes of the exchange. Once a nuclear war took place we could not afford to repair the canal and there would be no way to send ships through a canal with Russian subs armed with tactical nuclear missiles guarding the canal.

The canal is only useful during peace time and the best thing that we can do is to make agreements to retrun both control and eventual ownership to Panama so there will be no opportunity for the Cubans and other radical groups to turn it into a National War of Liberation. We should make our profile in Panama as low as possible and exercise our influence through economic and diplomatic means. To provoke

an armed conflict over the canal would only play into the Soviets hand and give them a mainland Communist base located in the perfect position to spread Communism throughout South America. In order to inflame the people of a country to fight a National War of Liberation the Communist need a foreign power that is trying to assert domination over the country. If we play a low profile role and turn control and later ownership of the canal over to Panama, then there is no way the Communist can rally popular support for a guerrilla war. We should turn over control and later ownership of the canal on a planned basis that will allow for smooth operation of the canal and we should monitor events in the Country, but under no circumstance should we try to assert direct interference in their affairs. Let Cuba and the Russians pick up the reputation for unwanted interference and let us sit back and play the good neighbor, minding our own business part. The Egyptians caught on to the Soviet neo-colonialism act and so will the Africans and the South Americans. Even if the Soviets temporarily establish a base in South America they will blow it, because they are heavy handed and domineering. If we do not over react, we can always wait for the Soviets to bomb out and then seduce the client state back into a neutral or friendly position. The Big Stick policy may sound good on the domestic political stump but it will only set up South American and Central American countries and make them ripe for revolution and Soviet control.

DOS AND DON'TS OF PROFESSIONAL BOXING

(This manual is designed for the good young fighter that can go all the way)

(1) Always talk up your opponent to the Press and public. It builds up the gate. People won't pay to see a no contest fight.

(2) Never reply to negative comments by your opponent that appear in the press; except to say that he is probably trying to psychic himself up. Negative remarks before a fight are used to try to upset an opponent and make you angry, so that you will swing wildly and forget your strategy.

(3) Always plug your promoter's upcoming fights when ever possible. Promoters like a free commercial and they will return the favor by giving you good bookings.

(4) Always talk up the area or city you are fighting in: memorize the Mayor's name and a few local sports hero's and upcoming sports events.

(5) Always sign auto-graphs and smile a lot. Your fans are your meal ticket.

(6) Use a professional name if need be. A name should be short, easy to remember and appropriate to the fight game. Marion Roberts could never have been a western movie hero but as John Wayne he made top money.

(7) Always talk up the fight. Don't lay it on too thick, just say what a tough match it will be etc.

(8) Always give fans their money's worth. If the fight is 5 rounds, soften your opponent for 3 rounds, then go for the K.O. If 10 rounds, soften for 7 rounds then go for the K.O. If 15 rounds soften for 10 then go for the K.O. Promoters don't like 1 round knockouts and they won't schedule young fighters who can not deliver a reasonable show.

(9) Never talk back to a referee, just accept his comments with a nod of the head. It will cost you points both with the referee and the judges when you argue. If the referee makes a bad call on you, then he will make bad calls on your opponent also.

(10) Ignore negative remarks by fans. If they Boo just act like it was applause. The only thing that counts is what you do with your fists and what your opponents does with his.

(11) Ignore negative comments by an opponent in the ring. He is trying to bait you into getting angry and swinging wildly. Wait until you break, then sting him with a few jabs.

(12) Never reply to negative pre-fight comments made directly to you by your opponent or manager: just say, "well, we will both get to know the answer to that question as soon

as the fight starts.” Look him right in the eye when you say it and have a wicked grin on your face like you were planning to have cement in your gloves. That should end the negative remarks.

(13) Always follow the strategy and tactics that you and your coach have worked out for the fight. Don’t try to slug it out, if that is not your chosen strategy. You and your coach have spent weeks preparing for the fight, don’t throw everything away by fighting wildly. Any bar room brawler can come in and slug it out.

(14) Always fight your own fight. Don’t let your opponent suck you into his game. If your opponent is good inside stay outside and score points by using a jab. If your opponent is a good brawler, with a strong jaw, then don’t get sucked into slugging it out.

(15) Don’t be a nice generous guy in the ring, be a nice generous guy outside the ring. Obey the rules, obey the referee’s commands but don’t give your opponent any breaks. If your opponent is in trouble then the best and safest thing to do for both him and yourself is to put him asleep with a few quick hard shots. Floyd Patterson was too nice a guy in the ring and he lost fights because of it. After you win the fight, then be Mr. Nice guy and generosity: compliment your opponent, “a tough gutsy fighter, never gives up etc.”

(16) Never complain about a decision in the ring. If the fight is close you may get home towned, but that is part of the game. You may win one back in your home town the same way. When you lose a close decision only say, “it was a good fight, it was a very close contest, I am sorry I didn’t win, but my opponent was very tough.

(17) Never complain about a doctor’s decision to stop the fight. The doctor is only trying to save your career and your health. If you lose a fight on a TKO then you can always come back and make it up: but if a fight goes on too long you may never fight again.

(18) Never use illegal tactics and never allow a dirty opponent to draw you into using them. The only reason a person uses illegal tactics is because he knows his opponent

is better than him and he wants to suck you into losing your temper and making costly mistakes.

(19) If a person butts, keep away from clinches at all cost. If he comes in and tries to hold, sting with a jab or push him back. Talk to your corner and let them talk to the referee. Don't try to talk to the referee while you are fighting, it is a sure way to get your head knocked off. One bad butt can end a fight and even a career if it damages the optic nerves.

(20) Don't throw loose leather. This fault is probably the biggest mistake that a young fighter can make. Every punch should be thrown to score and do damage. A lot of bad punches does not score points and it does not weaken your opponent. Loose punching does tire you out and it does open you up to a good counter puncher.

(21) Don't ignore your defense. The difference between a good fighter and a fair fighter is defense. Most young fighters have a good offense but they lack sound defense. A good fighter does not make defensive mistakes; he is never careless or sloppy. You should carefully scout your opponent and know the counters to each of his offensive tactics.

(22) Always assume there is a possibility that your opponent can win, if you do not execute properly. More good young fighters lose fights that they should have won because they are too cocky and do not respect their opponent. By respecting your opponents abilities you insure that you will train seriously and that you will not make careless mistakes in the ring.

(23) Never drop your guard when in the ring. On breaks, do not punch, but keep your attention on your opponent's gloves, not on the referee. After the bell rings, do not punch, but keep your guard up and back around toward your corner until it is safe to turn away. A punch after the bell is not scored but if you relax and get tagged it may cost you the fight later on.

(24) Never clown around in the ring. If you want to clown around join the circus. It is demeaning to the sport and if you lose the fight, fans will charge that you did not try your best. If your opponent clowns, ignore him. The judges almost

always will give you the round if you play it straight and keep scoring.

(25) Don't be afraid to win by cutting your opponent with legal punches. If your opponent is a bleeder, he should not be in the ring in the first place. Secondly, it does a lot less damage to cut a person with jabs than to hit him in the head with heavy power punches. A fighter can always get stitches or a little plastic surgery; but brain damage always means an end to a career.

(26) Do not try to assign blame if an opponent is badly injured. If an opponent is hurt in the ring always state publically that you are sorry and that it was an unfortunate tragedy and accident. Never assign blame, that is the job of the commission. Statistically, fighting is one of the safest sports. The only reason a fighter is badly hurt is because 1. He went into the ring when he knew he shouldn't. 2. His manager forced him into a fight, when he should have been retired. 3. The referee or the doctor is not doing their job and they let the fight go on too long. The job of a fighter is to fight, until the bell rings, the opponent falls or the referee stops the action. If your opponent is totally defenseless and out of it completely, work the body in close or keep him away with jabs until the referee calls it. Don't drop your guard.

(27) Don't fight bums. It does not help your ratings, it does not help you develop and gain experience. It opens you up to a chance of serious injury by butts or other dirty tactics.

(28) Do fight opponents who have approximately the same experience and ability. That is the only way you will improve and learn. If you want to move up, choose a fighter that is slightly better, but one that you have a reasonable chance against. In other words, climb the ladder a rung at a time. If you try 2 rungs you will probably find yourself at the bottom of the ladder. (Ex.) Mike Quarry fought Bob Foster. Mike was a good young fighter but completely overmatched by the more experienced Champion. Bob beat his head in during 7 gruesome rounds. Mike has not been the same fighter since.

(29) Do fight regularly, once a month if possible, when starting your career. Fighting requires constant conditioning and things can get very dull and boring, if a fighter does not have a contest to point for. Try to get into a regular fight cycle, once a month is good for young professionals. One week of general conditioning to recover from the previous fight. Two weeks of intense training and heavy work. One week of gradually reduced work to build to a physical and mental peak, with special emphasis on speed work and timing.

(30) Do not take any prolonged layoffs from conditioning. A winning fighter requires constant conditioning. If you are injured, continue doing whatever type of conditioning your doctor permits. A complete layoff from all exercise and training can set a fighter back months in preparation.

(31) Do become a balanced fighter. A balanced fighter just like a balanced team is always more successful. The 7 basic elements of boxing are 1. Conditioning 2. Speed (both footwork and hand speed) 3. Power 4. Offensive punches 5. Defensive counters 6. Strategy 7. Tactics In order to be a good fighter you must be fair to good in every category. To become a class A professional fighter, you must, in addition, be excellent in at least 2 of the 7 categories.

(32) Do not go into the ring if you are a bleeder. You will never make top money and you will only get messed up, when the word gets out on your weakness. If you want to lose blood, donate it to the Red Cross, don't spill it in the ring.

(33) Do not try to make a come back after retirement. It is almost always futile, unless the person is below the age of 26. Muhammad Ali was the exception to the rule, because he had never received any serious damage during the first part of his career and because he had great speed as a defense.

(34) Do retire when told to by your doctor. When your reflexes are gone, you are just a target and jelly fish can not enjoy money or life.

(35) Do put your winnings in a trust account in a bank. A professional bank manager will handle your money and give

you a specified amount a week. The trust should be set up so that the balance can not be touched until you retire. Firstly, it prevents black mail. Secondly, every time a fighter gets successful the sharks and con men begin to show up. They call themselves financial advisors etc. and they clean a fighter out like sharks around a drowning sailor. They robbed Joe Louis for every cent he had and left him in debt. A trust account protects your earnings so that when you retire you know you will have a nest egg waiting.

(36) Do develop speed. Speed in the hands and the foot work always gives a fighter an advantage. There is no physiological or anatomical reason why a big man can not be just as fast as a small man. Muhammad Ali proved that. Some pro-football linemen weight 250 to 270 lbs. and they can out run a back for 40 yds. Speed depends on two basic factors, the construction and the chemical make up of the nervous system i.e. (reflexes) and how much effort an athlete puts into developing speed. It is a matter of mental attitude if a fighter wants to be faster he can develop better speed.

(37) Do not become an arm puncher. Arm punchers tire quickly and they never have really good power. Power in a punch comes from the legs, hips and the overall coordination. A fighter does not have to have great size or bulging muscles to have a good power punch. Rocky Marciano weighed between 185 and 190 for fights, yet he had one of the most devastating punches of all time. Bob Foster weighed 178 and had a better knock out punch than most heavy weights. Joe Bugner is 6' 5" and 230 lbs. he has big arms and no knock out punch, because he is an arm puncher. The power of a good baseball hitter comes from the hips and legs, the same is true with a golfer and the same goes for a boxer. If you wish to learn how to throw a stronger punch scientifically, then go to a karate teacher. Many of the techniques can be transfered to Boxing, such as straight line power, focus point, the use of the hip snap and developing mental concentration. If a 100lb. women can learn to break a 2 by 4 then you can learn to have more power in your punches.

(38) Do not allow yourself to develop fixed patterns in

the ring. Variation is the key to good defense. If you respond the same way to a jab everytime then an experienced fighter will quickly set you up for a good combination.

(39) Do practice in all your training those drills that most closely approximate the real conditions you will fight under. This rule applies to every sport. It does no good to face a sparring partner unless his style and techniques are like those of your up coming opponent. The light bag does a little bit to to help reflexes, but it is 90% wasted effort. Are you ever going to have an opponent whose head bounces back and forth in rhythm? Are you ever going to use a punch like you use on a light bag, in a real fight? Of course not. So don't waste time with a light bag. If you want better hand speed, use sparring, or shadow boxing or fight against a moving hand held padded target. In other words, use drills that develop speed and at the same time train you for the way you will actually fight in the real contest. Applying this theory to a sparring partner means, that it is better to fight 3 rounds against a sparring partner who is really throwing good punches and is using the style of your up coming opponent, then to spar 10 rounds against a moving punching bag that can not sting you. Fighting against a slow awkward sparring partner who is not throwing good punches, only develops sloopy habits and technique that will get you into trouble in the real contest.

(40) Do not put reliance in a large round house hook. It takes so long to arrive that if your opponent has any speed he will move and position himself to counter punch your head off. The large round house hook should only be used when your opponent is in no position to counter i.e. off balance, or stunned by a good blow. Your basic power punch should be fired straight out from the body with good use of legs and hips. This allows you to snap the punch straight out and then snap the glove right back to cover your face. A good power punch is snapped back into a defensive position almost as quick as a good jab. Don't let your punches hang.

(41) Do not do anything to signal your punches. This rule applies to almost all sports, football, basket ball, hockey, baseball and soccer. Tipping off your next move is a quick

way to lose a contest. Punches should be thrown straight out, never cocked. Don't repeat the same combination of punches again and again; your opponent will pick up the pattern and set you up for a counter punch.

(42) Do not go into the ring and try to experiment with something you have not completely mastered in practice. It is better to fight with 2 or 3 punches you have completely mastered than to try to use 5 or 6 types of punches, some of which you only half know. Every poor punch is a defensive mistake and your opponent can score a counter punch off of it.

(43) Do not go into public bars if you can avoid it. Once you start to build a reputation there is always some tough drunk who wants to brag that he knocked you down and of course he will try to use a sucker punch. Gamblers go to bars and if you are seen in their company and later suffer an honest loss, people will claim that you took a dive. Once your reputation is smeared you will find it very hard to get good fights and there is no way to prove your innocence. If you like to have an occasional drink, go to a friends house, you can trust or join a private club, which has a clean reputation,

(44) Do not associate with loose women. If they are loose with you then they are loose with everyone and the only thing you are going to get is a bad case of VD or mono, which could set your training back months. Keeping your earnings in a trust account will also keep away gold diggers. The best thing to do is to find a good women, whom you are compatible with and make her your wife. Statistics prove that married men live longer, are healthier, are more stable and earn more money than single men. Every really good fighter who stayed at the top for a long time had a good women behind him. A good wife is your best manager, she is always in your conner and you know that her advice is always given with your best interests at heart.

(45) Do not live or train in big cities if humanly possible. Breathing the air of a big city for one day is equal to smoking a quarter pack of cigarettes. Big cities are unhealthy, crime ridden, violent and dehumanizing and the best thing a fighter

can do is move to and train in a small town or small city or suburban community. A good tree can not be grown in bad soil and a fighters training environment should be healthy and positive both mentally and physically. If a fighter can afford it he should move his training camp to a rural setting. A fighters wife and children should not be excluded from the camp. The old idea that a fighter should be made mean by sexual deprivation is a stupid policy. A fighter is suppose to be trained to defeat an opponent with skilled blows, not beat him to death like a wild animal.

(46) Do not go to gambling places or get involved in high stake games. The professional gambler will always win, even if he does not cheat, because he has the experience and knows the percentages. They can use your losses to try to black mail you into throwing a fight. Once you throw one fight they can black mail you into doing whatever they want. Even, if you win the championship it will not mean anything to you because there will always be the doubt in your mind, whether the fight was fixed.

(47) Do not get involved with a fix or anyone who suggests a fix. Back in the 1950's the fight game was almost ruined by fixes and involvement with racketeers. Everyone in the game was hurt and the sport is just recovering. The big people in organized crime make billions off of sports betting and the last thing they want is for the fans to lose confidence in the sport. If the fans lose confidence, they stop betting and the take drops off. Also the top people in organized crime are trying to clean up their image and the last thing they want is a major scandal and investigations. If someone is trying to fix a fight it is a low level petty racketeer, who is basically trying to rip off his own organization and will probably be scheduled for some cement water wings. In other words, don't get involved. If a person suggests a fix to you, then see your lawyer and terminate any contractual obligations you have with the party. Attempting to fix a fight is a crime and any contractual obligation with the party can be legally cancelled.

(48) Do not take any drugs unless prescribed by your doctor. Do not associate with people who use drugs or

sell them. As an athlete's reputation builds he gets a large part of his income from endorsements, and commercials and speaking engagements. One drug arrest and your income from this source will drop to zero. Secondly, your body is your means of income; Just as a singer's voice, a piano player's hands, and a dancer's feet, so don't put anything in it that can pollute it. Thirdly, drug sellers are basically quick rip off artists who want easy money with no effort. As a boxer, you earn every penny you get the hard way. Drug people can't do anything to help your career, but they can ruin it quick. Avoid them like the plague.

(49) Do fight at least one charity fight a year. A young fighter might never get on the front page of the sports section but charity fights get excellent publicity and one picture or write up on the front page of the sports section can really help a career. Secondly, important people that might never see you fight a regular match will attend a charity fight. These people can help provide the backing a young fighter needs to get into the big leagues.

(50) Do pay regular visits to boys clubs and girls clubs, hospitals, and orphanages, once your reputation becomes widely known. In 10 years, when your career is ended, the memories that will give you the most satisfaction are the time you spend with needy youngsters. Secondly, the publicity is good and it draws fans out to see you fight. A 20 sec. spot on the news of you visiting children in a hospital, is just like a prime time commercial. You help the kids and they help you.

How to handle reporters

(1) The objective of dealing with reporters is to publicize your fights, to promote the fight game in general and to give your fans a look at what goes into making a successful fighter. At the same time you must avoid getting drawn into any controversy.

(2) Some reporters think that controversy makes good copy and they are always trying to trick athletes into making ill advised statements. Your objective is to be on your toes and side step any controversy.

(3) The most effective tactic to avoid controversy is to corn pone the reporter. Southern quarterbacks do this perfectly. Everytime a reporter asks a tough question that you want to avoid, just say, "well, I am just a simple country boy, or a simple working man and that's a very tough question you just asked:" (Now dovetail the question into a story) "But that reminds me of the story of etc" By the time you finish with your folksy story the reporter can't remember his question; if he does, just point to another reporter and say next question" For lessons, watch Dandy Don Merideth, he is a master of the corn pone technique.

(4) Never answer questions about some else's religion, family life or politics or personal business. Just say, "I don't think it would be appropriate to comment on some one else's religion, politics, marriage etc.. I would prefer to comment on boxing that is something that I feel qualified to speak about.

(5) Always try to redirect questions back to boxing in general or your up coming fights. If someone asks what political party you favor, say "I vote for the person with the best qualifications regardless of party, just like I evaluate another fighter; take for example my next opponent, etc. or the Frazier vs. Ali fight etc. Don't let a reporter play Walter Kronkite with you, always drag him back to boxing: that is what he is getting paid for, in the first place.

(6) If a question involves contracts or money talk say, "I don't feel qualified to speak on that subject but my manager or lawyer could probable give you the answers you want."

(7) If they ask you about your religion always use these 3 answers and no more 1. "I believe in God, who created the Universe." 2. "I respect all peoples' religion and would never say anything bad about another persons faith. 3. "I think any religion sincerely practiced makes a person's life richer and fuller." If they try to question you about your own religion say, "I think religion is a personal matter and I would only discuss it with my minister, priest, rabbi etc. or a close friend. Why don't we talk about boxing, that is what I know best." In other words avoid religion and redirect the interview to boxing.

(8) If a reporter tries to drag you into making a comment about a controversy in another sport. Say, "I am not well informed about that and I don't like to comment on something until I have all the facts." Then dovetail the talk back to boxing by saying something like, "but I will comment on a good up coming fight etc."

(9) Always talk to a reporter like your remarks were going out over Nat. T.V. There is no such thing as, "off the record remarks", to some reporters and you can not afford to get burned by taking chances.

(10) Do not say who is going to win the fight. Say that you hope to win and have trained hard, but the excitement of a fight is that no one really knows who will win until the fight is over.

(11) Do not make negative comments on another fighter, despite what you might feel personally. Say good things or pass comment by saying, "I prefer not to comment on that fighter, until I have seen more fight films on him. I don't like to pass judgement until I view several contests."

(12) Always be open to questions from reporters and handle them in a friendly manner. Try to read the articles and memorize the name of reporters who do pieces that you like and then tell them that you liked their work. One compliment gets another. In other words, butter reporters up, give them plenty of time, but do not let them drag you into messy controversial areas.

AUTHORITY ROLES IN MARRIAGE

Dear Ms. Magazine;

Part of the reason for the alarming rate of breakdown in marriages is not as some have suggested, that women are trying to achieve equality, but that there is general confusion

about the exercise of authority in marriage. I have decided to examine this problem from the point of view of what authority roles the participants should hold, dependent on their personality type or profile. I know there will be two major objections to my using personality types: 1. People will say, what right do you have to use personality types, you are not a professional psychiatric worker. My answer is easy, true I am just an amateur psychologist or a psychologically oriented social analyst (when I use the word psychologist, I do not intend them in the medical sense, just in the sense of a person who uses psychology to understand individual or group behavior.) However, the psychiatric profession, as a whole, is very wary of advocating or developing preventive psychiatric methods, they would much prefer to allow unacceptable situations to exist, that cause individuals to suffer complete breakdowns and then treat the patient for years on end at \$25 dollars an hour. Within the psychiatric profession there are individual pioneers in preventive psychiatry or psychology, but they are treated like leopards by their wealthy colleagues. In order for preventive psychiatry to become popularized it must be developed and advocated by amateurs. To ask the Psychiatric profession to sponsor preventive psychiatry is like asking auto companies to develop efficient mass transportation. 2. The Psychiatric Profession will say that personality types do not exist, that human personality is too complex to type. They are correct in one sense, pure personality types do not exist and human personality is very complex. Personality types are a simplification that are necessary for devising preventive group mental health measures. When psychiatrists object to personality types, what they really mean, is that they object to preventive group mental health measures, which threaten to decrease their business. The context of marriage causes a great deal of stress which generates mental health problems, if the problems concerning the exercise of authority were straightened out before the marriage began, then stress levels between participants would be greatly reduced and mental health problems would also be reduced.

The function of personality types in determining authority roles in marriage

Marriage is a simply form of organizational structure and any form of organization structure, in order to function efficiently, must have an established method of resolving disputes. Most organizations use a structure of authority to resolve disputes or to prevent disputes from arising, in the line of authority the person on top has the final say and thus can resolve a deadlock in decision making. In order for a marriage to function smoothly, either the husband or the wife must, at any one time, be in the number 1. authority position. (the number 1. authority position has the final say in any decision, while the number 2. can make suggestions or present objections, but in the end must accept the authority of the number 1. position.)

Since women have demonstrated an equal capacity to make decisions with men on objective tests, then a women should have an equal chance to hold the number 1. authority position. However, intellectual ability and the ability or desire to exercise leadership are often separated. I have seen both examples, where the women exercises the leadership even though the man may be more intellectually gifted or the reverse in which the man exercises leadership and the women is more intellectually gifted. However, to give both husband and wife equal authority is only to invite disputes and long drawn out arguments that weaken a marriage. Some people, both men and women, prefer a more passive role in decision making and as long as the other party listens to their ideas they are content to let the other party have the final say. This is where personality type enters in; it should be determined before a marriage starts what authority the husband and wife will hold and the personality type of the two will probably be the prime determinant. Many times men who would not wish to exercise the number 1. authority position are forced into it by social custom, they are made uncomfortable and have no real idea of how to discharge their authority, they end up feeling inadequate, the wife has

to take over, yet is forced to act out the silly game that the husband is calling the shots. Women who have good leadership qualities are forced by social custom to play a passive role and may not be able to attract a husband unless they do and once they are married they end up living a frustrated life.

If it is desirable to structure authority roles, what models exist that could be used.

(1) The *Roman model* has traditionally been the one where the husband has the number 1. authority position and the wife used persuasion to gain influence. However, I use the model to refer to a marriage where either the husband or the wife has been accorded the number 1. authority position, by mutual agreement.

(2) The *equality model* in which both the husband and wife have equal authority and decisions are made by mutual accord. A more complex and difficult model than the Roman model, and only certain personality types can make it work, but the rewards from close cooperation in decision making may be greater.

(3) The *alternating authority model* in which the husband or wife hold the number 1. authority position for a specified time period, like 2 months, and then they alternate. Requires flexibility, but has the potential for developing the leadership characteristics of both parents, plus it prevents the children from developing stereo-typed images of what authority roles they must play.

No one model is the best model. The model that is the best is the one that works for the couple involved. From the point of view of having the children free themselves from the stereo-typed traditional roles, the alternative authority model is best because the children learn that both the husband and wife can work in either the number 1. or 2. authority position. The equality model would be second best for eliminating stereo-typed images, but since one or the other parent usually holds an edge in decision making, the equality model is less than equal. Children need not develop completely stereo-typed images under the Roman model, by both parents explaining to the children that they adopted that type of authority relationship because one party clearly did not wish

to hold the number 1. position and by other forms of education the children can see that different options are open to them. However, the influence of example is very strong, especially during the younger years when a child's personality foundation is being laid. If the mother held the number 2. position, as traditionally was done, then the daughter would probably pattern herself after the mother and despite later education would find it emotionally difficult to assume the number 1. authority position.

There are usually two objections raised to the alternating authority model. The first is that men can not possibly adjust to a subordinate role, where they must use reason and persuasion instead of direct authority. This objection bears no relation to the everyday facts of life. Men go to work and unless they are chairmen of the board, they have someone over them who has the final say in decisions affecting them. Workers have foremen, foremen have supervisors, supervisors have management personnel, from the front office, and the President of the company is responsible to the board of directors, not even the President can go in and order the board of directors to implement a desired policy, reason and persuasion have to be used. Even if the President happened to be the majority stock holder, reason and persuasion would still be used and only as a last resort would direct authority be used. If two people desire to marry and use the alternating authority model, then obviously they are going to choose a mate whose judgement they can respect. The second objection is that it would confuse children; this objection is usually raised by people who never had anything to do with children. Because children have no direct authority they are highly sensitive to the slightest shift in authority or power. They carefully measure their parents feelings toward different issues and never fail to try to play both ends off against the middle, if they think they can get the smallest advantage. Even if the parents failed to explain the shift in authority positions, the children would pick up the shift in 3 hrs and gravitate toward it. By having the parents in clearly established authority positions it would help eliminate the old routine of, 'mother said, if you said or father said, if you

said'; children have a clear advantage in this routine because they have a fixed goal and will keep twisting the parents statements around until they can get one or the other to give in. If the children had a disagreement then the parent in the number 2. authority position could give an answer but explain that it was provisional that if they did not like the verdict they could appeal to the number 1.: the parents then talk the matter over and the number 1. comes down with the final ruling. The children clearly see what happened and although there may have been a slight difference in the ruling, the children see that there has been no break down in authority. In 95% of the cases the number 1. will back the number 2.'s ruling and the children will see that the appeal route does not work in most cases.

For the sake of simplicity I have divided personality types into 5 groups.

(1) Type A; A person who likes to exercise authority, they are not dictatorial but are reasonable and fair. They like to know that they are guiding the situation and that their decision will be final if there is a dispute. They respond to pressure well and readily accept responsibility for their decisions. They only feel comfortable when they know that they have control of a situation. They readily accept good advice when it is presented in a reasonable manner, but they like to know that they have the final say in any decision that is made.

(2) Type B: A person who can be either a Type A or Type C. They have a very well adjusted personality and a good self image, so they feel confident in either a number 1 or 2 authority position. They have the necessary depth and flexibility to fulfill either a type A or C role. The pure Type B does not seek authority positions, but is willing to accept them if offered. A Type B person can tend toward either an A or C personality, but their distinguishing mark is that they can fill either role. Like type A they try to be reasonable and fair but do not feel threatened if an other person is making the final decision.

(3) Type C: A person who does not desire to exercise authority, but prefers to be lead. They are more passive in

their outlook and appreciate and seek a more authoritative person who can help guide them. They like to have their opinions heard and their suggestions taken into consideration, but they definitely do not like to have the final responsibility for decision making. They do not go out seeking leadership roles and even if offered one will try to decline. They are a well adjusted personality like Type A and B, and they understand and accept the fact that they are basically a follower seeking a leader.

(4) Type D: An unbalanced personality that has a neurotic compulsion to exercise authority over other people. They are a Type A personality carried to an extreme, minus any of the Type A's reason and fairness. They insist they are right and seldom listen to the advice of others. When a person disagrees with them, they become hostile and angry and interpret every disagreement in personal terms. They are often unfair and refuse to acknowledge their mistakes or to take responsibility for their decisions when they turn out wrong. They are constantly looking for scape goats and criticising others. Type D should never enter into a marriage, until they have undergone intensive psychological modifications. They do not have the maturity to sustain a marriage and will only damage their spouse and children. The best thing to do is to avoid this type and if in a position of responsibility one should try to direct the person into seeking some type of psychiatric help.

(5) Type: E: An unbalanced personality that is so fluid that they never know who they are or what they should do. At one moment they are very passive and desire to be dominated and the next moment they are trying to assert themselves like a Type D personality. Because they do not know who they are they are always getting into conflict with other people; because they do not know how to structure their relations, other people do not know what to expect from them. They seem to lack any underlying philosophy or long range goals. In common terms they would be referred to as flakey. They lack the necessary maturity for marriage and under no circumstances should attempt marriage until they have developed the necessary self understanding to discharge

their responsibilities. They may need psychiatric help or they may just need time and experience to mature and time to discover who they are and what they want out of life.

For the sake of ease in remembering the types I think the following names would be helpful. Type A – Authoritative, Type B – Bi-Polar, Type C – Conformistic Type D – Dictatorial, Type E – Enigmatic

What kind of combinations would be possible in Marriage?

Type A and Type C would of course fit right into the traditional Roman Model. Two type Bs would be ideal for the equality model and the alternating authority model would require two type Bs or two type As that tended toward the B type. Two type Cs could never work out properly in the alternating authority model because neither one would ever desire to make the final decision. Type B might be thought of as the universal partner because they could fit into any authority model or position. Once the partners have evaluated their personality type the structuring of the proper relationship in marriage should present little difficulty. By having marriage partners work out what authority relationship they think would best suit their needs before they get married, one of the major conflict areas that damage a marriage can be eliminated. If one of the partners matures and changes from a type C to Type B, then the couple can rationally restructure their authority roles by mutual discussion and understanding, rather than by a period of conflict, where one person tries to be more assertive and the other partner may misinterpret and resent it.

Marriage is the foundation and the building block that society is made of. If 33% of the basic social building blocks are constantly falling apart, can society long endure. What can be done to make sure that marriages are successful and that the partners desire to stay together? Although marriage is probably the single most important decision a person will make, and although marriage and child raising are critical to the stability and success of our society, our society gives people little and in most cases no formal preparation to discharge their responsibilities. A few common sense measures could bring the divorce rate down below 10% or lower.

(1) A mandatory course should be given in High School to help students learn about the responsibilities of being a husband or wife, and to impress upon them how important it is to choose the right person and be thoroughly prepared. Another course should be given on the responsibilities of child raising, and how to deal with potential problem areas.

(2) T.V. and radio should run programs geared to preparing people for a successful marriage. There is almost no programing regarding child raising or marriage on T.V.

(3) Trial marriage licences should be issued, with some type of time limit and the provision that if a child is born the marriage becomes permanent. This would allow people to find out what marriage is really like and how well they are prepared, instead of the present situation where a young couple rushes in and gets married, has a child, and two years later they can not stand each other, so the marriage ends in divorce.

(4) Any couple who is seeking a marriage license, must make 3 visits to a marriage counselor over a 3 month period, before the license can be granted. If people are going to invest their whole lives and thousands of dollars in getting married, then they can at least spend \$60 dollars to make sure they are not making a tragect mistake.

Can the total women concept be useful in structuring authority relationships in marriage?

If a women decides that she is basically a type C person and that she would rather have her husband exercise the final say in decision making, then the Total Women approach is perfectly valid. The opposite is true if the man decides that he is basically a type C personality, it would be in his best interest to use a Total Man approach with his wife. By giving the partner who is in authority all the love and cooperation a person can give, one maximizes the influence that one can have in arriving at the final decision. The only danger with the total women approach is that the women will gain such a strong influence over her husband that she can cause him to go against his own best judgement and give her, her

way on a decision that could damage the family. Once a person becomes a source of love and affection they gain a strong emotional hold over the other party, because the other party desires to please them, and is also fearful of losing support and love. A person using this approach must be very careful not to associate their love making activities with the process by which important decisions are arrived at. A person using the total women or man approach should try to influence decisions with their reason and leave their love making to another time.

Is a childless marriage a useful social relationship?

If a man and women think that they are not going to enjoy being parents or that they will not have the time to do an adequate job, then the very best decision they can make, from their own point of view and from societies', is to not have children. A marriage without children can be perfectly valid and useful, because marriage definitely helps stabilize the male and it allows both people to enjoy companionship and each others mutual support. Both the old line Protestant faiths and the Roman Catholic faith have created the notion that marriage is only valid for the purpose of procreation and that people who marry, and do not wish to have children are being hedonistic and selfish. This view is socially destructive and is contradicted by the practice of the Catholic Church. Priest and Nuns do not marry for the usually stated reason that they must have more time to serve their cause and all their energies are needed there. There are other professions and causes that have equal priority with child bearing. I notice no great shortage of children. If a couple without children wishes to work for different causes or organizations then their social utility could be just as high or higher then if they had used the time to raise children. If the childless couple works for a sane nuclear policy and is effective, then they may save the lives of millions of citizens. What good does it do to raise children if the world we are bring them into gives them little possibility of survival. It is just as im-

portant to insure a safe environment for children then it is produce them.

RAPE, A COMPLEX SOCIAL PHENOMENON

Dear Ms. Brownmiller;

After beginning to read your book I get the distinct impression that when investigating the subject of rape, which admittedly is an emotionally charged subject, that you became so upset with the plight of the victim that it caused you to take a negative view of men in general. The theme behind your book seems to imply that all men consciously or subconsciously are using rape for the purpose of dominating women. I hardly think this is a factual portrayal of the situation. Most men would not use physical force against women nor would they condone the use of physical force, much less resort to rape.

The fact that the male of our species is physically stronger, in general, is obvious and undoubtedly played an important role in establishing male dominance. If there was a disagreement between an early man and women, and the male is stronger and knows how to use weapons, then even if the argument does not come to blows, the male has a built in psychological edge. Of course we are forced to speculate on what took place because human evolution has wiped out the more primitive models of our species. However, your depiction of some early man all of sudden raping a women for the first time sounds like it came from Genesis in the Bible. Human evolution took over 3 million years and human behavior patterns evolved slowly during that period. It may be dramatic to portray such a scene, but it is hardly factual.

I think it would be more accurate to examine human behavior patterns and social structure from the evolutionary point of view. Most species tend to adapt or evolve in a way

that would give the species a better chance of survival. If we can start from the assumption that early man was a gathering animal, like the monkeys are now, i.e, not killing for food but foraging. Early man may have had an open breeding pattern as lower primates do now, with no single pair bonding. What changed this open breeding pattern to single pair bonding? My guess based on the general principles of evolution, is that as man learned to use weapons and began to hunt, the women of the group noticed that there were differences between the amount of meat that different men brought back. In general, the stronger and more aggressive males brought back more meat, so women began to fight among themselves over who would have which male. Women staked their claim and at the same time the men realized that a certain woman was now theirs, no longer were the men free to breed promiscuously with any women. If a man tried to breed with another man's woman she would resist and the man would fight to retain his woman. Now that man was limited to just one woman, he realized that he had to make a choice, what woman out of the group would he choose? Men began to choose women that were more sexually appealing, if you can only breed with one, might as well get a sexy one. So over millions of years men became more powerful and aggressive and women became more sexy. Just ask yourself, if I had to go to sleep at night in a cave, with just one man, and there were predatory animals around, who would you choose Woody Allen or Larry Zonka. Better to have a more aggressive and dominant male and survive then have equality and get eaten.

If men became more dominant and aggressive it was because women selected them that way. If women became more passive and sexy it was because men selected them that way. Both responded to forces and pressures beyond their control. To single out men in general and portray them as monsters, while women are characterized as being models of peaceful behavior and rationality is a total distortion of the truth.

Secondly, you admitted that the process of rape involves both a man and a woman, yet you only concentrated on inter-

viewing females. You made no valid scientific effort to find out why men commit rape. You started out with the assumption that men commit rape because they desire to dominate women, yet you make no attempt to investigate and prove that central point in your book. The facts that I have read about men that commit rape is that more than 60% of them had been seriously abused when they were young and that more 50% of them had been sexually tortured or abused by their parents. The male child was usually sexually abused by the mother. If these facts are in or around the average for all rapists and do not just represent one atypical sampling then your theory that men commit rape to demonstrate dominance must be, at least, qualified. It would appear from the above statistics that men who commit rape are reenacting childhood patterns of abuse, seeking revenge on a surrogate mother object, that terrified and hurt them when they were young. The question arises why did the mother attack and abuse the male child? a likely guess is that her husband had beaten or abused her but she could not reply, so she waited until the husband was out and attacked the child, as a surrogate for the husband. Another version of the old story of man hits wife, wife hits child, child hits dog, dog bites cat and cat bites mouse. A pattern of abuse passed down from generation to generation.

This is only one explanation. The problem of physical aggression in society is a complex one. In psychological terms, what is the difference, when a man is in a bad mood and looking to take out his aggression, he goes into a bar and picks a fight with a weak man and ruins him or the case when the same man goes into a park and beats a woman down and then rapes her. In both cases it is a transference of aggression through physical means on to a weaker person. In most cases, from everything I have learned, the rape is almost incidental to the act of physical aggression. I once talked with a man that had been savagely beaten outside a bar by five men, one with a metal pipe and robbed of his pay. What is the difference between this crime and a violent rape of similar nature? What is the difference in psychological terms, when a woman clerk in a store takes out her frustration by yelling

at a stock boy who just happened alone at the wrong time and a rape. The psychological equation is the same, person filled with hatred and aggression looks for easy victim to take it out on. I talked with a psychologist that had worked in the army for 15 years and had worked in Boston with the Police for 20 years, and it was his opinion that rape was primarily a crime of violence and that the sex was usually an afterthought. The reason I would guess, that causes most women to be raped is that they are physically less able to defend themselves, in general, and their attacker is looking for any easy target. Just as a start, I began to classify rapes in types, 1. rape as a general method of violent transference of aggression. 2. Rape as a reenactment of child hood abuse patterns. 3. Rape as a crime of sexual frustration. 4. Rape as a violent method for young male adults to initiate themselves to sex. 5. Rape as a method of asserting dominance either over women in general or over some group in society that the rapist views as holding him down. 6. Rape as a secondary result of another crime, this might be classified as a rape by opportunity.

I suggest that you approach the problem of rape as a complex one. It appears from what you said in the introduction of your book that your initial assumption before starting the work was that rape was a crime of sex, then after a limited exposure to a generalized theory that presented rape as a method of domination you totally adopted this theory. You then set out to prove this theory, that rape is a crime of domination by investigations into the problem. Usually when a person has a prefetermined notion and sets out to gather facts to support it, they tend to slant the facts to conform to their predetermined notion; screening out material that does not support their theory and focusing in on material that would be supportive. A more scientific method might have been to start from the basis that rape is a serious problem, it involves men and women, it involves coercion or violence. You could then proceed with the open minded attitude that you really do not understand the problem, but you are going to propose a number of key questions and try to answer them. Who is most likely to rape? Who is most likely to get

raped? Why do men commit rape? What steps can be taken by society and the individual to deter rape? What about white collar rape? (a woman is up for a promotion, she has worked hard to earn it, the man who controls her promotion invites her to his ski lodge for a weekend) It's the difference between a shake down and a mugging, a white collar rape probably does less physical damage, but may cause more psychological upset. A mugger steals your money, a shake down steals your pride. By investigating the problem from a rational point of view, deterrent measures can be learned that can reduce the chance of occurrence. The next question is one of motivation, are you interested in helping women or are you interested in scoring debate points by writing a general condemnation of all men. If you are interested in helping women then there are methods available to reduce the chance of rape. Rape clinics, such as the one in Miami, that give a rape victim immediate sympathetic counseling from both a woman and a man, have proved very effective in getting women to bring charges against their attacker. Once a clinic starts operating, women are no longer afraid to come forward, the attitude of the police is changed and conviction rates go up. When conviction rates go up, the incidence of rape occurring immediately drops off, indicating that the persons who commit the crime are capable of controlling their behavior or at least redirecting their aggressive impulses. The psychological front is a critical area; any movie or book that closely associates sex and violence tends to stimulate the activity and magazines that depict the use of violence to get sex and convey the idea that women like to have violent sex all tend to encourage the commission of rape. Getting police to enforce local ordinances concerning the distribution of such material can reduce its flow or picketing the homes of the store owners. Store owners usually live in a nice suburb and the last thing they want is for their neighbors to realize that they push garbage magazines. The third area is training and self protection. Most rapists, from all I have learned, are looking for an easy mark to take their aggressions out on. The better women are prepared, the lower the incidence should be.

In the service I took some self-defense training, which I used in devising an easy to learn method of self defense that even an untrained women can learn to defend herself against an attacker. I taught the techniques to my girl friend and in the process I devised an invention that can be worn by any women, can be used effectively with only 20 minutes of training and a few drills, does not use chemicals or batteries which can fail, is worn in an open manner so it can be used instantly even if the women is thrown to the ground, can be produced for under \$3 dollars and will deter any attacker with just one wound, and in addition inflicts a wound so distinctive that any policeman or doctor will instantly recognize it. The assailant must receive treatment for the wound and there is no way he can be treated without being captured because the wound could not occur by accident. I guarantee once this weapon is produced and made available to women that the incidence of rape, independent of any other factors, will sharply drop off. Most rapist are cowards and once they have to face such a weapon they will decide to burn off their frustrations in some less dangerous manner.

Unfortunately, since I am a poor person in terms of available capital, I could not market or even get a patent on the device without running the risk of having the idea pirated. However, if someone wishes to back the idea, and hire the necessary legal help to protect the patent rights, then I will transfer the idea to them.

HUMAN EVOLUTION & GENETIC TAMPERING

Dear Sir or Madam;

I sincerely believe that our species is coming to a dangerous time period when we may destroy ourselves, through nuclear or biological warfare.

In order to control our destiny we must know who we are and how our species evolved. We know that evolution as a process, follows certain orderly rules. If there occurs an evolutionary development that totally defies the established rules we have learned so far, it should attract profound attention.

40,000 to 50,000 years ago there was Neanderthal Man and then only 10,000 to 15,000 years later there was Cro-Magnon Man, erect with the double curvature of the spine, a high forehead and a much higher intelligence. By the laws of evolution that apply to every species known, it should have taken at least a million years of evolution for these massive changes to take place. So the question arises, how did we evolve? I am forced to conclude that since all the mutations were positive and took place in a miraculously short time period, (as evolutionary changes are measured), that these changes could only have been brought about by some form of genetic engineering performed on our species by an advanced life form from another planet.

Here is where, I believe, our species most dangerous problem lies. We have the emotional capacities of a crude hunter killer Neanderthal Man but the intelligence of a much higher order. We have the rational capacity to create massively destructive weapons, but we also have such a large emotional capacity that we have never been able to restrain ourselves from using any weapon that was created. The advanced life forms that apparently must have made the genetic changes, probably were trying to help us but they have doomed us to self-destruction.

As a species we must become aware of our dangerous imbalance between our reasoning abilities and our emotional tendencies. In order to survive, we must be made aware of our species true evolution and the imbalance that genetic tampering could have created. The established scientific community must lead the struggle. Unfortunately, Eric Von Daniken is such a con artist that his few valid observations are buried in a pile of clap-trap and loose reasoning.

As a species we must immediately begin implementing 3 steps.

(1) Both children and adults must be trained to recognize, control and properly express or channelize our emotions.

(2) All environmental, social, political, and economic systems must be structured to reduce anger, frustration and destructive impulses to a minimum.

(3) Governments must introduce and encourage natural genetic breeding, with the goal of reducing emotional capacities to the lowest level possible, as well as, expanding our reasoning faculties.

As a species we have at most 50 years and maybe, as little as, 10 years before a nuclear or biological holocaust envelops us. Nuclear weapons are rapidly spreading and delivery systems are being sold by the major powers, to almost any buyer. If we can not give up our weapons then we must reduce our emotions to safer levels.

I urge you to investigate the possibility of genetic tampering in the evolution of Cro-Magnon Man and make any implications publically known.

GOD'S PRAYER A MODERN REVISION

Dear Sir;

I am a Unitarian so it may surprise you that I am interested in the Lords Prayer. However, after having taught Sunday School for a few years it occurred to me that although the words to the Lords Prayer were beautiful and poetic their meaning was difficult for children to understand. I also noted that the idea presenting God as a powerful father figure, residing in a kingdom in the sky, is no longer accepted by the majority of people regardless of faith. Many women view the prayer as chauvinistic and an attempt by men to use religion to justify social inequalities based on sex discrimination. I seriously doubt that the prayer was ever designed with that in mind, but the fact that increasing numbers of young women believe it is being used in

such a fashion is making the prayer ineffective as a religious instrument.

In order to make the prayer understandable to children, to illiminate any hint of male chauvinism and to bring the preception of God into line with what the majority of people now believe, I have attempted a revision of the Prayer. Unfortunately, in order to preserve thought content and guarantee simplicity of wording for children I was forced to sacrifice the beauty and the poetry of the King James Version.

I firmly believe that religion is an essential ingredient to the social fabric of society. If religion does not make itself understandable and help people to have a clearer view of their relationship to God it will die a slow and regretable death. With these motives and goals in mind I made the revision and hope you may find it acceptable. If you know of any person who is skillfull in poetry maybe some poetic revisions could be made. Since my mind is analytic I had no ability to preserve the work in poetic terms but I am sure other people would appreciate such revisions.

Our Father who art in Heaven, Hallowed be thy name.

Our God who is everywhere, let us praize thy creation.

Thy Kingdom come. Thy will be done in Earth, as it is in Heaven.

Help us to make a better World by serving as instruments of thy order, here on Earth and in our contacts with other planets.

Give us this day our daily bread.

Give us the strength to work for our basic needs.

And forgive us our debts, as we forgive our debtors.

Give us the understanding to forgive the wrongs that others do to us, as You constantly forgive our own errors.

And lead us not into temptation, but deliver us from evil:
Help us to resist temptation and overcome our misjudgements and unreasoning behavior.

For thine is the Kingdom, and the power, and the glory, forever.

For Your universe is a perfect creation and we must struggle to overcome our blindness that hides the glory and beauty that is forever.

A-men.

SPORT'S LETTER "BACK SPASMS"

Dear Dave Cowens;

I have read about your back problems for 2 years and although I do not know your specific situation I think my experience in athletics may help you. I noticed that when tension builds up it tends to concentrate and focus in different spots, in different persons. Before big meets I use to get cramps and soreness in the back of my legs, some people focus their nervous energy into their stomach and get ulcers, other people focus their tension into their back of their neck and get head aches. Unless your back spasms are do to some specific physiological cause then they are probable do to transfered nervous tension. During the day time when a person is active you can burn off the physical tension and mental tension by increased physical activity, however during the night time when a person goes to sleep the tension can not be burnt off in physical activity so it concentrates into some specific area of the body causing the muscles to tighten up and become fitique, so normal stress can cause spasms and cramps, unless the tension is relieved before the person goes to bed.

I would use a dual method of treatment; first have your wife give you a thorough back massage with a good liniment just before you go to bed and then use a technique from Yoga, just before you go to bed, repeat for 10 minutes that your back muscles are relaxing and feel good. After a week or so your conscious mental power will begin to over ride the transfer of nervous tension, even when you are asleep, and your back will be less tense. I do not know how this process of self hypnosis works, but it worked for me. IF you can psychic yourself up for a game, then you can psychic your back down into a relaxed state for a good nights sleep. It takes about 7 days for your back muscles to learn what you expect of them and after that the tension will decrease.

If you wake up in the night and find that your back muscles are tightening up again, then I would suggest that you buy a good heat and vibration pad and keep it ready in bed beside you. IF your back muscles start to tighten up, then turn on the pad and repeat the command for your back to relax for another ten minutes and then fall back to sleep. It is better to loose a little sleep time getting the back muscles relaxed then to have 4 or 5 hours of nervous tense sleep that will drain away your energy and leave you fatigued.

I once knew a swimmer whose nervous tension use to focus into his toes and they would cramp and cross uncontrollably, so maybe your problem is not as bad as his, but because the back muscles protect the spinal cord the problem can not be ignored or treated lightly.

Good luck and have a good year.

MENTAL ILLNESS, PREVENTIVE AND REHABILITATIVE METHODS OF TREATMENT

Probably the biggest stumbling block to the treatment of mental dysfunction is the present misconception that a person is either mentally healthy or mentally ill. It would be far easier to treat mental dysfunction if the general public could

be educated to view mental health on a spectrum. Our mental health is a constant variable; some days, or during some periods, our mental health may worsen, and during other periods it may improve. We all know the effects of having a bad day, when every thing seems to go wrong, stress levels increase and we become more irritable, and we may have difficulty getting a good nights sleep. In simple terms our mental health suffered a temporary decrease, but this does not mean that a person is mentally ill. We have all gone through periods when we were unusually anxious or depressed or angry and thus our mental health was not as good as it usually is. However, if a person is suffering from psychological problems that persist month after month, then this person is suffering a serious psychological dysfunction and should seek professional health counseling. Because of the popular misconception that mental health is a black and white issue, family members or relatives will refuse to acknowledge that a member of their family has a serious problem until the person goes completely off the deep end and committs some outrageously dangerous or destructive act. If psychiatrists or psychologists could bring out some popular books that would show people how to recognize the signs of mental dysfuction in the early stages, then these books would be a great help in improving our Nations mental health picture. In other words, an ounce of prevention is worth a pound of cure, if mental problems can be caught in the early stages and treated, then the person suffering could be quickly helped and could continue living a normal life. But when problems remain untreated the person ends up with such serious problems that they either committ crimes or try suicide or suffer a complete breakdown, and have to be sent to an institution.

The second major problem is that mental dysfunction is viewed as cancer was 50 years ago; it is viewed as so horrible that it can not be discussed. We have all known certain people that had obvious mental problems, but their family members continued to ignore all warning signs until the person suffered a complete breakdown. If a public figure is treated for even a minor case of nervous exhaustion, (which practically ever hard working person suffers from, at least once,)

then the person can lose public office. Mental problems should be viewed as we now view physical problems, a condition that can be corrected. There should be no great moral onus attached to seeking treatment for psychological problems. We have a great need in this Country for practical books on mental health, such as, "Between Parent and Child". Unfortunately, the mental health establishment in general has viewed preventive measures of mental health, much as Dentists viewed the fluoride in drinking water. Most psychiatrists and psychologists are quit content to sit back and wait for people to suffer serious breakdowns, and then, when they come in for treatment the patient is subjected to years of expensive therapy that has proved of doubtful value. If a qualified colleague does venture to write a popular book that would help the average person maintain their mental health, then his fellow colleagues immediately begin attacking the person with mud slinging gutter tactics. The best medicine to maintain both physical and mental health is preventive medicine, but there has been very little progress in preventive medicine for mental health.

The two major problems with present rehabilitative methods are that 1. There is far too much emphasis placed on a persons childhood and not enough attention given to their immediate problems. 2. There is too much emphasis placed on the individual and not enough emphasis placed on their family or group relations. Both these problems are currently being addressed, but the progress is glacial. I would recommend that, after getting a general background picture of a patient, that the therapist put their emphasis on the immediate problems that a patient is suffering or the problems that the patient has suffered in their immediate past. If helping the patient work out these problems proves total ineffective, then the therapists might conclude that the present problems are just a manifestation of some past trouble or damage. Unfortunately, many therapists assume that all present problems are merely manifestations of past mental damage, and thus they can waste years dealing with a person's childhood and never really help the person. A patients present problems may be

related to bad past experiences, especially those of childhood, and patients inability to deal with present problems may be the result of their upbringing, but this does not mean that their present problems are not real. Their present problems may be very real, and should be treated seriously. A therapist should be aware of childhood problems, but I would advise shifting emphasis to the present and immediate past, and if this fails then go back for more detailed work. There is a third problem very seldom discussed by therapists, and that is dishonesty. Most therapists are hard working and dedicated people who generally strive to help their patient as quickly as possible, however in every profession there are a few rogues. These rogue therapists take in a person with only minor problems that could be cleared up in a few months, with a little common sense advice, and they tell the patient that they have serious problems. They then proceed to "milk" the patient for years, until the patient realizes they are just being ripped off. Malpractice in physical medicine is quit obvious, but in the mental health field it would be impossible to prove. There is a vital need for a popular book that counsels people how to choose and evaluate mental health services.

National preventive mental health measures is a field that is totally unexplored. If the unemployment rate were to drop 1%, it would do more to help our National health picture than all the individual therapy that is presently going on. Lowering the divorce rate, lowering drug abuse, giving our Nation a sense of National direction, all these are important factors, that should be integrated into a National mental health plan.

EUROPEAN DEFENSE

Dear

If a full scale nuclear war occurs between the U.S. and the U.S.S.R. there will be no real winner, but the side that

recovers its industrial capacity first will have effective control of the world. The U.S.S.R. can draw on the capital goods stored in the East Block Nations and it can easily overrun Western Europe and thus can draw on capital goods equivalent to the total of the capital goods in the U.S. The U.S. on the other hand has no nearby supply of capital goods to draw on, since the Soviets will more assuredly target Canadian Industry which they consider to be an extension of U.S. industry.

The question of prime importance is, how can we get the Europeans to defend themselves and prevent the Russians from making use of their capital goods. Our present European force is far too small to stop the massive forces the Soviets have deployed in the Eastern Block Nations. Our small tactical nuclear force will be totally destroyed by the large force of Soviet of MREM that are implaced in Eastern Europe. Once an all out nuclear conflict erupts the Soviets will not hesitate to make what ever man power sacrifices are necessary to seize Western Europe, even if it means sacrificing half of their forces to the remnants of our tactical nuclear force. The only way I can see for us to make the European Community take their defense seriously is to begin a total phased withdrawal over a period of 5 or 6 years. This will be a calculated gamble of the first magnitude, but our present position is ridiculously inadequate and plays right into the Soviets hands. Our force is just large enough to lull the Europeans into a false sense of security and far too small to stop a major all out Russians effort in a full scale war. It is important to remember that the Russians will have the advantage of the first strike and with thier MRBMs there will be virtually no warning. Our tactical nuclear force and our troops will in all probability be wiped out in the first 30 minutes.

The Europeans have the roughly the same economic base that the U.S. and the same population. Their combined level of weapons development is perfectly adequate to defend themselves if they are motivated to unite and develop it. The Germans and the British have good heavy tanks. The Swedish have one of the best interceptors made and an excellent air

defense system. The French have one of the best all around fighters and are developing MREMs. The British have an adequate Navy and nuclear subs. The British have the lead in vertical take off craft and make good helicopters, plus they have adequate tactical nuclear missiles. There is absolutely no reason why the Europeans could not unite and form a joint command which would deter the Soviets from invading. However, the Europeans will never take their own defense seriously as long as we are there. We must make it clear to them that we are going to do a total phased pull out and they will be entirely responsible for their own defense, only then will they feel compelled to unite out of common fear of Russian domination.

After the Second World War our policy of defending Europe and helping them rebuild made sense because they were weak and facing a powerful Russian Army. But the European economic structure is completely rebuilt and there is no valid reason why they can not defend themselves. If the Europeans lack the will to defend themselves then it is ridiculous for us to be there. The lesson of South Vietnam is clear, if any army and people do not have the will to defend themselves then no amount of money or equipment will deter a more determined force from taking over. I am sure the Europeans do not wish Russian domination and faced with a total phased pull out by our forces they will unite and create a defensive force far more adequate than the present weak arrangement.

BANK ROBBERY, A SAFE DETERENCE

Dear Sir or Madam;

After hearing of so many bank robberies I decided that there must be some safe, effective and easy to use method that a teller could employ that would deter the robber. The method I came up with will not deter a professional group of

bank robbers but should be very effective against the lone amateur. The teller when presented the hold up note or when shown a weapon makes a gasp and pretends to faint and pass out on the floor. This procedure can be used by both men and women tellers. Once the teller passes out on the floor holding the note the criminal is confronted with a totally unexpected situation. The criminal has no hold up note and all the other tellers have ducked below activating their foot alarms, so what can the robber do but leave. Most inexperienced robbers will just panic and run out when the teller faints. This method avoids confrontation and prevents the criminal from taking a hostage in trying to get away with the loot. The inexperienced criminal is not threatened, so there is no impulse to shoot. The immediate impulse of the criminal should be to flee an embarrassing situation that has turned out in an unexpected manner.

I hope you could use the following idea and pass it along to interested parties.

CAR POOLING

Dear Mr. Burns;

I read about your problem with trying to encourage people to take 3 or more people in their car. I believe you would be far more successful if you would use both positive and negative incentives. Construct toll booths at certain strategic points and have those people that have less than 3 people per car pay \$1 dollar at each toll booth, those cars with 3 people would pay 25 cents, those cars with 4 people would pay 10 cents and those cars with 5 or more people would pay nothing. If people wish to pay \$4 to \$6 dollars to ride alone, fine let them pay, and use the money to build good mass transit.

This solution would prevent people from jamming secondary roads and raising the accident rate. The solution would bring in millions of dollars of revenue and would

provide plenty of incentive for people to car pool. Any solution that brings in millions of dollars of revenue will go over big with the State Legislature, so the bill should have little trouble with passage. Environmental protection groups should also back the change since it will reduce air pollution.

RECYCLING OF MICE & MEN

Dear Sir or Madam;

I read in a "Time Magazine" May 31, 1976 edition that your Country is temporarily having a problem with rats; 4.8 billion rats that eat 50% of all grain produced.

There is a logical solution to the problem. Set up Government run recycling plants that turn rats into dry dehydrated fertilizer. Pay people so much per pound of rats and the rat population will soon begin to drop to a low level. The fertilizer will boost grain production and the decrease in rats will preserve grain supplies.

If people say that rats are sacred, then agree with them, telling them that all Gods creatures are sacred and that the sacred destiny of all life forms is to be recycled into the universal life cycle, of plant to animal to plant. After people learn to accept recycling rates, then you can extend recycling to stray cats, dogs, and to human bodies. All the countries of the World will be recycling human bodies into fertilizer in 20 years, because of a diminishing supply of natural phosphates and nitrates. India can lead the way with an intelligent recycling program that other countries will later study and copy.

In a way it is almost beautiful and poetic. All life forms that die will be transformed back into plants which will sustain life. I thought it such a good idea that I have it written into my Last Will and Testament that when I die I will be recycled into fertilizer. In that way my last act on Earth,

that is the act of dying, will be a useful and productive one for the living.

TEAM BOXING

At the heart of developing a good professional program of boxing is an age group amateur program and a high school and college program. To build a good amateur program you must develop it around the team concept. One high school or college team fights another and the total score wins the match. A college boxing team would pay for itself and once the program developed it would generate more profit per unit of investment than football. When the college boxers graduated they could be drafted into professional boxing teams that would represent the major cities.

A high school or college or professional boxing team could be set up along the following lines. There would be 5 weight classes; light, welter, middle, light heavy, and heavy, and there would be 3 boxers chosen in each class. There would be 10 contests per match; the number 1 and 2 boxers get to fight and the third fighter in each class would be the alternate who would fill in when one of the top two could not fight. In professional team boxing each contest would last 5 rounds (providing it went the distance), each round would be two minutes long, with one minutes rest. The idea would be to make the contests as action packed as possible with no dead rounds or dancing around. A decision by points would earn the team 1 point, a TKO would be worth 2 team points, and a knockout would be worth 3 team points, thus there would be a strong incentive to try to knock the other person out. At the beginning the Professional Boxing League would only be composed of 4 East Coast teams and 4 West Coast Teams. Thus the teams could build a quality product and avoid the pitfall of over expansion. The champion of the East Coast Division would meet the champion of the West Coast Division.

sion for the championship and thus the old East vs. West rivalry could be settled once a year. To insure quality matches each team would only fight once a week and the schedule would be limited to 12 matches; 8 matches within there own division and one road trip to the opposite coast for the other 4 matches. This limited schedule would save traveling expenses, and would insure that fan enthusiasm did not wane as it does in the other sports where the schedules have been shamelessly expanded. A quick 3 month schedule, then the championship the very next weekend. A two week delay creates too much nonsense, like occurs with the super bowl.

At the end of the season the boxers would be free to hire any trainer or promoter they wanted and they could fight for individual titles as is done now. A boxer has to stay in shape 12 months a year with minor periods of reduced training, so the team boxing would provide young up coming boxers with a steady guaranteed income while they were gaining experience and making a name for themselves. In order to keep ticket prices down the boxers salaries would be limited to \$30,000 for the number 1 and 2 starters and \$20,000 for the alternate, expect where the alternate started and they they would receive a pro-rated increase based on the number of starts. Under normal circumstances the alternates would fight preliminary 3 round matches, before the main event got under way. This would entertain the crowd as they came in and it would keep the alternates sharp. In the scoring of team points, the team that won the total point count in the alternate matches would get 2 team points; this would keep the alternates sharp and give them a sense of contributing. In the event of a tie, total team score, one boxer in each class would fight one two minute round. The coach could choose any boxer including the alternate to fight the round, and the coach could (up class) any fighter in the tie breaker, which could not be done in the regular match. This would allow for a coaches skill and judgement to show through. The boxers would also receive bonus money for the total points earned in a season. Thus an exciting boxer with a lot of TKOs and knockouts could almost double their income. It would be justified to fix boxers salaries because

unlike other sports, the boxer would have another 7 to 8 months in which they could earn hundreds of thousands of dollars depending on their skill and weight class. However, just to be fair, the owners could fix team profits (net profits after reinvestments) at 15% and agree to donate any extra profits to local City charities. This would benefit the fans by keeping ticket prices down and would insure the proper spirit in the sport.

GREED THE PSYCHOLOGICAL FORCE OF EVIL

For thousands of years people have talked about the concept of evil and the force of evil which many think can take the physical embodiment of a man or some other creature. Since there is no scientific evidence to date that there is a physical being or a form of intelligence that can act independently to produce evil (socially destructive acts), then we must discount such a phenomenon as a reality, but we can not dismiss the possibility that such an independent intelligence exists. We are all familiar with cases of where people have acted in such a horrible manner that we would like to deny that they are humans as far as their mental state goes. Throughout history such people were said to be possessed by either the devil or spirits. It is my contention that the concept of the devil and the idea of evil were used by people as a way of avoiding facing our own true selves, a form of species cop out, in which we collectively refused to take responsibility for our own bad actions. We have tried to devise a way of refusing to acknowledge the negative side of human personality, the weaknesses within our own species. The traditional theory used in the Western World was that God created mankind and therefore humans were naturally good and if evil appeared it was the result of an outside agent. In the Garden of Eden the agent of evil was a snake that gave man knowledge and introduced our species to sin. The truth of matter is as documented in History, antropological

studies, and all the psychological studies to date, that humans are neither naturally good or bad in a social sense, we are just a highly conditionable animal that has a large range of potential behavior patterns. If a person's environment, home influences, and the conditioning that society gives a person are all done in such a manner as to produce a hard working, law abiding and humane person then that is just what you get. If a person's conditioning (sum total of learning experiences) teaches them to be mean, greedy, exploitative, and inhumane then the same person can be turned into a very destructive person. Both rats and humans can have a wide range of behavior patterns induced by changes in conditioning. If rats are raised in an environment where ample food is provided and there is enough living space then they are fairly peaceable and can be handled without too much danger, but if rats live in their natural habitat where they grow up fighting for food space and available females then they are vicious and dangerous to handle. The same differences in behavior have been observed in humans; when people lived on the polynesian Islands they had ample food and over population did not seem a problem, they had a healthy sex life, so as a result their environment and life style conditioned them to be fairly peaceful and easy going. On the other hand tribes that lived in hunting cultures and depended for their survival on their ability to kill developed life styles and behavior patterns that were harsh and aggressive. Tribes that lived in areas where there was a great deal of inter-tribal conflict developed a warrior culture that was even more aggressive and cruel than the hunting culture. The Eskimos are the exception that prove the rule, their environment is so harsh and poses such a great threat to human survival that all humans regardless of tribe are drawn together by a common bond. The German people provide an interesting example of how changes in conditioning can produce marked variation in human conduct. Under the malevolent guidance of the Nazi Party the German people were changed into a collectively destructive force. However, after defeat the conditioning was altered and the German people have behaved peacefully and have learned to spread their influence by peaceful industrial

and cultural means. On a personal basis anyone who has worked at a summer camp realizes that under the right guidance and conditioning tremendous changes in behavior can be brought about in a relatively short time, once the child is removed from their home environment.

However, within the context of the operation of society there exists a social psychological force of such immense strength that it could be metaphorically considered to be the prime force of evil. I refer to this prime force of evil as greed (the desire for excessive wealth or power beyond ones immediate needs or the needs of ones' family) This should not be confused with raising money for a collective organization over which one does not have direct control of the funds. If a person raises money for the Jimmy Fund, then obviously they are not going to have a direct increase in personal wealth or power. However, when a person is the leader of a cause and they have direct control over the money, then the money can be used for increases in personal power or to sustain a life style far above the average person. There are two standards that I use to judge such Gurus or religious leaders; Does the individual use the money collected for the good works promised and secondly does the person practice what they preach. If a person says that others should live a frugal life, not wasting money on luxury items, do they live a frugal life or do they buy fancy clothes, drive fancy cars and live in a rich house. Does the individual use the resources intrusted to them to do the good works that they promise or do they amass a huge bank account and build a financial empire to serve their own power needs. The prime example of abuses in personal fund raising for so called good works is Mr. Sun Myung Moon and the Unification Church, Mr. Moon is so obviously taking advantage of the young peoples idealism to amass a personal fortune, that if he is the (Second Coming) it must be of John D. Rockefeller or Barnum and Bailey. Mr. Moon and all the other people who try to amass wealth and power beyond their families just needs have succumbed to the prime force of evil i.e. greed. The hand maiden of greed is rationalization, every person who is blindly pursuing wealth or power always has made up a list of reasons why

there other wise destructive behavior is really quite good. Reasons such as 1. Everyone else does. 2. If I don't someone else will 3. If I amass more power and or wealth I can make the world a better place. 4. If I don't take advantage of other peoples' labor then they will take advantage of me. (Sort of the Golden Rule in reverse, do unto others before they do unto you) 5. Its been this way for hundreds of years, who am I to try to work for improvements. 6. I just follow orders, its not my fault that the Board of Directors, Presient etc. are making bad decisions. 7. You only go around once, might as well take all you can get. 8. Its not for myself, its the long term security of my children (9). Capitalism may not be perfect, but its better than forced labor (as if that is that is the only other method to organize societies productive process). At some point in the development of civilization it became apparent to certain lazy and greedy people that by owning land or slaves they could get other people to do their work for them and they could live a life of luxury and ease. Thus instead of each person doing their own hunting and fishing or joining together in a group hunt, certain people always tried to set things up so that they could avoid doing work and exploit the labor of others. Once an exploitative system comes into being the force of greed begins to multiply, each person becomes afraid that unless they take all they get that they will be pushed down into poverty, each person develops a strong sense of insecurity, each person fears that if they do not take advantage of others then they will be enslaved. If a person who has had little gets the chance to exploit others, they can not overcome their fear of poverty and they continue to accumulate far beyond the point of just need. The desire for power creates its own vicious cycle of multiplication, just as the desire for wealth. Each person that starts to accumulate power becomes afraid that the people they offened or used are ploting to destroy them, and they are usually right, so they know that to surrender power will put them at the mercy of others; they are afraid that other people who gain power will act as badly as they did. The slave master always is paranoid that giving the slaves their freedom or political power will mean slavery for them,

in other words, they fear themselves and their own bad conduct. Once a person begins to accumulate money and power beyond their just needs, then they have entered a self reinforcing behavior pattern that can easily turn into a mania which can be just as destructive as the addiction to alcohol or drugs. Someday, a more enlightened society will recognize that money mania and power mania are forms of mental illness which turn can turn a normal useful person into a self destructive being, who would and does sacrifice themselves, their family and their society in the pursuit of money or power; just like an alcoholic, a person possessed by the desire for excessive money or power comes to view money or power as separate ends in themselves that need no other justification. Each time a person who has money or power mania increases their wealth or power it only drives them to want more. Howard Hughes provides the perfect example of money mania, the more money he accumulated, the more cut off from his fellow citizens he became until he was just a paranoid self destructive madman who refused even medical treatment.

The private enterprize system in the West allows and encourages people to try to accumulate all the money they can get their hands on. Once people attain a certain level of wealth, they begin to use their financial power to control the political process and thus subvert Democratic Government to their own ends. By making a virtue out of greed and excessive accumulation the Western World dooms itself to the control of self centered people who are mentally ill. The direction of the Western Democracies is now in the hands of less than 2% of the population and the majority of this 2% are under the sway of the prime force of evil, i.e. greed. The majority of the population in the Western World are in a constant guerrilla warfare to rest control of their destiny from this rich powerful elite. When people lament that the Devil must be in control, they are metaphorically correct, greed for monetary accumulation is the prime controlling force in the West and it manifests itself in the persons of big landlords, big owners, politicians on the take, and any person who tries to exploit others to make their living.

The Soviet Union and the Eastern Bloc nations (Eastern Bloc Nations are not monolithic, but because of the dominating influence of the Soviet Union it is difficult to tell what their true position is) have outlawed personal accumulation of money, but their leaders appear to be fully in the possession of greed for power. No leader ever surrenders power voluntarily, they try to hold onto power regardless of how old or sick they become. This is a clear sign of power mania. The leaders of the Soviet Union do not just want to influence other countries, they want obedience and the power to direct the internal affairs of other countries. They are constantly trying to expand their power by building up their Navy which is the traditional method of expanding colonial influence. The new form of colonialism entraps a small third world country in a web of military and economic deals until the small country's economy and defense posture has become so dependent on the larger country that they must act as the puppet of the larger country. The U.S. also practices a version of neo-colonialism in which huge industrial companies move into a small country and begin to drain out irreplaceable natural resources, the big companies use political bribes to control the political structure of the smaller country and thus can exploit the labor and the resources of the smaller country without paying a fair price. In the case of the Russian colonialism the small country loses its external sovereignty, and in the case of American colonialism it loses its internal sovereignty. Because the Soviet Union's political structure has no organized rational method of transferring power, the people climbing the party structure are forced to fight for power and thus the greed for power becomes a mania which infects their minds, in the same way that the greed for wealth infects the capitalists' mind in the West. Lately, it appears from all evidence available, that greed for wealth is also taking a hold on top level Soviet leaders and bureaucrats. They have special summer places, they buy needlessly luxurious cars, they have created special luxury stores for their exclusive use, and they use their political pull to ensure that their children get better education and jobs than they would be entitled to under straight merit competition.

The reality of the situation is that in the leading elements of both the Soviet Union and the U.S. the mental state of the top 2% has been thoroughly corrupted and blinded by the greed for power and wealth. In the Soviet Union the greed for power is the dominant mania and greed for wealth is a minor mania, while in the U.S. the greed for wealth is the major form of mental illness, while the greed for power is the secondary mania. Since greed can create a severe form of emotional blindness and can drive those possessed to irrational self destructive behavior, this creates a highly dangerous world situation. The leaders of both the U.S. and the U.S.S.R. are psychologically possessed by the prime force of evil i.e. greed, their blind pursuit of wealth and power could easily lead them to make the miscalculations that would result in a nuclear war. The only logical method to rescue people from the force of greed is to replace the economic and political systems that generate the greed. The U.S. must work to develop an economic system that does not allow the individual citizen to accumulate capital beyond a certain level, which could be used only for small business. Sensible limits should be placed on the amount a person can earn per year to prevent people from entering into the mad pursuit of wealth just to outdo their neighbor, people can make their job choices on the basis of what would be good for their family and their own self actualization, instead of being turned into a money junkie mindlessly grabbing at a higher salary regardless of what it does to their health or family. The Soviet Union must develop a rational method of allocating political power, so that leadership can be regularly changed without one person or group seizing power and blindly holding on long after they have lost touch with what the people of their country want. When a person is elevated to a high position in a rational system they know that it will be a limited tour of duty and they would not let the power go to their head. Under a rational system of power distribution a top leader would welcome and encourage young leaders and try to train them for top leadership, instead of trying to suppress new leaders, as is done now. Power should be viewed as a serious social responsibility, not as a personal domain

that should be jealously guarded. A rational system of regular change in top leadership would ensure that leaders worked for better leadership, and that top leadership would not become stagnant.

A LOGICAL SOLUTION FOR THE OLYMPICS

The two major problems facing the Olympics are (1.) that the cost of constructing an entire olympic village every 4 years is too high and (2.) that the country that hosts the event may drag in politics by excluding certain nations that have been accepted by the I.O.C.

The best way to overcome the cost problem is to build one permanent olympic village near Athens Greece. Each nation that desired to participate would be assessed an amount based on GNP and per capita income and other vital statistics of National wealth. The way to overcome the intrusion of politics by host nations is to have the Athenian City Council and the Nation of Greece agree to sell the I.O.C. the land to build the Olympic village and then to grant the site status as an international territory, controlled directly by the I.O.C. This measure would insure that no nation included by the I.O.C. could be excluded by a host government. In addition any athlete that desired could participate under the Olympic flag as an individual, if their country was either barred or withdrew. This last measure would signify that an individual athlete was not to be punished for their governments' policies. Thus a South African athlete could participate in the Olympics under the Olympic Flag if they signed an agreement disassociating themselves with their Countries policy of apartheid and reaffirming loyalty to the Olympic principles.

HOW SALARY SHARKS ARE DESTROYING THE YOUTH ORGANIZATIONS IN OUR COUNTRY

A salary shark is a term applied to a person who tries to take the maximum salary they can get while doing the minimum amount of work possible. Like sharks in the sea, salary sharks are never satisfied with what they ate before and always want a bigger meal the next time, they always demand increases in salaries above the inflation rate, even though their production and responsibilities have remain unchanged. Because the salary shark avoids active program involvement with the young people, which is an exhausting type of work that requires total committment, they have lots of energy left for playing office politics. Thus the salary sharks hold on tenaciously to their jobs while they discourage and drive out the dedicated program people that are committed to the youth program. Good executives in youth organization, even top directors always see to it that they have some direct program involvement and they are active in training new personnel and helping them over the rough places. However, a salary shark is a closed door type, they never seem to be actively involved in any programs and in order to get to see them a younger program person has to make an appointment two days in advance. In private business a formal closed door approach may work perfectly, but in youth work there has to be close daily cooperation and contact between the different levels of the organization. When a young worker needs advice or help they need it immediately, not two days later. You will also notice that when publicity pictures are being taken the salary sharks are always present, for 6 months you have not seen the person and then when a photographer arrives they suddenly appear out of nowhere perfectly attired for the activity and move onto center stage. The salary shark always tries to put themselves in a safe position, so their favorite game is "hold the authority — delegate the responsibility". When a salary shark takes over a new area of responsibility, they make sure that they retain full authority to make all the key decisions, but

they assign all the work to a subordinate, this is referred to as delegation of responsibility i.e. (work). There is nothing wrong with delegation of responsibility as long as you give the person who has been assigned the responsibility the authority that is needed to manage the job. The salary shark subverts the rule that authority should match responsibilities assigned, by keeping their subordinate helpless and powerless. The salary shark will retain control over all key decisions in the program, who is hired, how many hours will be worked by different people, how any funds will be spent and the program content. If the program fails the salary shark will blame the failure on the subordinate, even though the salary shark made all the wrong decisions, then the salary shark will fire the subordinate thus providing the salary shark the perfect scape goat to blame all the bad decisions making on. There are only two people who really know who made the decisions and with one of them gone nobody will challenge the word of the salary shark. If the program succeeds the salary shark will move in and take the lions share of credit. With the system of "hold the authority — delegate the responsibility" there is no way the salary shark can lose. Just like some owners of major league baseball teams who pull the strings behind the scenes, if the team loses they fire the manager and thus the blame for the bad decisions falls on the manager.

There are several ways to identify a salary shark. When weekend work is to be done the salary shark is nowhere to be found, they always seem to come in later than other people, and on hot days and Fridays they seem to have pressing programs commitments that take them in the direction of their summer cottage. They always schedule themselves for out of town conferences and seminars, but when it comes to clinics, work shops, and teaching assignments they schedule their subordinates. They don't like to embarrass themselves by showing how little they know about their chosen field of endeavor. Their office is always finished in the best available, no one expects an executive to use junk, but they could find attractive standard issue office equipment and cut the cost of finishing their office by 60%

or so. You will also notice that when a salary shark takes over the efficient, usually older secretaries, seem to disappear or get tucked away to some remote office. They are invariably replaced by younger, single, attractive secretaries whose actual work output is about a third of the person they replaced. The salary shark does this switch for two reasons, the first is because the older women knows what is going on and can quickly spot a phoney and the second reason is that every shark has a little wolf inside. They salary shark usually plays it cool, as far as having an affair, because they don't wish to give other salary sharks the ammunition to destroy them, but they love to have their ego buttered up by the attention that the young women give them, and since they could care less about the program, the work output of the secretary is a non-essential factor. The salary shark usually can not resist competing in conspicuous consumption with their private business counterparts. Instead of buying a regular Plymouth, Ford or Chev. they buy the top of the line model with all the extra doodads, that do nothing for performance but are ego props. A good youth worker, even one that is independently wealthy, tries to buy a plain car to drive to work and they will keep it for a few years. A good youth worker knows that people in the community that are supporting the program do not like to be outshined by the people their contributions are supporting. People assume that if a person involved in youth work has a couple of thousand to blow on a fancy status car then their must be some fat in their salaries and they cut back on their contributions. Another favorite trick of the salary shark is to go for the higher salary in a larger city and then later switch their residence to a small exclusive community near by that has a much lower tax rate. This game of mini-max, high salary, low tax rate would be perfectly legitimate if the person was a private business man or woman, but when a person signs on to work in a youth organization they are supposed to be dedicated to serving the youth of the area. How can an executive really know what problems the youth of an area face unless they are willing to have their own children attend the same schools, use the same playgrounds and encounter

the same difficulties that the other children face. When a youth worker makes a commitment to the youth of an area it is a total commitment not just a (9 A.M. to 5 P.M.) pseudo-commitment. Unless a youth personnel lives in the City or Town where they work they can not hope to understand what difficulties the young people are facing. The operation of the political process, the operation of the schools, the manner in which the police try to handle delinquency, and the availability of other recreational and training programs will all effect a youth program. A professional youth worker should not and usually does not get involved overtly in the political process or school committee hassles, but they should be informed and interested on a personal basis and that can only occur when one lives in the community where the organization is working.

Now that we have defined the salary shark and learned how to identify them we should examine how they take over an milk an institution. Many youth organizations have broadened their scope and have begun to conduct a wide range of programs. This shift, from a single purpose to a multiple function institution, has opened the Pandora's Box which allows the salary shark to turn an organization whose central purpose is suppose to be to help the areas' youth into a profit centered institution. Youth programs take a lot of hard work, funds and staff so there is no way they can pay for themselves. However, other programs that rely on professionals, instead of volunteers can be run at a good profit; health clubs, SCUBA, tennis lessons, adult physical fitness, and depending of the rates charged, rooms can be rented at a good profit especially in older buidlings where building costs have long since been amortized. Once a salary shark gets in charge of an institution the programs that run at a profit are constantly expanded, while the youth programs are slowly cut down until there is only a minimal token program left. Just enough youth program so that they can maintain a facade of respectability. What youth program there is will be of good quality, but no attempt will be made to recruit new youth members so absolute numbers will gradually fall off. In order to handle large numbers of young people a healthy

adult and junior leader volunteer program is necessary. The principle behind this is that one professional leader will train an entire cadre of volunteer helpers who can handle large numbers of young people. A key sign that a salary shark has taken over is that the volunteer structure will gradually decline and most work will be done by hired professionals. Hired professionals are easier to work with and they need the money so they are not likely to complain to any members on key committees or the Board of Directors. Often times volunteers are members of key committees themselves, and there is nothing to restrain them from registering a complaint, so the salary shark knows the volunteers must go. The program for training young volunteers is allowed to die so instead of having 30 or 40 young leaders in training only a few hand picked ones are kept and they are put on salary and promised summer jobs. The unwritten rule in the organization becomes not to make any waves or you disappear or your funds are cut. If a professional youth worker does become upset they know that rebellion will cost them their reference, which is the kiss of death in youth work, so they will out of self preservation keep quiet and do their job for 2 or 3 years and then apply else where and depart on good terms with their recommendation. Another key sign of a salary shark operation is that there is a high turn over in the youth program areas. In order to bring in new personnel the top salary sharks will at first go out of City, then out of State, then out of Region. The reason for this is that there is an undercover grape vine for youth workers and those people that are really dedicated to doing youth work begin to spread the word and area personnel of quality will avoid the institution. Once the volunteers and the old guard youth workers have been eliminated, then the way is clear for the salary sharks to do their thing. The profit making areas of the operation are expanded, outside property is bought and leased to commercial companies and since the proceeds are not tax able because in theory the youth organization is a non-profit institution, then the overall profit margin climbs upward to lofty heights. If the profit was being kicked back into the youth program, then these

procedures might have some justification, but, of course, this does not happen, the youth program budget is frozen at a low level and getting even small amounts of money for needed equipment is more difficult then getting a camel through the Needles Eye. True to its tax exempt status the youth organization that has been taken over by salary sharks remains a non-profit institution, the profits go into salary increases, inflated expense accounts, and perquisites. Profits that are left over are used for land acquisitions which are expained as being necessary for future expansion or building summer camps. It is certainly true that buildings have to be expanded and summer camps are a necessary part of the program, however the salary shark always seems to find someway of selling half the land to private interests at a good profit, but the profit somehow never quite makes it back to the camps operational budget and the expansion of the new youth facilites always seems to be just over the horizon. Now a good youth organization director has to run their program in the black or at a break even point, if the program runs in the red for too many years the organization will go under and all good work will come to a stop. However, the difference between the good director and the salary shark is where the profits are being directed. Only a close examination of the books of the institution over, at least, a 5 year period can reveal if the profits or available funds are being misdirected. The top salary shark makes sure that the other members of the top executive group are well rewarded. If a person does not make waves and keeps up good appearances then they find a yearly increase waiting and have no trouble with questions about their expense account. Soon the salary sharks have formed a tight nit group with their common interest so well understood that no words have to be spoken. Once the good-ole-boys have formed their circle of protection, they are almost impossible to dislodge. I say good-ole-boys because traditionally womens organizations have been so poorly funded that a women youth worker had to be either very dedicated or very desperate to take the job. However, as funds available to womens youth organizations increase, the salary sharks will begin to close in there,

also. I have divided youth workers into 3 groups, the salary sharks are the bad, the porpoises are the good and there is a third mid range group I call jelly fish. The jelly fish go along with whoever is in charge, they float with the tide, they don't make waves and under the right direction they can be quite useful. The job of the Board of Directors of a youth organization is to weed out the sharks, hire porpoises for the top positions and get the jelly fish floating in the right direction.

The last area to be covered is the most difficult, how do you go about getting rid of salary sharks once you detect their presence in a youth organization. Like the sharks in the sea the salary shark is a durable, hardy creature with a thick skin. Since a salary shark knows what they are up to they are very careful to cover their tracks every inch of the way. Since most of their mental energy and time does not go into developing the program and working with volunteers, they have lots of time left over to make themselves secure. Salary sharks love to have complicated reports drawn up with multi-color charts and graphs, they use these pieces of complex gobble-de-gook to snow committee members. The reports are so intricate that they look like the plans for a manned landing on Mars, and since most committee members do not have the time to dig through the report they accept the recommendations based on the report, with the attitude that anyone who could draw up a 50 page report must know what they are doing. The rule to remember in tackling the salary shark problem is that emotional fever or righteous indignation will accomplish nothing and will play right into the salary sharks hands. The only way to destroy the salary shark is with a carefully drawn up statistical comparison which proves the organization has strayed from its prime mission and that salaries and expense accounts are out of line with National averages. The key statistical comparisons are; what percentage of the budget goes to top executive salaries and benefits and expense accounts, what percentage of the membership are youth members, volunteer hours given compared to professional hours or volunteer hours given per year compared to the total budget, (always remember that statistics can be used to give a false impression unless you are on your

toes, the absolute number of volunteers listed by the organization can be very deceptive, many of the volunteers listed have not given service in years, or they attend a camp clean up and picnic once a year and do an hour of work, the important figure is the absolute number of volunteer hours donated per year. An organization may list 200 volunteers on its roles, but only 10 or 12 may serve regularly.) always compare the outside private holdings to the true value of property and buildings in use in the program or to the annual budget. Compare the rate structure of your institution with National averages, taking into account the higher price structure of big cities and different areas of the Country, look especially at the programs that generate profit. Compare the salaries of youth workers to those in other areas, compare the total salary package paid to youth personnel to the total amount of salary paid out per year. Find an institution that you know is being run properly and talk with the director about key figures so you can get an idea of what should be happening in your organization.

After you have gathered your figures and drawn up a comparative report, then you must seek out a person on a key committee or the Board of Directors that you think will be sympathetic to your position. Usually there are dissenters on the Board of Directors who would like to challenge the present management but they are waiting for some sign of membership discontent. Be careful in selecting your allies, you don't want to give the salary sharks any advance notice of their impending destruction. Contact other sympathetic members and members on other committees. Contact lower echelon youth workers, especially those that work part time or do mostly volunteer work, they may have built up a lot of frustration and are just waiting for the opportunity to speak their piece and since they have little to lose in financial terms, the head of the organization can not gag them. The next step is to start a letter writing campaign by concerned members and parents of children asking that the youth organization return to serving the youth of the community as its central purpose. Make sure that the letters are neat, to the point, contain no name calling or inappropriate language,

such letters only play into the hands of the salary sharks, the letters should stick to the facts, no charges on a formal basis should be made unless you can back them up in Court, describe conditions or programs that could be added or expanded, no statements concerning the character or reputation of specific individuals should be made, ask the Board of Directors to make a thorough investigation and if there are charges to be made, let them make the charges, because they have the power to look at the records and have them audited. In brief, the letters should be to the point, factual, simply worded, concise and should always contain a request for a complete investigation. The next step is to get a petition signed by as many members and parents as possible that asks for a complete review of the question of whether or not the present leadership of the institution is really dedicated to serving the youth of the community. Make sure that no illegal actions are taken or advocated by members of your group, such illegal behavior will only discredit your cause. The salary sharks will try to represent you and your supporters as a group of raving malcontents who are out to damage them for personal reasons, thus you must go out of your way to be calm, polite, and not to engage in personalities or name calling. Be polite, be persistent, be low key and stick to the facts and you will win.

The salary sharks will give away how guilty they are by the loudness of their protests of innocence. The rule of thumb is the more they protest the more they are trying to cover up. An innocent person when confronted with charges is usually slightly surprised, but in general, they are rather calm because they know that the facts will prove them innocent. An innocent person's attitude is one of complete openness, they desire to clear up the matter as soon as possible, and they welcome a complete investigation of any records because they are proud of their work. The salary sharks react just the opposite, they react just like the Watergaters; their first reaction is one of threats and bluffs, they threaten libel actions, which of course they will never go through with because going into Court would allow your attorney to subpoena records. The last thing they want is a complete dis-

clousure of facts. If a person threatens to sue you for libel then tell them that you will counter sue them and their attorney for bringing a nuisance suit without sufficient grounds. As long as your letter has not named names or clearly delineated any particular person, and as long as you stuck to the facts, just describing your opinion of the program, then they have no case. If you give a discription of actions or words used by a person make sure they are first hand, do not rely of second hand sources, they won't hold up in court. As long as your letter gives your opinions of the general operation of an institution and the programs, then you have every right to write that letter. Their next step is to wave their 50 page reports in your face, telling you that they have done a fine job. They have done a fine job of turning the institution into a profit making concern, and if they were in private business they would be a big success. However, in turning a profit they have totally subverted the mission of the organization, turning the youth program into a token facade. Just keep confronting the salary sharks with the facts and statistics concerning the size of their youth program as compared to the total budget and show the National averages that will clearly prove that your institution is running an undersized youth program. The salary sharks have sown the seeds of their own destruction and its all you have to do is to keep showing the comparative statistics. The next tactic of the salary sharks is to run silent and deep, they will try to hide and wait out the storm, hoping that the opposition will tire or make mistakes. After a complete investigation has been made, then the time will be right to have a letter writing campaign asking for the resignation of the offending parties and follow that with a partition to the Board of Directors. By then the Board of Directors will be disgusted with what they have found, and hell has no fury like a horn swoggled Board of Directors.

The salary sharks will be relaeased and they can now enter private business they will be free to try to turn maximum profit and they can take large salaries and have fancy cars and big houses. The point of this article is, that when a person enters a youth organization they are suppose to be dedicated

to the welfare of the young people in their community, not to making a big salary. The average American family has to get by on \$14,000 a year, now an average takes both highs and lows and no one expects a Director of a youth organization to live in poverty, but an income of \$25,000 dollars a year would put a person in the top 10% of the Country. If a person in youth work can not be satisfied with \$25,000 dollars a year, regardless of how high their position, then they should resign and go into private business and let other more dedicated people take over. If a person is getting over \$25,000 per year in 1976 prices, then they are just making a hog out of themselves and draining funds away from the young people. If the person is so talented a turning a profit then they should have no trouble working for Exxon, or IBM or some other big company, they could double their present income and thus allow youth organizations to get back to doing what they were originally designed to do.

A HEALTHY OLYMPIC PROGRAM

Since the Russians and the Eastern Block Countries are using highly organized state run programs to produce World class athletes, then the only way we can compete with them is to set up a well run Government financed program of our own. Once an American World class athlete graduates from college then it becomes almost impossible to find the coaching, facilities and time to properly prepare for World class competition. Our own Olympic structure is a tangled mess of committees that allows nepotism and favoritism to guide the selection of coaches and the allocation of funds. One possible solution would be for Congress to abolish the entire Olympic structure and to give the President the power to appoint an Olympic Commissioner, who would then hand pick a top notch selection committee that would pick the coaches for each sport. The Congress would allocate \$100 million a year to pay for the best coaches and facilities in those areas where

private financing was inadequate. The Commissioner would have total and complete control of the funding, if something was wrong with the funding then the responsibility would clearly be the commissioners. The best athletes would be chosen by time trials and National caliber meets and they could train intensively for 4 years until the next Olympics. The cost to the taxpayers would be \$2 dollars per person which is the best entertainment buy around and since there is nothing entertaining about continually losing, people could look forward to a strong American team in all events. As it stands now we have very little to cheer about in approximately 40% of the events which we have to right off as sure defeats. In many sports athletes do not reach their prime until they are over 25 and since most Americans finish college when they are 21 or 22, or 24 if they go to graduate school, there is no way a person in these events can prepare unless they are independently wealthy. If the Europeans use State financing and centralized leadership to run their Olympic teams then we must modernize and meet the competition on their own terms. Since our present Olympic structure is an archaic, entangled, inefficient mess then we have nothing to lose by change.

PRISON FARMS

The cost of keeping a person in a fixed concrete and steel prison which uses cells and huge walls is the most costly form of incarceration possible. The cost ranges from \$9,000 to \$12,000 per year and the results of such imprisonment are totally self defeating. By confining a person in a cell for years they are driven stir crazy and loose all ability to adjust to the outside world. The rates of recidivism are anywhere from 40% to 75%. The prisons mix hardened professional criminals with younger offenders who have only made one or two mistakes. The result is that prisons become training centers for criminals. With nothing to do in their cells, prisoners

just plot and plan the jobs they will do when they get out. It is difficult to run a reform program when the prisoners are being made either depressed or stir crazy by being put in a cell. The idea of putting a person in a cell for an extended period is a form of psychological torture, that is no longer even inflicted on Zoo animals. If the idea was chalanged in the Supreme Court it would probably be found to be in violation of the Constitutional prohibition against cruel and unusual punishment.

If prisoners were put on to prison farms they would be outdoors most of the time and they would not suffer mental deterioration. The hard work would help them keep their mind off their confinement and at the end of the day they would just want to eat and clean and hit the hay. Growing food or doing conservation work gives a person a sense of self respect and accomplishment. The food could be used in State run programs thus reducing the tax burden. The prisoners could live in cabins with simple coal stoves, draw water from a central well: Food would be served in a central mess hall. The cost of keeping a person in such a set up would be paid for by their own labor. High security prisons would be surrounded by a double barbed wire fence with a mine field in between thus no one would leave at night. Minimal security prisons would be just like a farm except they would be in more remote areas. The prisoners would have to wear an inch thick, round stainless steel collar with a combination lock, it would be covered with rubber, with a soft dacron cloth of bright orange. They would also have to wear two smilar hand bracelets except the thinkness would only be a half an inch. Thus even if a prisoner escaped they could be easily identified. A person could only escape with help of accomplices and not too many prisoners have that much influence or connections that they can swing a big escape. The use of the collars eliminates the use of a ball and chain. There would be no need for a job training program because the skills they would be using are useful and saleable. They would learn to do all the construction and maintenance work on the farms, they would learn to build the structures, they would help build dams and roads, they would learn to

operate and repair farm machinery and heavy equipment. They would learn how to drill wells and how to plant and harvest crops.

Prison rebellions would be ended, the public would save millions, the rate of recidivism has no place to go but down, and just the idea that the inmates were not being driven stir crazy and filled with hate would insure a reduced rate of recidivism.

Certain prisoners that were so violently inclined or mentally ill would of course still have to be kept in fixed institutions so they would not attack other prisoners, but at least 90% of those presently in jail should be able to live under this type of system.

The cabin system would also allow the mixing of male and female prisoners thus helping to reduce sexual frustration for the male prisoners and the sense of boredom and the loss of identity that women prisoners have when they are cut off from men. Contraceptives could be made available and free vasectomies and tubal ligations could also be provided. Those prisoners that could not handle a free mixed situation would be put on separate male and female prisons but would be granted a free sexual priviledge every week if their behavior was good.

GREED IN PRO SPORTS

Dear Sir;

Since the present situation with regards to players salaries is likely to result in much higher ticket prices and massive fan discontent which could seriously hurt the game I would like to suggest the only solution that could keep prices in line. I favor unions as much as any worker, but I have a great deal of time sympathizing with a striker who drives up in a Rolls Royce and says he can not possible get by on a mere \$200,000 per year. Clearly organized professional sports and baseball in particular are entirely different from a normal

industry. If the players claim they should be treated just like any other union then I suggest that their request be granted *in all areas*. Union members do not go around and sell their services for different amounts they accept a standard agreed upon wage.

The solution to the present dilemma is to ask Congress for a law that would limit profits to 15%, any profit over 15% would be donated to City charities, and players would get a standard wage, such as \$20,000 for substitutes and \$30,000 for starters, all additional payments would be made on the basis of performance criteria; extra base hits, E.R.A., fielding percentage, home runs, batting average, wins and loses, games saved, stolen bases, R.B.I., run saving throws, game winning or tying hits, etc. This system would be fair to everyone, the owners get a reasonable return on their investment, the players get a decent wage, the fans get lower prices on seats, and the City charities get a helping hand if a team has a good season at the box office. Since baseball teams cross interstate line the Congress has the authority to regulate the game. By acting now the owners can seize the initiative and get the bill through Congress before the players have time to play out their option year and reek havoc with pay scales. All contracts signed by players would be null and void by order of Congress, imagine the surprize on some high salaried players faces when they find out that they are now only worth \$30,000 a season.

HOW TO END STREET PROSTITUTION

The real victim of street prostitution is not the public or the customer, but the prostitute. Most street prostitutes loose most of their earnings to a pimp who gives them just enough to buy clothes and eat, they are beaten by the pimp, or abused by customers, they are frequently the target of psychopathic killers who desire a victim that the police do not care about. They are given no medical insurance, and are

not given regular medical exams for disease. The result is that they usually have V.D. and eventually suffer severe damage from syphilis. Their brutalized life and the ruthless manner in which they are exploited gives them a very negative self image which causes them to engaged in self destructive alcohol or drug abuse or to committ suicide. The typical prostitute comes from a very unhappy family life, usually a broken family, one in which they were physically abused by one or both parents, they early experiences with sex are exploitative and often involve force. They run away from home at an early age and have an extremely dependent personality, they desire either consciously or subconsciously to have a male dominate them and they are seeking a father figure that they lost or never had. The pimp becomes the father figure, his abuse is just a carry over from the abuse they received in the home, the prostitutes hate him, just as they hate their parents but at the same time they psychologically desire his controlling influence.

The only available method to clean up the streets and to end the vicious treatment these women are subjected to is to keep street prostitution illegal, but make prostitution under state liscence legal, under controlled conditions. The prostitutes would receive a good weekly salary, master medical coverage, be eligible for workmens compensation, receive weekly V.D. checkups from a health technician, and periodic check ups by Doctors. Prostitutes serve a valuable function by diverting male aggressiveness into non-violent behavior. Single males have the highest crime and violence rates, but if regular clean sex was available in a liscenced brothel then the rate of violent crimes would probably be significantly reduced.

THE POLITICAL POWER MANIA

Power is a strong psychological drug which most politicians quickly become addicted to. The first term a Congressman or Congresswomen is elected usually because the

previous person had fallen from favor and there was a ground swell for change. There is a moral tone to their campaign and they pledge to clean up the mess and restore confidence in Government. However, by the fourth term the person that went in with such high ideals and standards has had several scandals and is being turned out by some new knight in shining armor. The question is what happened to the person, what happened to their hopes and ideals? This process has been going on for 200 years in our Country; a new idealistic person goes in and 3 or 4 terms later they are as corrupt as the person they replaced. The overall amount of corruption in Congress appears to be a constant factor, in any given historical time period. Each year reforms are passed, each year new committees are created to police Congress and each year things go on as usual. Assuming that when Congressmen and women enter the process they are not particularly evil nor are they saintly, but they are just average people who mean well; then what happens to turn them into people who can rationalize patently dishonest practices.

I think the key factor in the corruption process is the intense addiction to power and thus the desire to do anything or promise anything that will get them the money to be re-elected. The first term they are a new face leading a crusade. The second term unless they have made some horrible blunder most people will return them figuring they need more time to learn the system and get some good programs through. However, by the third term election they know they are in trouble and only massive infusion of money to buy advertising will bring them victory. Like a junky that leads another fix of power they just have to get the money, and they will promise anyone to do their bidding if the price is right. In the first term it was just a favor here and a favor there, in the second term they were becoming one of the good-ole-boys you scratch my back and I scratch yours, and by the third term they were just a plain-ole-junky. They had rationalized their principles away so many times they could not tell their true position on an issue if their life depended on it. Lobbyists are professionals at offering bribes in the form of campaign contributions, so that the receiver of the

bribe really believes that they were going to vote that way anyway and the money is just a reward for having good sense. In the 1972 election George McGovern's big selling point was that he was a man of principle and not a scheming rationalizer like Dick Nixon, so what does the White Knight do for his first move; it is revealed that Sen. Eagleton has committed the horrible crime of receiving treatment for nervous exhaustion after 2 campaigns, a common ailment which most politicians suffer from in some form. First candidate McGovern says he will back his Vice Presidential candidate 100%, then several large financial contributors threaten to withdraw contributions, so McGovern abandons his principles and his choice and ruins the reputation of a perfectly good person. It was not just McGovern who became corrupted by the desire for power, but every politician who once elected succumbs to power addiction.

There is only one way to cure this problem of power addition and that is to limit Congressmen or women to one term; only once in their life can a person be a Representative, only once in a person life could they serve in the Senate. When a person was elected they would know that they could never be re-elected and therefore they could not be corrupted by campaign contributions offered by lobbyists. There would be no committees chaired by some old reprobate who was totally out of touch with what was happening. The Representatives and Senators could vote on the merits of the bill not on whether or not some powerful chairman or House or Senate leader goes along with it. People would look at high National office as a patriotic period of service rather than a life time sinecure to be held at all costs. The idea that it takes a person one term just to learn the job is ridiculous, most of the people elected have years of background in local politics or State politics. The only reason it takes a Freshman Representative or Senator a few years to learn the system is because the Congress is overgrown with cliques and power brokers and lobbyists.

HOW TO REDUCE TOBACCO AND ALCOHOL PROBLEMS

To ban tobacco or alcohol products out right would and has produced a black market for these products. Thus an outright ban does nothing to decrease the use and only creates a massive criminal problem. However, the sale of tobacco and alcohol is keyed to a highly sophisticated and lavishly financed advertising campaign that convinces people, especially young adults, that these products will promote sexuality, help them make friends, make them healthy, or help them to enjoy sporting events. Needless to say, tobacco and alcohol have nothing to do any of the above catagories. Constant bombardment by this advertising seduces young adults to believe that they can join the adult world by smoking or drinking. Once a person develops habits in smoking or drinking it becomes very difficult to break, even though the user now realizes that the advertising was misleading and their health is being ruined by use of tobacco or alcohol.

The only way to decrease the sale of tobacco or alcohol is to ban all advertsing in any form. If a young adult decides to use these products it would only be out of curiosity or a desire to imitate parents' behavior and not because they had developed a deep subconscious craving created by associative advertising. By banning advertising those people who desired to stop would have a much easier time. Tobacco advertising can be banned out right because tobacco contains proven carcinogenic substances; (such an outright ban would cause no conflict with the first amendment because the FDA has the power to ban the advertising of any product that contains carcinogenic substances.) The banning of all alcohol advertising would bring the matter before the Supreme Court. An important question would be posed, does the First Amendment apply to all forms of communication or can it be limited with regards to advertising. The Supreme Court has already ruled that local communities can ban both the advertising and the display or sale of pornographic mate-

rial so it would be a logical extention to allow the government to ban the advertising of a poisonous substance that has a high addiction potential.

RHODESIA

Dear Prime Minister Ian Smith;

I belong to a small group dedicated to using analytic techniques to find peaceful solutions to potential trouble spots which might become full scale wars. Our belief is that war is a preventable social disease that can be averted by reasonable action, if the action is taken in time.

Our conclusions regarding your present military position is that it is completely untenable. You are faced with the impossible task of waging a war against an external foe or foes, and at the same time will have to protect against a domestic guerrilla insurgency which will have support both passive and active of over 90% of your Countries' population. In order to defend your external boundaries you will have to mobilize such a large segment of your male population that your cities and communication lines will be highly vulnerable to insurgency. The Spartans developed a ruthlessly efficient military culture, and lived like slaves themselves, to dominate the Helots, but the ratio was only 10 to 1. The ratio in your Country is almost 24 to 1 and your white population is undoubtedly not willing to make the sacrifices that the Spartans did. Your external opponents can draw on an almost limitless reservoir of manpower and they are being supplied by external powers, so their supply of arms will never run low. Your external opponents can afford a loss ratio of 4 to 1 and still will have plenty of reserves left to wear out your white male population.

The best solution is to face military realities and to meet with local Black Nationalistic Leaders and form a government on the basis of majority rule and respect for minority rights. However, a representative model such as the U.S. or Great Britain employs would be a disaster in a Country where most

of the people are illiterate and have never experienced democracy. A possible solution would be to divide the Country into 10 districts by population, each district would elect one representative to a board which would elect one of its members as President. The President would have the power to make any law, and could only be over ruled by a 7 out of 9 vote of the Board, and could only be removed by a 8 out of 9 vote of the Board. The President could only serve for 5 years and then could not be elected to the Board or the Presidency for another 5 years, thus one person could not set up a Dictatorship. This form of government is a strong centralized model which gives tremendous power to the President, but this is exactly what will be needed to persevere peace in the Country and to prevent external interference. The White minority, which is in grave danger now, would be far safer under a strong chief executive. However, the President could always be checked by the Board and removed if need be, thus preventing a one person tyranny.

Your primary concern as leader of your Country should be to work out a peaceful solution and prevent a horrible racial war which will only end in the slaughter of most of the White young male adults. The forces that are being brought to bear against the White minority in your Country can not be resisted, in order for the White population to survive you must bend with the wind. After disaster in Vietnam the U.S. government will not come to your aid and your major moral responsibility now, is to insure the survival and safety of the White population. If you move with surprise and deliberate speed you can catch the external forces off guard and establish a Black majority government before they can escalate the conflict to their advantage.

VOLUNTARY EUTHANASIA

The idea of voluntary euthanasia is a moral question for the individual but for society as a whole it can be a method of relieving the tremendous financial burden of caring for

the aged. In ages past the rugged nature of life and the lack of medical care meant that average life expectancy was much lower and the weak and infirm were quickly weeded from society. From the stand point of productivity and survival this was a valuable and necessary process; a process that occurs in all other species of life insuring constant improvements, adjustments and thus survival under shifting environmental conditions. This process of natural selection insures that wild animals and plants remain healthy, vigorous and productive. However, in our human species because of medical progress and changing social ideas we have created a condition, where elderly, largely unproductive and usually ailing members of society can live years after the period when natural death would have removed them, by artificially sustaining them with drugs, complicated operations and by direct machine assistance. The older a person becomes, once they pass the age of 50, the more costly becomes their health problems. Once a person has begun to die Doctors can now stretch out the process for months running up huge bills, \$30,000 to \$100,000 would not be an unreasonable estimate given todays costs. Doctors under our system of law are legally bound to do this and must fight to keep their patient alive even though the person is obviously a terminal case. As the percentage of elderly people in our society begins to increase, because of increases in life expectancy and decreases in the birth rate, then the cost to those tax payers that are working will become enormous and unpayable. Unless our legal structure is modified to permit voluntary euthanasia, then the government will be forced to begin involuntary euthanasia, just like is being depicted in 1984 type novels.

Traditionally our society has preferred to give the individual the right to choose if possible. Voluntary euthanasia could be set up to run in the following manner; if a patient desired it and 3 Doctors certified that the patient was terminally ill and a judge signed the order then the patients Doctor could give the patient a painless injection. The law could be changed so that voluntary euthanasia would be

called natural death and the patients life insurance could not be cancelled should the patient elect this method of death. This change in the law would save society billions of dollars right now and it would allow people the right to die painlessly with dignity, while they were still mentally alert. It would preserve the right to choose the method of death one desired, so that those people who believed prolonged suffering before death somehow fulfilled religious obligations would still be allowed to suffer until death.

Once society accepts this concept the next step is to extend the concept of the right to voluntary euthanasia to any person over 65. Why should a person be forced to go on living if they desire to die? Many people find the idea of old age positively disgusting and once their body is on the decline have no desire to wait around while each part of their body slowly decays and falls to ruin. If a person has done all they want to and they realize that from a certain point onward they will just be subjected to suffering and frustration why should they be forced to hang on? Again society could save billions of dollars by allowing people over the age of 65 to terminate. A patient would make a request to their Doctor and the Doctor would get a mental health worker to co-sign the request and a judge would then authorize the voluntary euthanasia. The government could offer an incentive such as a free funeral or a \$5,000 payment to the charity or person of your choose.

The above methods would provide a voluntary way of eliminating old, ailing and unproductive people from our society and thus insure that our society remains strong vigorous and productive. It allows people the religious freedom to suffer as long as they want, and it allows other people that would rather depart while they still have some health left, to do so.

INDIRECT PRESIDENTIAL SELECTION

The top executive position is obviously an important decision making job that should be filled with the very best talent available. Unfortunately, the job of President has become such a demanding position that the pressures of the job literally destroy the holder. A President seems to age 10 years in a 4 year term and every holder of the job in modern times has commented that the pressures of the job are immense. President Roosevelt died in office, President Kennedy was assassinated, but aged 10 years in the 3 he served, President Johnson left office with his health in ruins, and President Nixon hastily departed with both his mental and physical health in question. Most of the really talented executives with the ability to handle the position would not touch it with a ten foot pole. The second problem with the job is that the President in given immense responsibilities, but our founding fathers were so afraid of a strong executive that they set up a very effective system of check and balances. The system of checks and balances is so effective, in fact, that when concerted national action is needed it is almost impossible to respond to the situation or the reverse; once the Federal Government enters on a certain path and the path proves faulty it is very difficult to bring the process to a halt. The Vietnam War illustrated this point perfectly, by 1967 or 1968, most of the Congress and the top adviser in Washington realized that the War was a complete blunder that never could be won and the best policy was to get out as quickly as possible. However, it took 5 years to finally leave which shows precisely how difficult it is to reverse Federal Policy; it took only 4 years to defeat both Germany and Japan by way of comparison. Top executives do not like frustration and the position of President is one of the most frustrating ever created. The third problem is that with the present method of selection only Nationally known political figures have a reasonable chance of winning a party nomination. A person must either be a State Governor or former Governor or a Nationally prominent Representative or

Senator. Most of the best executive talent exists in the private sphere and under the present system it is impossible to tap. Our present system of campaigning for delegates and then trying to win a party nomination wastes millions of dollars and gives the voters very little solid information useful in judging a candidate. The two factors which seem to have the most to do with winning the nomination are how good the candidates projects on T.V. and how much money the candidate can dump into the campaign. The fourth problem with the present set up is that during the first year the President is learning the job, then the President has 2 years to try to get a program through Congress and the fourth year is spent campaigning; by subtraction we see that the President has only 2 years out of 4 in which to be productive. If the President wins re-election then the President is immediately called a lame duck President, everyone in Congress starts maneuvering to make the opposing party look bad or to try to start their own Presidential campaign for the next term. The result is that out of 8 years of service the President is lucky if there will be 3 years in which anything can be done, and this only holds true if the President happens to be from the controlling party in Congress. If the opposite is true then the entire 8 years can be spent fighting and vetoing.

Any selection system for President should give the selectors a high quality of information on the potential of each person considered. The range of choose should be as broad as possible, drawing from both the Governmental sphere and the private sphere. The choose should be based on objective performance criteria and not on personal appearance or other irrelevant factors.

A possible method of selection that would be better than the present farce, would be to divide the Country into 10 equal parts by population and have each part elect one person who would sit on a selection board. The selection board, with the help of a computer, would pick out the top 100 prospects and would then narrow the choice down until one person was finally nominated. The person would be given an eight year term and could never serve again. The

President would choose the Vice President and the cabinet, and they would serve at the pleasure of the President.

This method would give the President, at least, 6 years out of 8, to accomplish something. The person selected would be highly qualified and would not have to waste valuable time running around the Country reciting speeches that they never wrote or making promises that could never be kept or trying to raise campaign funds by making deals that compromise their ability to do what is best for the Country. The process of direct voter selection is just an open invitation for powerful groups or wealthy individuals to control the selection process and to make deals that compromise the nominees from both parties. Since the President once selected could never hold another term there would be no temptations to build a power base or to try to establish a dictatorship. A person selected could look upon the nomination as a patriotic responsibility, a once in a life time opportunity to be of great service to their Country. The ability to be popular and conduct a succesful campaign seem to have little to do with executive ability. What is needed is a method of selection that puts stress on proven performance and objective test data.

NORTHERN IRELAND

Dear Sir or Madam;

I belong to a small group group which tries to examine problem areas and attempts to find logical solutions or at least to explore logical options that might bring peace. The Northern Ireland situation is a tragedy, in which the participants have been fighting for so long that their mental states appear to be bordering on the psychopathic. They have been drawn into a cycle of hatred, killing and revenge and are so blinded by their hatreds that they can never voluntarily bring an end to the killing. The moderate factions on both sides have no chance of arriving at a reasonable compromise

settlement as long as the extremists continue to fight. Given the factors in this equation I think there are four options available.

(1) *Do as you have been:* Since your present policies have not proved effective and have only resulted in spreading the terrorism to your own Country then I would conclude that some other alternative should be pursued.

(2) *Repartition Northern Ireland:* In human terms this would be a very difficult decision and would result in much suffering to those Catholics that would be forced to move South. The Republic of Ireland would receive a piece of territory equivalent to the percent of Catholics who had to be moved: i.e. if 20% of the population is forced to migrate South then the Republic of Ireland receives 20% of Northern Ireland. This solution would bring the killing to an end, but would mean a permanent U.N. or British Force stationed in the no-mans land along the Border. The British would get a black eye from both sides and the terrorism still might continue, but in abated form.

(3) *Make a Deal with The Republic of Ireland:* Agree, secretly, to a joint occupation of the Country with a peaceful unification based on majority rule but respect for minority rights. The joint occupation would insure that extremists on both sides would not disrupt the unification or try to seek revenge. The fighting would come to an end and the Republic of Ireland's Troops would restrain and disarm the IRA, while at the same time the British troops disarmed the Protestant extremists. The Protestants would scream sell out, but in time they would accept the fact that your Government took the only option available that would bring the killing to a stop.

(4) *To pull out and let the Irish work out their own problems:* The projected result would be that the extremists would have at it and the Republic of Ireland would have to march in and the unification would be completed but under bloody circumstances. All the Irish factions would hate the British and call the sudden pull out a moral desertion.

Given these four options I would choose the third because it brings a permanent peace with the minimum loss of lives.

Some may charge that it is capitulation to terrorism, but one must choose the best option regardless of who else advocates it. Later history will view the terrorist in their true perspective as mentally disturbed violent individuals who committed criminal acts instead of working for peace and unification in a proper manner.

WHEN IS CRIMINAL ACTIVITY MORALLY DEFENSEABLE

If a person finds themselves in a position where they are faced with starvation or severe economic deprivation that would endanger their health or if the provider or a family is faced with a similar situation, then their moral imperative is to ensure the survival of themselves and their family, even if it means violations of written law. The law of survival is a natural law woven into the fabric of all life by the creator of the Universe and therefore takes precedence over any Man made law. However, before the criminal violation would be considered moral or ethical a number of other conditions must hold true. 1. The person must have made a valid and honest effort to seek employment, and they should have been willing to except any job that would provide for thier basic needs and the needs of the family, (basic needs means basic survival needs, i.e. not a car or T.V. set or alcoholic beverage) 2. The person should make every effort to avoid violence and can not use violence just to escape capture, violence could only be used to save their life. 3. The person must have made every effort possible to seek aid or financial assistance 4. The crime can not be committed against poor or working people who would suffer deprivation if forced to bear the loss. 5. The person must give any extra money to other poor people or charities, (extra money is defined as any money that would be in excess of a family's basic needs for 90 days.) 6. The person must be prepared to accept punishment for the crime if caught, but the judge should

show mercy, if the crime was committed to ensure survival, i.e. the person is breaking the law to ensure survival, not subverting the law.

The reason that the law of survival takes precedence over human laws is that human laws are made by the ruling elite in society, usually the rich and powerful; if the rich and powerful people, that run society and make the laws, are so incompetent as to create severe unemployment or so callous as to tolerate unemployment, then the rich and powerful have broken the social contract and the person who is being crushed out may break the law to ensure survival with no sense of guilt or moral wrong. Naturally, the rich will always demand punishment for a starving bread stealer.

HAND GUNS AND SOCIETY

Many people in our society argue for prohibition of all hand guns, but the lesson learned from prohibition teaches us that it does no good to ban a product if it can be easily smuggled or illegally produced undercover. Because of the wide popularity for hand guns and the intense desire for ownership an outright ban on hand guns would only produce a huge bootleg blackmarket for hand guns. Criminal elements would have all the hand guns they desired. An expanded blackmarket in hand guns would lower the price and make it easier for a criminal to get one.

The problem with hand guns is not private ownership, but the fact that private owners keep them in their home. Burglars steal the hand guns and feed them into the illegal market and young children find them thus causing home tragedies. Because hand guns are kept in the home they are readily available if a person loses emotional control and thus are the weapon most frequently used in murder. However, if a National Law was passed that required all privately owned handguns to be kept in Police Dept. approved gun clubs and that restricted transportation of the hand guns unless a

Police permit was issued, then a private individual could own all the hand guns they wanted without endangering the community or their own children. The hand gun owner who liked competition in target shooting matches would have no problems in practicing or going to meets. If a gun club wished to have a meet they would send a representative to the police station to pick up a permit for transportation; the time period, number of guns, the meet site, and the serial numbers would be recorded and a small fee would be paid. By keeping the hand guns out of the home and in a properly protected storage place the chance of theft would be greatly reduced and home accidents would be illiminated, as wellas, spontaneous murders that are ususally triggered by alcohol and arguements. If a person desires a weapon for home protection a shotgun is far more effective. Even if a person is half asleep a shotgun gives them the advantage in a shootout.

STAR TREK

Dear Sir or Madam;

I have always been a Star Trek fan and I can not figure out why the series was canceled. There are millions of Star Trek fans both old and young in the Country and the reruns are constantly being shown, so there would be no lack of popularity for more new series. There has been no other series that years after being cancelled would still generate such enthusiasm. There must have been 100 good Star Trek stories written by both amateurs and professionals since the series ended. These could be adapted for television and two years of new shows could be produced from just the stories now in existence. If the Network needs new stories there is no need to hire professional writers, just offer \$100 dollars for each new Star Trek story that is acceptable for adaption and viewers will flood NBC with good stories. The people who watch Star Trek are the most talented persons in society in terms of creativity. The average I.Q. of the people who fol-

low the series is probably higher than the audience of any other series ever created.

Compared with the mindless violence that occupies prime time now, a Star Trek series would be a great improvement. A 6 P.M. time slot on Sunday or 5 P.M. on Sat. or Friday would be ideal. However, the NBC network does not seem motivated by a concern for producing quality programs that stimulate thought, but would rather push out violence oriented mindless crime dramas that do nothing but incourage certain people to committ crimes and become more violent.

The only way to motivate the heads of NBC is to use the motivational ingredient that they are obviously conditioned to respond to, i.e. money; a National Star Trek fund should be created to buy back the series. There are probable 3 to 5 million hard core Trexies, who have followed the entire series and there are an additional 5 to 10 million young people and Sci.-Fic. fans who like the series, so if each person gave between \$1 dollar and \$5 dollars a year, that would come to \$20 million. (APP.) With \$20 million dollars the National Star Trek fund could convince the "money androids" of NBC to restore the series. If the Network can not be persuaded to restart the series, then the money could be used to produce a couple of really good Star Trek movies per year or they might opt for 6 to 8, 2 hr. specials on T.V., with commercial breaks that would come to about 1 hour and half of entertainment.

Since the present situation is totally unacceptable then an investment of \$1 to \$5 dollars a year is a small price to pay to bring back Star Trek in some acceptable form.

PEACE IN MIDDLE EAST

Dear Sir or Madam;

I belong to a small group that attempts to use rational analytic techniques to devise peaceful solutions to potential

dangerous problem areas. Israeli, Palestinian, and Arab moves and counter moves have the potential to draw the major powers into direct confrontation which could set off a full scale nuclear conflict. Just as the Balkans was the powder keg for W.W.1., so the Mid-East could become the trigger for W.W.111. The sooner a peaceful long lasting settlement is arrived at the safer the World will be. In order to arrive at a long lasting settlement certain facts must be accepted as a basis for negotiation.

(1) *A permanent Palestinian State must be created, that will allow Palestinians a viable National existence.* (The reason for this provision is simple, the Palestinians have the military capability to keep the area in a permanent state of disruption and chaos until they have a Nation of their own. Though the use of guerilla warfare they can keep Israel and the Arab Nations on a constant war time footing, with each side forced to divert their time and resources to preparing for war.)

(2) *The Israeli Government will never permit the establishment of a Palestinian State with the Borders of Israel.* (The reason is that the establishment of such a State would divide Israel and make it vulnerable to quick conquest. The military forces of Israel would be forced to divide and they could be subjected to attack both from outside and inside. This is an impossible situation to defend against so Israel would never permit it to happen.)

(3) *If the Palestinians are going to give up Palestine then they are going to want half of Jerusalem to make up for the loss.* (Various religious groups have been killing each other for 2,000 years to control Jerusalem and unless the City is fairly divided the warfare will go on. If there was peace in the area Jerusalem would become a multi-billion dollar religious pilgrimage center because it is a Holy City for the Jewish, Moslem and Christian faiths. It would be an ideal project for the new Palestinian Nation and Israel to cooperate on.

(4) *If the Palestinians are going to get half of Jerusalem then the new Palestinian State must be carved out of the*

West Bank and part of Jordan. (The reason for this is that is the only territory available to carve the new State out of.)

(5) *The State of Israel is not going to get wiped off the map, barring an all out nuclear struggle between the major powers.* (Israel has the necessary military strength to hold its own against all the other Nations in the area combined. Fighting on the Defensive gives a considerable advantage to the defender because they are on their own territory surrounded by their own population and their supply lines are short, while the attackers must use extended supply lines in hostile territory. Israel now has nuclear capability, so an all out attack by other Nations is now, not a likelihood.)

(6) *Occupied territory taken during the 1967 War will have to returned.* (The reason for this is that the cooperation of the other Arab Nations are going to be necessary to create a new State of Palistine and insure a longlasting peace. The other Arab Nations will not cooperate until they know that they will get back lost territory.)

(7) *The State of Israel must receive a non-agression pact from the other Arab Nations and the new Palestinian Nation.* (The two pillars of Israel security are actually a strong military posture and a settlement of the Palestinian question, however, Diplomatic reassurances are useful in getting the population to accept the agreement.)

SAFE CONTRACEPTION

I have always been skeptical of the pill as a safe means of preventing fertilization. It appears that recent studies confirm what people had suspected for some time. The side effects and dangers of the pill outway its preventive benefits. There are two proven methods of contraception that are safe and effective, the safety and the diaphragm. The vasectomy and the tubal ligation are also 100% effective and safe, but there is a chance that the operation could not be reversed.

I think I have devised a method of performing the vasectomy and the tubal ligation so that there would be a 99% chance of restoration if desired. The Doctor makes a slight cut in the tube and inserts a solid tube that acts as a barrier, the cut in the tube is healed, while covered with a self disintegrating bandage that is absorbed into the body. If the person desires restoration the Doctor relocates the solid insert, makes a slight cut in the tube and removes it. If Doctors can place valves in hearts certainly they could devise a method for putting a barrier in a tube. The operation could probably be done on an outpatient basis. Once the initial expense was paid that would be it and the chance of operational failure or negative side effects should be about ½ of a percent or less.

BLACK EDUCATION FUND

It occurred to me that many Black athletes, entertainers, professional people and businessmen have large amounts of income far above what is needed for providing for their families and their own basic needs. Many athletes and entertainers, in particular, spend exorbitant amounts on personal luxury items, jewelry, fur coats, foreign cars, mansions and other so called status items that have no real long term value for themselves or their people. If some of this excess income was given to a non-profit charitable organization and turned into human development capital or business capital then many young black people that have now been condemned by an indifferent system to a life of crime, poverty and hopelessness could be trained for good vocational and technical jobs and those that showed the promise and the drive could be sent to college for professional training. The capital could also be used as seed capital for Black owned and managed businesses which could then provide jobs for people in the inner city where unemployment is ridiculously high.

The name of this organization could be "The 10% Club",

all members would agree to give 10% of their before tax income to the Club. Since the Club would be non-profit making and charitable the donation could be used as a tax deduction. No money from the Club would be used for political purposes because this would cause a sharp division between the more conservative business oriented Blacks and the more liberal or radical sports and entertainment oriented group. The money would only be used in for areas, 1. for vocational training 2. for technical training 3. for college professional training 4. for seed capital for Black owned businesses. By only using 4 areas that can be accurately monitored the membership will be assured that the money is being properly used and the membership can be shown definite yearly performance records; so many students graduated for vocational schools, from technical school from colleges, so many Black businesses started and successfully operating. People will only give large amounts of money to an organization if they are assured that 1. the money is going where it is suppose to and 2. definite results are being produced, results that can be quoted statistically. Many self help organizations go on the rocks because they have nebulous goals and the results are so delayed and spread out that people loose enthusiasm and stop giving. If you wish to be successful, do not water your goals down with too many objectives and make sure that the board of directors is regularly elected and that there is a waiting period of at least 5 years before a person can be re-elected to the board of directors again. The second big reason organizations fail is because a certain clique gains power and other people feel excluded from the decision making process.

The Mormons and the Italians and other religious and ethnic groups have used the technique of capital concentration to good advantage. There is no logical reason why Blacks can not do the same. In private hands money can buy goods and services, but only when money is concentrated as capital can it be turned into economic and social power. Blacks with good incomes must be persuaded not to try to imitate upper class whites by spending their extra money on conspicuous status items. Hit this message hard, "would you rather drive

a Cadillac and see a young ghetto Black condemned to hopelessness or would you rather drive a Chevy or Dodge and see a young ghetto Black become a medical technician,” “Their life is in your hands, you have the power to help” In our society economic power is political power, political power comes from the tip of a pen writing in a check book, i.e. campaign contributions. The more Black businesses you create and the more Blacks that land good jobs then the more political power you will have by virtue of having more money to finance candidates that you support.

FREEDOM OF RELIGION AND FREEDOM OF THOUGHT (SPEACH)

There is no principle that has proved its practical value more than religious toleration or in terms of law, religious freedom; 300 years of religious wars, persecution, burnings and intolerance showed that any attempt to enforce religious conformity does not work and results in great destruction. The separation of the powers of the State from religious authority is a must to prevent religious war. The Colonie is a social, economic and psychological movement not a religious movement. The method that a person chooses to worship God should be up to free choose, there is nothing more stupid and destructive than to see people fighting over the way to Worship or honor God. It should make no difference what religion a Colonie member chooses. Any attempt to mix so called doctrinal religion with Colonie recruiting would be a disaster. The second you have doctrinal religion then there is no end of debates with people arguing over every dot and comma, which leads to persecution and war. As long as peoples beliefs do not interfere with Colonie work or defense, then they can be recruited.

Colonie programming does not mean producing a group of people that all think alike, Colonie programming gives everyone a basic mental program so they can work together. After

the basic program is ingrained a person can add what ever additional study they have time for. A person should be free to read what books they want, but obvious pornography and violence should be eliminated or carefully restricted. Restriction for age groups should also be used, a young persons mental perspective and value system should be carefully built. A book might be destructive to a 12 year old, but an older person might gain benefit from the book and place the negative portions into the proper context. The psychological impact of any book, movie, play, work or art or piece of sculpture, or music should be carefully judged and the proper restrictions should be put on it. Thus if a young person wanted to listen to drug oriented rock music, they would be told that they would have to wait until they were 24 and had filled out an application at the music library. The music would only disturb and upset the young person, but if an older person studying the 20th century wished to listen, then of course they could be granted permission. To an older person over 30 years everything would be available but to the young, who might be damaged, restritive levels would be imposed. In general there are two types of art, art to serve the collective group and art of individual expression. Young people would only be allowed to view those art works that were screened and approved, but older people could view both types: Just as today we have ratings on pictures.

When Thomas Jefferson wrote the Bill of Rights I do not think he or the signers of the document intended freedom of speach to cover all the degenerate pornography and cheap violence that is pushed in the movies and on T.V., and on the newsstands. Freedom of speach was obviously intended to apply only to serious economic, religious, political, military and scientific thought, it was not suppose to be a license to allow low grade types to corrupt the morals of our young people and ruin our National will.

The Colonie will take steps to see that intelligent limitations are put on material, but that freedom of access is preserved for those people who can handle and profit from material.

CONTROLLED LEGALIZATION FOR HALLUCINOGENIC DRUGS

Whatever the merits or dangers of hallucinogenic drugs there seems to be a tremendous curiosity about their effects. Since they are relatively easy to purchase on the illegal market the banning of the product totally, creates an undesirable bootleg situation. Many people believe that the benefits to be gained from the use of these drugs outway the dangers, so if the dangers could only be confined to the user why not legalize the use. The problem is that the drugs appear to effect ability to perform in a safe manner in the everyday context of society, such as driving a car. However, if we legalized the controlled use of hallucinogenic drugs and treated their use like nudism, then hallucinogenic camps could be licensed. The users could go to a camp for 2 or 3 weeks and use the drugs they desired. If they had any negative effects the user would be the only person to suffer, and society as a whole would be protected. Regulations could require the camps to have a licensed psychiatrist or psychologist on duty plus a specified number of assistants that would ensure the safety of the users.

Many young people try hallucinogenic drugs just for the thrill of doing something which is dangerous and illegal. Once the use of such drugs is legalized, under intelligent supervision the thrill of doing something illegal will fade. A parent can then tell a young adult that the decision on whether or not to use such drugs will be theirs when they reach the age of 18. Most young people would not mind deferring the chance to try the drugs if they knew that eventually they would have the chance. Most young adults have the common sense to desire a safe context to experiment with the drugs and would not mind delaying the use of such drugs if it meant preserving their mind.

Many people consider the use of hallucinogenic drugs a profoundly religious experience and it seems a needless restriction on personal freedom to make them illegal if a

method of controlled use can be employed that would protect society.

BREAST CANCER

Although cancer itself seems to be a very complicated disease, the preventive measures necessary to safeguard against certain types of cancer may be quite simple. Cancer of the breast is not actually related to the breast structure but occurs in the lymphatic system. Since the lymphatic system in men and women is virtually identical the question arises, why do women have very high rates of breast cancer and men have very low rates. One possible answer is that both women and men use under arm deoderants that contain potentially carcinogenic chemicals, but only women shave under the arm, which greatly increases the rate of absorbtion. The harmful chemicals are absorbed into the lymphatic system, gradually the chemicals build up in concentration until the tissue becomes sufficiently irritated to become susceptible to cancer. Since the lymphatic system under the arm pit is directly connected to the lymphatic system under the breast then the transference of chemicals would be a simple process.

Another area of information that indicates that under arm deoderants, in combination with shaving under the arm, may be the prime cause of breast cancer is the fact that women who live in third world countries where under arm deoderants are not in wide use have virtually no breast cancer, while women that live in developed nations have the highest rates. In fact, the higher the rate of per capita consumption of deoderants the higher the rate of breast cancer. This relationship by itself does not prove that breast cancer is caused by under arm deoderants, but it is a strong and logical clue that breast cancer may be linked to use of under arm deoderants.

The immediate solution is quite simple, women should

stop shaving under their arms unless they absolutely have to. The deoderant industry should find chemicals that are less likely to produce cancer. People should reduce their consumption and adjust to a little more oder. There is no imperative reason why a married women need shave under her arms, her husband will not desert just for that reason.

HOW TO STOP A TORNADO

In order to stop a tornado the first step is to understand how a tornado operates. This piece of knowledge is difficult to come by since tornados appear quickly, move in unpredictable ways, and have high wind speeds. However, from the use of logic it could be concluded that the small funnel that appears below the cloud layer could not possibly produce sustained wind speeds of 300 to 600 miles an hour. The part of the funnel cloud that has traditionally be called a tornado is actually just the very tip of a huge funnel cloud that extends miles above the bottom of the cloud layer. The bottom piece that the ground observer sees is like the tip of an ice-cream cone. If this assumption is true, which it is since there is no other way a sustained wind speed of over 300 mph could be sustained, then there is a practical way of stopping a tornado dead.

A clean tactical nuclear explosive could be dropped into the funnel by a jet flying over the top of the funnel. The device would be set to explode in the upper part of the funnel far above the ground. When the tactical nuc. went off it would super heat the air inside the funnel causing it to rush up and out of the funnel. The air pressure outside the funnel would collapse the upper part of the funnel and thus deprive the lower part of the tornado of its energy source. The lower part of the tornado would turn into a harmless little twister and would quickly spin itself out. A clean tactical nuc. would produce no dangerous fallout and the people on the ground would be protected from the flash by the thick cloud layer. I

am sure a Nuclear Test Ban Treaty could be renegotiated with an exception for an above ground blast when used for peaceful purposes.

The Air Force could arm Air Defense fighters with the proper armment and have them on stand by during tornado season. A ground controller tracking the tornado could give the pilot the signal to drop the bomb if a tornado headed toward a populated area, thus saving hundreds of lives a year and millions of dollars of damage.

NUCLEAR POWERED CARGO SUBS

Dear Sir;

In the event that the U.S. is involved in a nuclear conflict, we have no reliable method of shipping troops overseas. Once a conflict goes nuclear, surface ships are just sitting ducks for nuclear power subs with nuclear missiles. Air fields would be useless and most places will be inoppperable after a major exchange. The only method to ship men rapidly is by nuclear troop carrying subs. This method is not impractical, give our present state of medical technology. We could place 2,000 or ever 3,000 men into a semi-hibernated state with both drugs and cooling techniques that slow metabolism, and then ship them in horizontally stacked rows, like so much cord wood. They could be kept asleep for 10 or 12 days and shipped anywhere in the world. A fleet of 50 such jumbo transport subs could ship 100,000 to 150,000 combat troops to any spot on the earth.

Now if the scenario included a total exchange between the U.S. and the U.S.S.R. we would lose 90% of our population and labor force in the first hour. The U.S.S.R. would have the advantage of a first strike, they have developed huge 50 Mega-ton warheads which would be ideally suited for destroying our labor force, 90% of which is concentrated in 100 densely packed metropolitan centers. Because they have the advantage of a first strike they can have their population

shielded in shelters and thus lose only 50% of their labor force. They, also, have all the capital equipment in Eastern and Western Europe to draw upon to rebuild, while we have no other alternate source, except Canada, which will surely be targeted.

To rebuild and hold the Country we are going to need a labor force immediately. The only place to turn for a highly organized labor force is the P.R. of China. They will desire to help us for two reasons; (1.) If we do not rebuild then the U.S.S.R. will dominate the World and the P.R. of China will have no room to maneuver, as they do now. and (2.) We can give them more sophisticated technology to boost their defensive capability and thus help check the U.S.S.R. In other words, if the U.S.S.R. does get in a first strike it will be a matter of survival for the U.S. and the P.R. of China to unite.

But how do we get 10 million to 20 million Chinese workers over here to help rebuild. A. We must control the Pacific with a Superior sub fleet and B. We must have a fleet of jumbo nuclear transport subs ready to transport the labor force. Surface ships are useful in non-nuclear situations, but if you are not prepared to win the big one, or at least hold your own, then you are out of the ball game.

I recommend:

(1) That the U.S. de-emphasize surface ships and keep only a few good carriers and destroyer escorts for non-nuclear situations.

(2) That the U.S. Navy concentrate on Nuclear attack subs to hold the Pacific and that we build a fleet of nuclear jumbo transport subs to bring over a labor force.

I realize that this must sound like something out of Dr. Strangelove, but my analysis leads me to the inevitable conclusion that the U.S.S.R. is preparing to win a first strike, (if it feels that the U.S. may turn into a totalitarian society and thus be able to concentrate its' resources on weapons production and pull out a significant weapons break through). This business of detente is just so much hogwash designed to make us drop our guard and set us up for the big sting.

CIA

Dear Sir or Madam;

The necessity of preventing abuses by the CIA is obvious if our society wishes to preserve individual freedom. However, few people understand the true importance of spying in preventing nuclear war. If the major powers refused to spy on each other then they would always be forced to assume the worst in making military calculations. If spying did not provide accurate data about the other sides intentions then nations in conflict would quickly be drawn into a war posture, because in the absense of hard data each side would have to prepare for the worst: Fear and distrust would rule the conduct of foreign policy and in such an atmosphere war would be inevitable. The reason we can conduct negotiations and make economic trade pacts with the Russians, and the reason they will deal with us, is because our spying operations create an atmosphere of limited qualified trust. Even if we could totally eliminate Russian spying in this Country it would not be in our interest to do so. If the Russians could get no reliable data out of this Country they would be forced to view every act as provocative and hostile and that situation would soon lead to all out war.

The true danger with the CIA abuses is that these Mickey Mouse, James Bond type operations divert time and money away from the more important mission of gathering, analyzing and corolating important data about Russian intentions and capabilities. The CIA is the eyes of the Executive Branch; neither the President, nor the Joint Chiefs of Staff nor the State Dept. can make intelligent judgements without reliable and correctly analyzed data. The Cuban Missile Crisis and the Middle East Situation were satisfactorily handled because the people in decision making roles were given accurate data intelligently analyzed. The Pay of Pigs and the escalation of the Vietnam Conflict were majored foreign policy blunders and were primarily the result of inaccurate and poorly analyzed data being feed into the decision makers.

A track record of 50% is not good enough to insure our survival. The major reform needed for the CIA is for its members to understand the critical importance of gathering data, verifying its accuracy and analyzing it, so our leaders can be given an intelligent overall picture of what certain foreign powers are trying to accomplish. Toppling foreign overnments, causing people to disappear and rat fucking foreign intelligence operations may be exciting and emotionally fulfilling, but our national survival is much more closely related to gathering reliable data and intelligently analyzing it. The second reform is for the CIA to be given an overall mission and a list of specific priorities based on that mission. It is very easy for agents to get side tracked on to low priority missions when there are no difinite priorities assigned. I would venture a calculated guess that if you asked members of the CIA what their overall mission was and how their specific job was related to that mission over 50% could not give adaaquate answers. It is essential that the moral of the CIA be improved and that its members be given a sense of positive mission and a set of priorities to guide them in accomplishing that mission.

DEMOCRATIC LEADERSHIP IN THE COLONIE

The Colonie uses a strong principle of leadership but it is completely democratic. Each Colonie of 10 people elects its own leader and each 10 leaders progressively elect the next highest leader until all Colonie organizations are under one leader in a Nation. The Colonie forces in each Nation will be independent of each other until the Colonie is the dorminant World force. National independence of Colonie forces is necessary at first to ensure that each organization can pursue the tactics that are best suited to success in each Nation. The heavy handed and awkward Russian attempts to control Communist movements in other Countries doomed these movements to failure, until local National leaders realized

that only by pursuing an independent course handtailored to their own Country could success be achieved. If Colonie forces in one Nation are controlled by the Colonie leadership in another Nation, than the local powers that be will look on Colonie forces as just a pawn of another Country and they will loose credibility, thus aid and advice can be given but truely independent National leadership must be the rule until all major World powers are under Colonie leadership. It could be possible that a Federation of World Nations will be possible without one overall leader, but this will be for future generations to decide. The time table must also be flexible and based on the calculation of analysts that will have more exact data to work with. The first two goals are to prevent a nuclear war or biological holocaust, and to establish a genuine World Community; during this period the Colonie structure will continue to expand until it is the dormant social and political structure in each major Nation. At that time the leaders of the Colonie in each Nation will decide what type of World government will be used.

Unified National leadership in each Country is a must to prevent fractionalism. A single National leader in each Nation will be chosen at a National convention. The usual bickering over which delegates should be seated will occur and then an election will take place. It is very important to be fair in seating delegates and make sure that an equal number of representatives represent an equal number of people. If it is determined that 1 delegate gets one vote for every thousand Colonie members than, if a delegate only represents 100 members then the delegate would receive $1/10$ a vote. i.e. proportional and fractional representation. If a single delegate is sent to vote for 100,000 members then the delegate gets 100 votes. The first convention is going to be very ragged so it is important to make sure that every Colonie group, no matter how small, gets their fair vote or fraction of a vote. The first convention should have the early sessions as closed door until all the nasty wrangling is over. Have special P.R. people to handle the press and keep them happy. When things have been smoothed out then open up the sessions to the press. Try to cultivate good relations with the press, keep

plenty of liquor on hand and provide attractive escorts to guide them around. Have plenty of security on hand and try to have the first conventions in fairly remote settings, do not try to exclude the press from the general area, or show favoritism to friendly members, but a remoter setting does reduce the amount of press to a manageable number, plus it makes security easier. Plan in advance for all accommodations, do not drown some small town.

A Colonie leader at any level can be overruled by a vote of 7 out of 9 council members and can be removed by a vote of 8 out of 9 members. This is to prevent the rise of a Dictator or Fuhrer that is out of their mind. The Colonie leadership is based on democratic and collective principles although power is exercised by a single leader. The Fuhrer principle allows for quick development, but it also allows quick destruction when the single all powerful leader goes off the deep end. If any leader refuses to obey a binding council vote to override a decision or to remove the leader, or if the leader tries to attack or disband the council controlling that leader then at that moment all Colonie members will refuse to obey the leader and will put the leader under arrest or if need be shoot the leader. No dictators will be allowed to arise in the Colonie. If due to some emergency situation a person must assume authority that is not elective, or if the council is somehow destroyed, then the collective group immediately surrounding the new leader will appoint a council and at the first opportunity an election will be held, for a new council and leader. The Communists allowed the Dictatorship of the Proletariat to be established to make sure the Revolution was cemented, but the problem was how do you take down a dictatorship once you set it up. The Communists have yet to solve this problem, and the result is that once a leader becomes the Dictator there is virtually no way to remove the person without a nasty power struggle. The Czech Communists tried to implement democracy, but the Russians crushed them out because they did not want the precedent to be set. The rationalization they handed out was that it would weaken the defenses against the capitalists countries in Western Europe and the NATO forces, but this is

a bad joke, because the Soviets and the Warsaw Pact forces have more than enough fire power to stop an invasion. The Chinese had the same problem, Mao was a great leader of the Revolution, but he should have retired from power 20 years earlier. The Colonie strength is collective leadership, we regularly alternate leaders, we train and build up a good supply of leaders, if one top leader is killed or dies, no big deal, another one just steps in. We are guided by principles and careful analysis, not by the whim of some self appointed dictator, and thus in the long run we will triumph. We can loose battles, we can suffer set backs, but in the long run we will control the Planet.

THE RELATIONSHIP OF THE VAMPIRE MYTH TO UNITARIANISM

The following theory may not have factual validity, but I think that there is at least a 50% probability that the Myths about Vampires were spread by the Catholic Church in order to discredit medical and scientific inquiry into the workings of the human body.

With the beginning of the Renaissance those people that were educated began to question, not only the formal dogmas and practices of the Catholic Church, but the orthodox theory concerning disease. Up to that time disease was caused by either evil spirits or by bad blood, (but with the invention of the printing press and the influx of Christian scholars from Constantinople who brought with them books on medicine by the Greeks and other ancients) doctors and alchemists realized that the science of the human body and disease was far more complicated. There developed an irresistible urge to scientifically investigate the workings of the human body, and this could only be done by autopsies performed on cadavers or during or just after a battle. With the fall of Constantinople to the Turks in 1453, scholars bringing Greek books on Medicine found a safe refuge in Transylvania where

they could study and teach without the heavy hand of the Roman Church crushing out their inquiry. Thus it is logical that aristocratic doctors, influenced both by the Reformation and the Greek teachings on Medicine, would desire to get cadavers to do research on. Any operating on the body, whether alive or dead was considered a serious sin by the Catholic Church and punishable by death. I believe that the Catholic Church in an attempt to suppress this medical research began to spread rumors of Vampires to arouse the population and to scare the early scientists into ceasing their research. It is easy to see how the ignorant and superstitious peasants could be made to believe stories of Vampires. People who go into grave yards at night to raise up the dead, must be evil tools of the devil. People were always superstitious about bats because they lived in dark caves and flew out at night. Since bats, as we have recently learned, are the prime carriers of rabies; then a bat could by biting a person turn them into a mad dangerous person. It is easy to see how some woodsman suffering from rabies could be taken for a Werewolf; wild eyed, foaming at the mouth, groaning and moaning, that would be enough to scare any person into thinking they had seen a person, who was half wolf.

Early experiments in blood transfusion could easily have started the rumor that the Vampires were drawing the blood out of people, and if some person who received a transfusion died because they received the wrong blood type, then it would not take a Priest long to convince the towns people that the evil doctor had drained the blood and soul out of the person and thus was a Vampire. The Catholic Church then began to realize that it had created a very profitable instrument of terror. The stories of Vampires must have driven up the sale of crosses and other official blessed religious artifacts to new heights. Every time some person disappeared or a young women was found dead, the stories would spread from town to town growing more horrible at each telling. Now in addition to heresy, the Church could accuse a rich nobelman of Vampirism and thus seize valuable property for two reasons. There was the belief that the blood of a younger person could have made the aging process stop

or reverse, thus when Doctors tried to save people by transfusion, they opened themselves up for the charge that they were sucking the blood of the young to renew their own lives and thus were Vampires.

I have no proof, but it could very well be that the Doctors and scientists realized that in order to protect themselves and create a climate of greater toleration for scientific inquiry, that it was necessary to create or sponsor a respectable religious group that stressed freedom of inquiry and toleration of different religions. Anabaptists had many ideas that were later advocated in whole or part by Unitarians, but their radical social ideas had alarmed both the Protestants and the Catholics to the point where they were literally exterminated, but their more popular beliefs went underground.

The founders of the Unitarian movement in both Transylvania and England saw the practical necessity of remaining completely orthodox on social and economic areas, and of concentrating their attention only on matters of religion. In both Nations, where medical research and the illegal use of cadavers were taking place, were also the same two places where the Unitarian Church sprang up and was supported by well educated people, who had everything to lose by not professing the Orthodox faith. I thus draw the conclusion that the Unitarian Church in some cases was thus used as a legal and respectable front group for scientists, doctors, and other free thinkers who were committing what was at their time horrible crimes. At the very least it was a very convenient marriage between those people who wanted freedom in both scientific and religious inquiry. Thus, in a metaphorical way of speaking, the Unitarians are the ancestors of the "Vampires". Good Christians have long suspected this anyway, but now young Christians can be on guard when they date a Unitarian and wear a high collar, a large cross, recently dipped in Holy water, and chew a few garlic leaves.

By the beginning of the 16th Century when Unitarianism started to grow in Transylvania the term Darcula was generally applied to any person who committed horrible acts, just as today we call a traitor, a Benedict Arnold. The real Darcula was a Duke or Petty King that lived in the 14th

Century and was known for his cruel tortures and mass murders. Thus an aristocratic Doctor that used cadavers for medical research could easily have been referred to as Count Dracula by the local peasants.

The kiss or, what in myths is pictured as a bite upon the neck, may have been a secret greeting between Unitarians who knew of the secret medical research. It is also easy to understand how the Orthodox Protestant and Catholic Churches may have considered conversion to Unitarianism as equal to the loss of the soul.

IS MARS A PLANET DESTROYED BY WAR?

All the data coming back from the Mars probes indicates that Mars is a destroyed planet, i.e. a planet that at a former time had a much richer atmosphere and sustained a much richer collection of biological life forms. It would be exciting and useful for purposes of moralizing to say that the Planet was destroyed by a massive thermo-nuclear war such as our Planet is about to be dragged into, but there is no proof of that yet. Mars could have been destroyed by the natural loss of atmosphere due to its lower gravity than Earth. It could have been destroyed by certain natural changes in the content of its atmosphere. Mars could have been populated by an advanced race who fought a space war with a superior power and came out on the short end.

If Mars was inhabited by advanced intelligent life, (i.e. more technologically advanced than we are at the present time.) than right now buried beneath the surface in underground complexes the remnants of a once great civilization may exist. If they destroyed themselves through an internal war, then we might learn valuable lessons that could save our own planet from this same fate. If they were destroyed by an external power, it could be very important to know just what they did to deserve this fate. There might possibly be advanced technology buried in underground computers, which

would have military potential. In order to prevent a dangerous space race to Mars between the U.S. and the U.S.S.R. I would like to suggest that an international mission be flown involving the U.S., the U.S.S.R., the Japanese and the Germans. In this manner the cost can be spread out. A few thousand miles away from Earth a huge Mars craft would be assembled, this mother ship would travel to Mars and circle the Planet and send down exploratory missions. The mother ship would gather data and send it back to Earth. Even if some disaster struck the exploratory missions on the surface, like the presence of a deadly virus, the mother ship could always return, if the crew of the mother ship had been infected, then they could radio all data back and self destruct.

**"HOW CALIFORNIA BECAME THE NEW ATLANTIS"
OR
"THE OILING OF THE SAN ANDREAS FAULT LINE"**

With all the problems that are occurring on the Alaskan Oil Pipe Line, it is evident that a large amount of oil will be spilled; to compound the accidental leaks due to defects there will undoubtedly be sabotage, minor earthquakes, landslides and man made accidents all of which will spill millions of gallons of oil. Some of this oil will find its way into underground water supplies. Underground water can travel hundreds of miles and thus the oil will be carried to the fault line. Back in the mid 60's lubricants dumped in an underground sump at Colorado Springs traveled via underground water to Denver and lubricated the fault line there causing a series of minor quakes, until the Army discovered the mistake and removed the lubricants. Fortunately for Denver, there was no major pressure build ups in its fault line, thus only minor tremors occurred. However, Seismologists have detected signs of major pressure build ups in the San Andreas fault line that runs from Alaska through California. Under normal circumstances this means minor quakes

followed by one or more major quakes (7-9) on the Richter Scale, at some future date. But with today's modern techniques of prediction, loss of life could be kept to a minimum under natural circumstances.

However, if the fault line is artificially lubricated by oil at the major pressure points a series of major quakes could be set off without warning, and depending on the extent of the lubrication and the positioning of pressure points, the quakes just might cause the entire plate to slip. Large sections of the West Coast from California to Alaska would disappear into the Pacific. The entire country would get its teeth shaken out. Tsunamis would kill thousands throughout the Pacific.

It would be a red letter day for seismologists, glass manufacturers and religious fundamentalists, who would say it was God's wrath being visited on the sinfull hedonists in Los Angeles and San Francisco.

However, it would be a great disaster for our Country and the other nations located in the Pacific basin. Millions would be dead and the most populous and the most productive State in our Country would be totally ruined and all because of the greed of a few large oil companies.

Maybe the large oil companies will try to recoup their losses by starting a tour service. "Come see the New Atlantis (formerly known a California) unspoiled untouched, unpopulated and under water." We just thought you would like to know.

Of course, there is a common sense solution. Stop this idiotic venture now. Learn to use selective amounts of lubricant to gradually reduce major pressure in fault lines by encouraging minor quakes. But in the battle between common sense and greed, greed usually prevails. The big oil companies will hire their own "impartial experts" to say that nothing could possibly go wrong. The Government will hire a group of tweedy academic pipe smoking father figures, these kindly gentlemen will reassure the people and calm their fears and then, just when the people are settled down, mother nature with a little assistance from the oil companies will dump half the state into the Pacific. The smart money will start buying land above sea level in Nevada, which will become the

Miami of the West Coast, as the Pacific roles in over what was California.

THE DEATH OF A WORKING WOMEN

The names and location of this story have been left out to protect both the innocent and the guilty.

At approximately 4 P.M. with the main streets of a busy community of 100,000 filled with commuters, a young women gas attendant was murdered inside of an all glass fronted gas station, to full public view. Her assailant, a young man with a knife, stabbed her 8 times in the chest and face and stole a little more then 100 dollars from the cash box. The assailant then climbed into his car and drove clean away from the center of the city, never to be seen again. The gas station was located almost directly under the police station. There were eye witnesses to the crime. There was a composite drawing of the killer.

The crime was hedious, but the reaction of public officials was even worse. There was no reaction at all; the most horrible and blatant crime in the history of the city and both the Mayor and the City Council acted as if nothing had happened. The indifference was deafening. There was no reward offered by the Mayor or City Council. There was no publication of the composite drawing in the big area papers. There was no, round the clock investigation, by teams of detectives, which in fairness in the police is a political decision made by the Mayor: i.e. the Mayor never bothered to send the request to the Chief of police, asking that the case be investigated until it was broken.

The case and the young working women were just quietly written off. A reward, in all probability, would have broken the case, since all evidence indicated that the robber was involved with drugs. Since people that are involved with drugs travel in a small circle of users, pushers and contacts and since most junkies would turn in their mother to get a

\$20,000 reward, the Mayor had only to get the City Council to approve the reward and the case would have been solved. But there was no reward.

The question that keeps reoccurring is, what would the response have been if the young woman had been the daughter of a rich influential citizen. Every working class person knows the answer, the Mayor's office would have brought all the resources available to catch the killer. But the Mayor was a successful upper middle income lawyer so the death of a working class woman was just an unfortunate statistic, something to be recorded and forgotten.

I will not bother to make any general social comments on this story the facts speak for themselves.

THE DANGERS OF MARIJUANA

Marijuana is a very deceptive and tricky drug i.e. the active ingredients that are contained in the plant. The effects seem to be mild, but in fact the active ingredient is the most potent psycho-chemical per unit volume. The effect of just one usage (following initial usage) can seriously affect a person's ability to reason, to make mature judgments, and to draw on valuable memories, for up to one month. No one knows just how the chemicals act, but a person who uses this drug can increase their immediate pleasure and enjoyment of stimulus; the person becomes like a small child or baby in this respect, every stimulus seems amplified, just as it did when we were infants. For whatever reason, a person using the drug suffers a personality regression, that is usually not noticed until the person finds themselves in a situation that requires mature judgment. When this happens, if the person is honest with themselves, they will see that they did not act in a manner consistent with their maturity and judgment, which they had prior to taking the drug. Whereas, alcohol attacks reflexes and inhibitions, marijuana attacks judgment, values, and critical judgment based on past experience (you might call

this savy or horse sense). Even a small amount of marijuana combined with a small amount of alcohol can turn a person into a very deadly driver. The more mature a person is, the more a person depends on their reason, the more obvious are the ruinous effects of this drug. The young people that would be the leaders of this society are being psychologically castrated by this drug. Those people that always follow the crowd and can not reason things out for themselves seem to suffer very little change in personality from marijuana, they just become a little more flakey and a little more impressionable. But on those young people with firm values, and mature personalities the result is devastating. The person who uses it regularly, once a week or more, loses their values, their personality structure, their will to achieve and their ability to make mature judgments based on long range considerations. The more a person uses marijuana the more child like they become, one minute happy, the next minute angry, the next minute sad, just like a child, they will strongly imprint on the present situation, and are not be able to put it into perspective.

Once a person uses the drug, their present experiences are so strong, that their valuable past learning experiences are pushed far back in their consciousness; and what is a mature attitude based on, if not our past mistakes. Thus the individual is reduced to a child like level, but unfortunately, the person is an adult, with the adult capacity to drive cars and do other things that can injure other innocent citizens. We now have 20 million users of marijuana in the U.S. and there is a billion dollar trade in grass which is increasingly controlled by organized crime. But the real menace that looms in the future is the legalization of the drug and the sale and advertizing of the product by big business. If people can be tricked and brain washed into smoking cigarettes, just imagine what will happen with grass. Within 5 years this Country will be psychologically destroyed and what little moral fiber is left will float up in puffs of smoke. The Russians will not have to invade, they can just sit back and wait; the will and resolve of this Country will decay along with productivity. Things will eventually get so bad that a totalitarian govern-

ment will arise and then the difference between the U.S. and the U.S.S.R. will be not worth mentioning. Until such time as total disarmament can be achieved and a World community established, the balance of power between the U.S. and the U.S.S.R. is vital to deter a large war. All those forces interested in preserving this Countries power and preventing a major nuclear war should unite on the issue of keeping grass illegal and all efforts should be made to discourage use.

THE LAST TRUMPET SHALL SOUND

If all the efforts of Colonie and Foundation members should fail, and other progressive forces that are working for peace, and a major nuclear or biological war breaks out, which in all probability will destroy our species and maybe all life on the planet, (advanced life), then it would be useful to advanced visitors who might come to our planet to have a complete record of our planet. We have a moral obligation to God and to other intelligent species to leave a record of how this planet was destroyed and what was accomplished during our brief and violent rule of this planet. If for some reason humans survive a biological holocaust or nuclear war then it will also be useful to have data storehouses available to help rebuild the planet.

Religious orders would be wise to start right now with the collection and storage of all material that would be valuable for rebuilding or to give future visitors to the planet an idea of what went wrong. Large pyramids of stone plastic and steel could be built and the material could be sealed inside so that it could only be opened by an advanced culture, (these temples of history would be for advanced species that visit our planet), a second type of temple would be for survivors of a holocaust, it would be much easier to open and the material contained would be organized to help in the rebuilding process.

These temples of history would be a great summer time project for young people who could be organized and lead by religious orders, or Churches or societies dedicated to the preservation of knowledge. It would also help the people that are running the World's Nations to realize that they are bring on the end of our species by their insane power competition.

HOW TO TRAIN YOUR MIND TO DO TELEPATHY AND EMPATHY

From what I have learned everyperson has some ability in both telepathy and empathy, but some people have more ability than others, and a certain few are what are called naturals; these naturals have so much ability that they use telepathy or empathy automatically without any conscious work. Usually a person is a natural in only one area either telepathy or empathy. An empath usually catches on to their ability more quickly, because they can receive. Thus an empath can pick up a natural telepath quiet easily. Just as in music, art or athletics there are some people that have outstanding natural ability so it is with telepathy and empathy. But any person can be trained to devep these skills, these skills are not necessarily related to intelligence, but in general the stronger, more intelligent mind will have a higher quality of psychic abilities.

It is important to remember that until very recently most psychiatrists, psychologists and scientists viewed any claim to the ability of telepathy and empathy as pure bunk. The people in our society have been taught not to believe in these abilities, if something happens to a person that could be attributed to telepathy or empathy they are taught to disregard it or to attribute it to another explanation. If a person claimed to have one of these abilities they were viewed as insane by the psychiatric establishment. Before a person can

develop their abilities in both telepathy and empathy they must first overcome all the negative programming that the establishment has given them. Mental energy or the Order Property (which is God's pure mental energy), can not be directly viewed or analyzed by scientific instruments, because of two reasons; 1. Mental energy or the Order Property is completely different from matter and energy and all our scientific instruments are designed to only deal with matter and energy. 2. the Order Property is controlling the nature of matter and energy in the instruments used for analysis, and this violates the first rule of scientific analysis, i.e. that which is being analyzed can not directly interact with the instruments used to perform the analysis.

There is only one way to directly view the Order Property, and that is to lower the mental barriers in ones mind either by discipline and years of practice, such as a sorcerer does, or by the use of psycho-chemicals. The use of psycho-chemicals is dangerous, because it as drops the mental barriers to the subconscious and thus opens up the possibility of a nightmare trip. If there are any atheists or agnostics or scientists that doubt the existence of God's pure intelligence i.e. the Order Property, then I suggest that you travel to a Nation where it is legal to use psycho-chemicals, hire a good trip guru, and then use some of the milder psycho-chemicals, such as mescaline. Try to stay away from LSD because it is so strong. Allow yourself 3 or 4 weeks to come back down to reality (physical reality), and to get your mind and personality structure back into reasonable shape. You do not wish to return to your lab laughing and giggling like a 5 year old child. The trip guru is essential to ensure that you have the proper mental state before and after, in other words, easy up and easy down, the idea is to make a brief and enjoyable contact with God's pure intelligence (Order Property), and not to turn yourself into a babbling psychotic. If a person has any serious personal problems occuring, they should never touch psycho-chemicals and they should never be used in this Country because they are illegal.

Telepathy is just a means of communicating between two

minds, just as speaking is. No scientist or group of scientists completely understand the mental process by which we speak, listen, and understand, but we have used it for millions of years. No scientist questions the ability of people to use speech, just because they can not understand the process, and so it will be for many years into the future with telepathy. Empathy is simple a sense, just light sight, touch, hearing, smell and taste. It is the way we sense another person's mind or direct mental listening. A natural empath usually can just pick up images and subconscious thoughts, because our own conscious thoughts block out the conscious thoughts of an other.

The procedure for learning telepathy is simple. Step 1 take 10 or 15 minutes, or more if necessary, to clear your mind of any thoughts or images that might interfere with a transmission or emotion that would damage a transmission. Step 2. focus your mind on the image of the person you wish to transmit to and then begin repeating the mental command, "I know that I am transmitting". or equivalent words. keep this mental command going in your mind over and over again. Step 3. focus on the images that you wish to transmit and then every third or fourth thought sequence focus on the image of the person you are transmitting to. The best time to transmit is at night when the person is asleep because the images will go right into their dream pattern. You can transmit at any time during the day, but the average person will automatically suppress the images into their subconscious and they will not come out until the night. This is always effective for seduction, or if two parties wish to they can have psychic sex, it gives you all the fun of having sex with a person with none of the complications, plus you get a good nights sleep because a dream that seems to last 2 hours, in actual fact may only last 2 minutes.

Empathy is even easier, the only difficult part is learning to tell your thoughts from the person that is sending or to whom you have aligned your mind. There are two types of empathy, passive and active. The steps to passive empathy are, Step 1. take 10 to 15 minutes or more to completely clear

your mind of all thoughts Step 2, the telepath then sends at a prearranged time when your mind is clear and receptive. Step 3. you allow your mind to drift into a half sleep, close your eyes and allow the images to float up out of your subconscious. This takes a lot of skill, finding the border between half awake and half asleep and then maintaining the state takes a lot of practice, but it allows subconscious images that were transmitted to be seen by the conscious mind.

The steps to active empathy are; Step 1. take 10 to 15 minutes or more to clear you mind of all thoughts. Step 2. Focus on the mental image of the person you wish to align with, and repeat the command, "I know that I am receiving," or words to that effect. Your mind will automatically align with the person whose image you are focusing on regardless of where they are. Step 3. Place your self into a half sleep and review the mental imagery that you have picked up. Step 4. erase any emotional damage off your screen that you may have picked up from the other party.

If you can not put yourself into a half sleep and hold the state, then go to sleep later on and try to remember any unusual dreams. The skill in using empathy is learning to distinguish your mental images from the images of your subject. If you wait until you go to sleep, to have your subconscious toss up the images gained from your subjects mind then the images may have had time to get interwoven into your own dream pattern and thus it requires a great deal of skill to separate the two. The best method is to learn how to hold yourself in a half sleep, where your subconscious can feed up the subjects images in a relatively pure form.

It is important to remember that if you align your mind with a member of the opposite sex then you will pick up their entire mental state, which includes their sexual desires, so for the next few days you may be troubled with bi-sexual tendencies and you should do extra erasing to clear off these abnormal sexual preferences. When two minds align the exchange is two ways, thus it is very important to keep your mind neutral and your screen clean, or you will distort the subjects mind and thus get a distorted feed back.

THE LAW OF CONSERVATION OF MATTER AND ENERGY AS APPLIED TO LAND AND LABOR

England is now faced with a situation that is just as dangerous as the direct threat the Nazi war machine posed. A Nation's economy is the main engine of the Ship of State and when the economy falters, the ship will succumb to the first high wind and some form of totalitarianism will sweep away Democracy.

When I visited England a few years ago I was struck by the fact that large amounts of land remained totally unused except for a few sheep grazing about. This fact greatly surprised me because I knew that England had to import foodstuffs and that the importation of food stuffs severely damaged the import-export balance. I reasoned that the farmable land had been left unplanted because it was owned by rich people whose outside income was large enough so that they had no motivation to put their land under cultivation. If all this surplus land was put under cultivation, I am sure that England could once again become self sufficient in foodstuffs and thus your import-export balance could be put solidly in the black, which would firm up your currency. In order to ensure full cultivation of all farmable land I have two suggested measures.

(1) *The 10 Acre Law*: No person or company can own more than 10 acres of land unless they have it under direct cultivation or use or development. (The State could give the owners of land 1 year to get their land under cultivation and then the State could take or rent any land not being productively used. The State could take the land by eminent domain or by direct expropriation or the State could rent the land at a fixed price.)

(2) *The Agricultural Employment Law*: No unemployment benefits would be paid. If a person was unemployed and uninjured they would report to a labor exchange and get a 40 hour a week agricultural assignment. The State would provide daily transportation to either a State or private

farm and the worker would receive a weekly pay check. (It makes no economic sense to pay a person a weekly check and get no labor in return; such a practice can only lead to crime, disorder and a slothful mentality.)

With these two laws you can bring land and labor together at only a slight additional cost in comparison to what you are presently paying out for foreign food stuffs. You will have created a zero unemployment rate and made the Country self sufficient in basic foodstuffs.

There are two additional ideas that could also help increase food output and reduce imports.

(1) Set up State run or private fish farms near coastal areas and grow your own fish. This would eliminate arguments with foreign governments over fishing rights, and provide a good source of protein.

(2) Use the latest technology to set up large efficient wind mills to generate electricity. This would help free England of importing large amounts of oil, which ruin the import-export balance. England has miles of coast line where the wind blows almost constantly, so it is totally illogical to let this free source of power go untapped.

DUAL SYSTEM OF JUSTICE

There are two separate sets of law in the U.S.; one set makes it very costly for the poor to rob the rich, the other set makes it very easy and lucrative for the rich to rob the poor. The reason for the dual system of justice is, of course, that rich people set up the laws and they, naturally, wanted harsh treatment for those who stole from them, but desired light treatment when they were caught stealing from other people.

Take for example a poor person who robs a liquor store, he steals \$5,000 to \$200 dollars and gets 5 years. However, if a business firm cheats consumers out of \$5 million dollars by a fraudulent practice (such as pirating products, false ad-

vertising, or selling banned goods by relabelling them) not to mention outright collusion, such as price fixing. The director of the company gets a suspended sentence and the company pays \$10,000 or \$20,000 in penalties. A drug price fixing scandal back in the 1960's cost consumers and hospitals over a billion dollars in unnecessary added costs; yet no one served a day in jail and the companies penalties were only a small fraction of what they stole. Recently, in a multi-million dollar price fixing scheme involving companies in the industry, the prosecutor demanded a 30 day jail sentence for one of the convicted directors. If the director goes to jail it will be the first time a major company executive has spent a day in jail for robbing the public. The laws governing business fraud are almost an open invitation to mass consumer robbery. If bank robbers were given suspended sentences and fined only a fraction of what they stole or given a ludicrously light 30 day sentence, then no bank in the Country would be secure.

I suggest that the use of armed force or violence be separated from the crime of theft in sentencing. A law could be passed that would give a person a mandatory 1 year in jail for every \$10,000 stolen regardless of the method used. The crime of using armed force would be sentenced separately. For example, an armed bank robber steals \$30,000, when the robber is convicted he receives 3 years mandatory, 1 year for each \$10,000, plus 1 year mandatory for illegal possession of a weapon plus 3 years for assault with a deadly weapon, for a total of 7 years.

INTELLIGENT LIMITS FOR THE FIRST AMENDMENT (FREEDOM OF SPEECH)

Recently, the Supreme Court ruled that the F.C.C. had violated the First Amendment (Freedom of Speech) in trying to create a family viewing time slot, during evening T.V. I seriously doubt that the framers of our Constitution intended

the First Amendment to protect the crude displays of violence and sex that are now finding their way into T.V. The framers of the Constitution probably intended the First Amendment to apply to serious religious, political, social and scientific commentary. If Thomas Jefferson ever learned that the First Amendment was being used to defend the present flow of sewage, that is being poured onto movie and T.V. screens, then he would turn over in his grave.

The Supreme Court has already ruled that the First Amendment is not a blanket guarantee for all forms of speech, especially those forms that endanger human life. It is illegal to yell fire in a crowded hall, it is illegal to broadcast messages that would create public panic, the First Amendment does not protect the publication of materials that advocate the violent overthrow of the Government, nor does the First Amendment protect false advertising. Is the showing of movies and T.V. shows that would stimulate an unbalanced person to commit murder or arson or rape any different from yelling fire in a crowded hall? The latest and most horrible example of how a T.V. movie can stimulate violence is the burning of winoes. This week T.V. will feature a sniper in a crowded stadium: so from now on crazied snipers will go to stadiums, instead of locking themselves in their house. The first steps toward revolution are crime and anarchy; so precisely what is the difference between shows that would tend to stimulate anarchy and the direct advocacy of violent revolution? I believe that a revised First Amendment is needed, one that clearly spells out what is to be protected and what is not, so that 12 Judges can not endanger the safety and the security of the average Citizen by their gross misinterpretation of the Constitution.

THE DIFFERENCE BETWEEN A TRUE REVOLUTIONARY AND A FALSE REVOLUTIONARY

A revolutionary is a person who is totally dedicated to changing the existing order, and will use all means at their disposal to effect the change. The word revolutionary *in its pure sense* is free of moral connotations; a person, who believes in Fascism and exploitation and who tries to overturn a Democratic political system which uses a non-exploitation socialistic economic system, is just as much a revolutionary as the converse. A total revolutionary is a person who desires to change the 3 major components of society; the political order, the economic order, and the social order. Most revolutionaries are partial revolutionaries, they only desire to change one or two of the major components of society. The American Revolution was a political revolution which desired to overthrow the rule of the British King, but when it came to the capitalistic order and the social system based on wealth, our Founding Fathers were models of conservatism. The French Revolution started out to be a political revolution against the rule of the King and Aristocracy, but it began to turn into a total revolution, until the propertied middle class hit the panic button and aborted the Revolution by establishing a Dictatorship. The Russian Revolution started out as just a political revolution, escalated into a total revolution, was side tracked by Stalin's Dictatorship, and has during the last 20 years begun to back slide in the social area by allowing class privilege to creep back in. A true revolutionary can be both a total or a partial revolutionary, as long as the person is totally dedicated to changing the area they desire to change.

(1) A True Revolutionary carefully analyzes their own society and chooses the methods that will best accomplish their goals for change.

(2) A true revolutionary does not have to use violence. If violence or the use of any criminal activity will only result in increased power to the exploitative elements or the non-democratic elements, then violence or criminal acts are

counter revolutionary. (The Left Wing elements who attempted to use violence in post W.W.1. Germany were the biggest help the Nazis had in rising to power, the violent actions of the left terrified the middle class right into the arms of the Nazis.

(3) A True Revolutionary in the U.S. today would not dream of using violence or criminals acts, because the power balance is so set up that violent acts on the left only increase the power of the right (big owners and assorted servants). The situation in the U.S. today is far more stable than pre- Nazi Germany, but the overall power balance is almost the same. Most of the heavy industries (over 95%) are controlled by the right, most of the communication industry, the CIA and the FBI and the Military come under strong influence from the right; most of the key politicians at the Federal level take substantial contributions from the Big Owners, so they are in the bag. Every time some group of pseudo revolutionaries blows off a bomb the Federal Government dumps millions into law enforcement. The average worker ends up paying the bill for this mindless violence through higher taxes and insurance premiums. If the big owners are every directly threatened they will just close down our pseudo democracy and we will have a right wing police state. The U.S. has a sizeable propertied middle class and violence and disruption on a large scale would only send the middle class right into the arms of the big owners, just as it did in Germany. In simple terms, violence and criminality on the left are counter revolutionary acts.

(4) A True Revolutionary in some other society where the power balance was different and there was a large exploited poor class would be correct in using armed force, because it would be the last resort of a reasonable person faced with a totally unacceptable situation.

(5) A True Revolutionary would only use armed struggle when it had a reasonable chance of success, when all other peaceful means had proved futile, and when the level of exploitation or tyranny justified the use of armed force. The use of armed force to promote revolution means civil war and

massive destruction and death and therefore, it must be the last resort of a reasonable person.

(6) A True Revolutionary is totally dedicated and is willing to use themselves their wealth, their labor. A True Revolutionary is willing to put their life, their property and their sacred honor on the line, to borrow a phrase from Thomas Jefferson.

(7) A True Revolutionary has a definite plan of what they want to replace the present order with. A revolutionary is not an anarchist who is just interested in creating disruption. A revolutionary desire the establishment of a fair and just order where a person can achieve to their potential and each person pulls their own weight.

(8) A true revolutionary fights both exploitation and tyranny or to state it positively; a true revolutionary fights for a non-exploitative economic system and for a democratic political system. True socialism can only exist with a democratic political system, and true democracy can only exist with a socialist economic system. Large owners will always corrupt a democratic political system by using their huge uncontrolled economic power to buy favors with campaign contributions. A totalitarian state will always turn a socialistic economic system into just another arm of state control and coercion.

Types of Pseudo-Revolutionaries.

(1) The self destructive violent psychopath: This type is exemplified by the leader of the SLA. A person who had been so filled with hatred by society that his only desire was to attack and kill, but their was no coherent plan or structure. This type of person loves publicity, they are basically on a giant ego death trip. The leader of the SLA did everything possible to expose his group to destruction, they made every security violation possible, they made pictures of themselves, they carried weapons in public, they left their writings all over the place, they might as well have put a giant neon sign over their hide out. The mark of the self destructive psycho-

path is that they always lead their group to destruction because they desire to die themselves, but want to go out in melodramatic fashion.

(2) The anarchist: This type of person has become so upset with the way society is going that their only desire is to tear things down. They have no intelligent plan of the way they want to reorganize society, they may have some vague goals, but they have no idea how their present actions will help accomplish these goals. They are, in simple terms, mentally ill; they are dominated by violent hatreds, they have delusions of self importance, they have delusions of persecutions which they use to reinforce their sense of importance. They love weapons and explosives and treat these objects as if they were sacred religious relics, because their religion is violence. They never accomplish any positive goals and they frequently play into the hands of right wing forces that are trying to persuade the public to turn to more repressive measures. The anarchist, like the child, runs on the theory that the more noise and disruption you make, the more important your actions.

(3) The left wing con artist: This type of person is always coming up with some new "sure fire" financial scheme to help make money, which they claim will be used for the revolution. Just like the capitalist entrepreneur in Catch 22, named Mylow, they believe that what is good for their own bank account is good for the revolution. They use a lot of left wing jargon and street hype, but at the end of their project the money and themselves vanish into the wood work. Unfortunately, they have a remarkably good memory for names and places, and if they are detained by the authorities they invariably tell on their past associates to purchase their freedom. Since their basic loyalty is to themselves, they regard all others as expendable resources in their march to wealth.

(4) The left wing dope pusher: This type is identical to the con artist except that they are always trying to convince people that the use or sale of dope is a valid revolutionary tool. Their stupid story usually goes like this, in order to get money to further the revolution it is OK to sell some dope,

so what if we screw up some college kids who buy the junk. Independent of the fact that the "money" never gets to the revolution, the selling of dope involves the group with the police and an assorted collection of local, state and federal undercover agents. The people who deal in dope are always getting into trouble with the law and the way that they buy light time is with information, so the left wing dope pusher turns into a giant security risk. Once the police arrest this dope with the dope, they will spill their guts to buy immunity and thus they destroy the entire group. The use or selling of drugs is a counter revolutionary activity. If a person insists on using drugs or associating with people who sell or use drugs then dump them quick. Drugs not perscribed by a Doctor only weaken a persons will and determination, and set a person up to be used by the system.

(5) The young super emotional radical: This type of person has all the best intentions in the world, but unfortunately they have put very little analysis into the context they are working in. If the system does something bad, their reaction pattern is to get angry and to attack the system, which usually plays right into the hands of right wing forces, which use the violence to discredit the groups original protest. If these young radicals would analyze their situation carefully they would learn that the most effective tools in our society are, to hire a lobbyist, to file a suit, to raise funds to use newspaper and radio ads, to use peaceful marches and meetings, to publish a book or pamphlet. The Vietnam war provides the perfect example; young hot headed radicals used violence and this was expolited by pro-war forces to discredit the peace movement. If every young person who disliked the war had sent \$5 dollars a year to a lobby fund the war could have been ended much earlier. The young super emotional radical is like a rocket, all fire and noise and action, but no guidance system. A missile takes longer to construct than a rocket, but its guidance system usually means, that when it is fired, it hits its target.

(6) The parlor intellectual: This type of person is just the opposite of of the young super emotional radical. They spend years analyzing a problem or situation, but never

reach any definite conclusions with regards to what type of action would best correct the situation. Any time they are asked to participate in some sort of action, which is perfectly peaceful and legal, they claim that they have not studied the problem enough. They will not publish their work, they will not speak out at a public forum and they will not support anyone else's program for action. In the parlor with friends they are tigers of social reform, but when asked to participate in overt public acts, such as fund raising or signing a joint statement for newspaper release, they turn into jelly fish of indecision. They usually hang around the university for an indefinite period, getting one degree after another, until they finally become an associate professor. Once coopted by the system, they delight young impressionable college students with their scathing social criticism. But they are thoroughly addicted to their status and position and would never give up tenure to prove a point.

(7) The agent of foreign ideology: This type of person does not like the anxiety of building a truly national revolutionary movement so they join a front organization that is backed by some other country. The Communist Party and its front groups are perfect illustrations of how ineffective this approach is. No revolution ever succeeded until it divorced itself from foreign control. The Chinese Revolution was a disaster, until Mao and other revolutionaries realized that the Russian theory of revolution could not be applied to China. Only when Mao went to the countryside did he see that the Chinese Revolution would have to be based on the rural masses. Once the Chinese freed themselves from Russian control, they began to make progress. The history of revolution has proved time and time again that each country must seek their own path to liberation, based on the different economic and social and military factors that exist in each country. To take a revolutionary formula that has worked in one country and try to apply it directly to another country has always proved a disaster. Native revolutionary elements must build their own theory, free of foreign control.

SAVING THE PORPOISES

Dear Sir or Madam;

I was very distressed to hear that fishermen in Calif. are now allowed to catch yellow tail tuna, if they *only* kill 10,000 porpoises. Even the killing of one porpoise is a horrible event. These gentle playful creatures have good intelligence and in the area of sensitivity are superior to man in several areas. Their actions as a collective species are far superior to man; porpoise do not kill each other, they never kill any life form unless it is for food or to protect themselves or their young. They are not enslaved by greed for money or power, they do not destroy their environment, nor do they conduct wars or exploit other members of their species. If only man could match the moral code of the porpoise we would truly be children of God's Universe, instead of highly destructive hunter killer apes with just enough intelligence to ruin our own environment.

The fastest way to save the porpoises is to immediately set up a Nation wide organization, which might be named, "Save the Porpoise Fund". Use adds in papers, magazines and over the radio to gather funds and then lobby at the National or State level, which ever would have the best chance of success for a law which would ban the net fishing for tuna or anyother type of net fishing which results in massive death to porpoises. There is no reason for net fishing for tuna except the greed of big boat owners, fishing by pole and hook is a perfectly adequate method. Do not encourage or involve yourself with any persons who would use illegal actions, such people will only damage the cause and undercut your psychological power. The American public loves animals and a few selected pictures of porpoises drowning will start an outpouring of protest. Use adds, movies, songs, and lobbies, but discourage any of those rash young people that might be tempted to use illegal methods in the heat of outrage. Illegal action only plays into the hands of the big boat owners; use the psychological power of empathy and moral

outrage which when transformed into cash contributions will melt the hardest heart of any congress member.

Sincerely yours,

THE TWELVE POSITIVE COMMANDMENTS FOR COLONIE MEMBERS

After hearing a preacher lament that the 10 Commandments were mostly negative, I decided to write down those positive rules that I thought were most important. Some people may say that this was an immodest act, but I think it is just a rational act. If there is a need for some positive guide lines, then why lament, when with a little bit of mental energy a collection can be made. There is nothing original about these commandments they are just a collection of commonly held human goals and values.

(1) Love God and all that God has created, praise the glory of God and the creation at least once a day.

(2) Work to end economic exploitation and political tyranny, constantly sowing the seeds of cooperative collective labor and democratic rule.

(3) Safe guard Gods creation, protecting the environment from pollution and all animals and plants from needless destruction.

(4) Give all surplus income, after you have provided for the basic need of your dependents, to good charities and worth while causes.

(5) Always do your best in your daily work constantly trying to improve your performance, while assisting your fellow workers.

(6) Always try to be completely fair in any business deal or economic arrangement, making sure that each party gets a fair return for their contribution or labor.

(7) Care and feel empathy for all people regardless of nation, race or creed, as you would for your best friends.

(8) Keep you body physically fit by regular daily exercise and by engaging in outdoor activities and health giving sports.

(9) Eat a balanced diet choosing carefully among all major food groups. Reduce saturated fats and limit meats to the minimum necessary for protein maintenance. (Vegetarians may substitute vegetables and fruits in the right proportion to maintain protein balance.)

(10) Get regular amounts of high quality sleep to purify your subconscious of bad psychological influences.

(11) Teach and instruct the young in healthy practices of recreation sports, music, art, dance and give of your time unselfishly to them, for the quality of their training will determine the quality of future life.

(12) Carefully monitor your mental health and ration your mental energies to those areas most important to your collective group, and to the survival of our species and our planet.

THE TWELVE NEGATIVE COMMANDMENTS FOR COLONIE MEMBERS

If a person made an honest attempt to live by the twelve positive commandments, then there would occur few occasions when they would encounter temptations to do wrong. However, even a conscientious person will occasionally be tempted to engage in a negative act and then it is a great help to have a strong negative command thoroughly programmed into ones mind. In other words, the best defense against temptation is to constantly keep ones mind and body doing good work helping to bring about a better world, but when the forces of greed, tyranny and corruption come near it is always wise to be ready with a strong no.

(1) Never engage in any enterprise or deal that exploits or takes advantage of another person. (Exploitation is to use another person without giving a fair return back for what you have used)

(2) Never bear false witness and never spread rumors. If you do not know something on a first hand basis or have not

talked to a first hand source, then keep the information to yourself.

(3) Never kill, unless for food or to protect yourself or your collective group from direct and immediate violent attack. (Since humans defend their children by defending their collective group i.e. nation, then, this puts us into conformance with natural law, where an animal will only kill for food or to protect their children or themselves. (It is a sad commentary on the dangerous nature of our species that we need strong laws to bring our behavior up to the level of a rattle snake or wolf.)

(4) Never tell a deceptive false hood unless it is for reasons of tact or to defend yourself or other innocent parties from violent attack. (A "fish story" is not a deceptive false hood because the listener knows that the teller is stretching the truth.)

(5) Never break an agreement or promise which has been mutually agreed to.

(6) Never borrow anothers material without giving credit to the author.

(7) Never attempt in any manner to devide a man and a women that are united by personal committment or by law in forming a family unit; neither give underage children cause to doubt their parents, unless the parents are committing criminal activity or slander.

(8) Never use alcohol in excess or take in other dangerous chemicals; such as illegal drugs or products that can cause cancer or lung damage such as tobacco products.

(9) Never take your bad feelings out on another, if humanly possible to restrain your anger, wait until you are under control and present your view in a rational manner.

(10) Never make an important decision under the influence of emotion or in haste. If the decision is important it always pays to wait and plan it out carefully in the light of reason.

(11) Never horde a scarce resource during an emergency: neither attempt to profit by selling a scarce resource during an emergency, i.e. use the resource or sell it at cost. (Stock-pilling before an emergency is not hording, but prudence.)

(12) Obey the law at all times, unless the law is being

laid down by a non-democratic source. i.e. a citizen has no moral requirement to obey the law of a tyrannical non-representative government.

IF you had Churches through out our nation and other countries draw up a list of 12 positive and negative commandments, the results, in general, would be fairly uniform. No list of commandments is meant to be fixed for all time, they are just guides to conduct, subject to change.

NUCLEAR WAR PREVENTION

Dear Sirs;

There is a great deal of discussion about what the Soviet high level strategy is centered around. Since I happen to be the only American Marxist working on strategic military-economic policy, I think I have some interesting insights into what the Soviets are trying to do.

(1) The Soviets are not planning to win an offensive first strike, they are planning to win a defensive first strike. Of course, the question is, how can you have a defensive first strike? The word defensive refers to the mental state of the Soviets when they launch a first strike. The Soviets are not insane, impulsive megalomaniacs, they are careful, calculating power brokers. They will not launch a full scale nuclear war, unless they feel they are about to be put in a situation where the U.S. could dictate terms to them. Such a situation would be (A.) If the U.S. had a major break through in anti-ICBM defensive systems, that could give us the power to sit back behind a solid shield and threaten the Soviets with destruction. A break through in the Phaser by our side would trigger a defensive first strike by the Soviets. (B.) If the U.S. were to begin to turn into a more centrally controlled system, like the Soviets have, then the Soviets know we could divert a much larger share of our GNP into weapons development and thus could leave them in the dust in 10 years or so. At the first sign of the U.S. becoming a centrally controlled

economy, the Soviets will launch a defensive first strike. (C) Should the U.S. suddenly pull out of Western Europe, before the Europeans had a chance to build a solid defense then the Russians might be tempted to gamble on seizing all that capital equipment and late model technology by using a blitz-krieg attack. This attack could set off a full scale nuclear war.

(2) It is important to keep in mind that if the Soviets launch a first strike they will have control of all the capital goods in Western Europe, plus all the oil in the Middle East. Their population is dispersed, while 90% of ours is concentrated into 100 metropolitan centers. The U.S. is an Island economy and must have access to the seas to recover, while the Soviet economy has traditionally been less dependent of foreign imports.

(3) There are thus 3 measures that are necessary to our defense.

- A. The U.S. must keep a healthy domestic economy and low unemployment rate. This step will prevent any type of totalitarian take over from taking place.
- B. The U.S. must be willing to share any break through in a phaser defense system or any type of new system that would give virtually 100% protection against ICBM.
- C. The U.S. must get the Europeans to take their defensive responsibilities seriously and this could be best accomplished by a gradual U.S. pull out over a 10 year period. Although this is a calculated gamble of the highest magnitude.

(4) There are 4 prime measures necessary for our survival should full scale war occur.

- A. We must have a superior fleet of attack submarines to guarantee us an open seas situation.
- B. We must work on population dispersion, stressing rural development and putting limits on city size.
- C. We must develop a good civil defensive program
- D. We must study whether or not our environment can withstand a full scale exchange. There is no point in building up warheads if it means our environment is too severely damaged for human life to survive.

A PRACTICAL EDUCATION SYSTEM

At the present time in the U.S. we have a general education system in Junior High and High School, with the result that the vast majority of students graduate with no job training at all, and no idea of what they want to work at. 50% try to go on to higher education and out of that 50% only 25% actually have some idea of what they want to do and the rest are there simply to please their parents or because they do not know what else to do. This is a horrible waste of time and money. Of the 50% that do not try to go to college, the majority of these seek training that easily could have been given in High School, and thus they are forced to waste more time and money.

The justification for this wasteful general education system is that educators are afraid that a concert violinist might accidentally get tracked into being a bricklayer or some such mix up. It is hardly fair to graduate the majority of students with no training, just because 1 out of a 1000 might get trained in the wrong field. If a person is a genius or has a natural talent in a certain field, history has proved, that nothing will hold this person back. A person with great talent in some field will always achieve recognition; an Edison or a Franklin or an Einstein can be delayed, but not stopped.

During the seventh grade year students should take a battery of tests which should be accompanied by individual and group counseling. From the 8th grade on students should receive more and more job training in their designated area. Thus when a student graduates at the age of 18 they have 5 years of training and some, on the job experience, which means they can get a decent job, with decent pay. The standards for admission for the pre-college course should be raised, and all those people who are not really suited should be screened and counseled into other areas. If a person wants a general education there is no use wasting time and money going to college, we have an excellent public library system and the person can read on their free time. I have met many people who stopped their formal education at High School,

but have an excellent general educational background because of individual study.

Turning out 30% to 40% of the students with no job training and no immediate prospect of future job training is just an invitation for crime and drug abuse. The percentage of students in pre-college programs or job training programs should be determined by the local community to fit its needs. In poverty areas or ghetto areas pre-college should be trimmed down to only those students that can win scholarships, because only those students are going to get into college; the other 95% should receive intensive job training and life survival courses, (How to be a smart consumer, How to have a stable marriage, Driver Education etc.) Those students who really want a college degree can go to night school after they have settled down in their job. The present system for educating students from the poorer inner city areas is a disorganized mess, that serves no one, and drives student teachers and administrators up the wall. Turning out a student without good job training in a poor area is equivalent to turning out a criminal, because without job training that is the only area open to them.

There are certain practical courses that every person should have; how to be a good consumer, how to have a successful marriage, informational courses on drug and alcohol abuse, how to take out a loan, how to purchase and maintain a home. A few high schools offer these courses but most do not. Do students really need to study foreign languages or Latin. 99% of the students that spend years studying foreign languages in high school and college find that they have no use for them after graduation and soon forget them. Latin is only needed by Doctors and Lawyers, and two weeks studying a phrase book would be adequate. Having people study English grammar is a waste of time, the only proven way to inculcate good speech and writing form is to have people read good books and listen to good speech. Sex education is a waste of time and money, and probably an infringement on parental rights; the reserved section of the library has several good, up to date, books for young adults, so why waste school funds.

BUY AMERICAN CAMPAIGN

Dear President Carter;

I strongly urge you to begin a "Buy American Campaign". Every other country in the World uses a buy National campaign to encourage its people to reduce their import consumption, except the U.S.. 12% to 15% of cars sold in this Country are foreign made, if a buy American campaign could reduce this one item to 5% then it would mean 100,000's more jobs for Americans, plus it would greatly help our import-export balance. It would be a program that could be totally supported by both Republicans and Democrats, because buying American goods benefits all Americans. It would be the perfect program to bring the Country together and help build patriotic spirit. Many people just buy foreign goods out of snobbery and false prejudice. American wines, clothes and perfumes are just as good or better than French products per dollar spent.

I suggest a direct strong sell campaign, "Buy American, Be American", lets not beat around the bush, the state of a Nations economy is vital to its survival and military preparedness. In the last 200 years, with very few exceptions, the Nation with the best industrial capacity has won the war. Even if there is not a war, a Nation's economy is vital to its bargaining position. A Nation with a high unemployment and a negative balance of payments has so many internal problems that it must present a weak posture on the international front.

I hope you will begin a "Buy American Campaign" immediately, I guarantee you that for every dollar the Federal Government invests in such a campaign it will mean 1,000 of dollars in business for U.S. companies. No other single measure can have more impact on lowering the unemployment rate, Americans must be educated to never buy foreign goods, unless the item is absolutely necessary and there is no U.S. equivalent.

CIA LOGICAL REVISION

I think that the single most important step which you could take would be to reorient the CIA toward the gathering and analysing of high quality information. Unfortunately, in past years, the CIA has become entangled in areas that it has no authority to enter. The building of an army or navy or air force is the job of the Congress, the President and the JCS. A secret Government agency should not be building or maintaining a military operation, unless they are authorized to do so by the President and Congress. The assassination of foreign officials and the overthrow of foreign governments are acts of war and can not be undertaken legally unless authorized by Congress and the President.

The most optimistic prediction I have heard concerning the possibility of a major nuclear war is 50-50, my own calculations give our planet only a 1 in 9 chance of avoiding a nuclear war by the year 2000. (Our chances could improve if intelligent measures are taken in time). However, intelligent measures can only be taken in time if our Government leaders have a high quality of information and analysis. All the CIA's efforts must be directed toward information gathering and analysis, these so called "James Bond" projects must be put away. The "Gordon Liddy types" that come up with these Bay of Pigs excursions must be quietly ushered out of the agency or redirected to more critical areas, if they are capable of learning new roles. It is ridiculous to have such a vital area of our National defense being directed by Hollywood script writers, who seem more interested in excitement and thrills, than gathering sound information.

These "James Bond" type projects have done more damage to our foreign image than any other single factor. The balance sheet for these wild projects has been almost totally negative in the long run, and these projects have drained needed energies off from what should be the central objective of the agency. These wild projects have also subjected the Agency to needless public criticism which damages the ability of the Agency to get needed funds.

I hope under your carefull scrutiny the Agency will return to its original purpose and leave the gun play and mickey mouse projects to the people in movie land.

HOW A NATION IS DESTROYED?

Most Nations are not conquered from outside until they have suffered serious internal decay. Just when a Nation has reached the height of its power and is about to decline is very hard to judge, but once a Nation is on the way down the signs become obvious to anyone. In retrospect it is easy to see when Greece, Rome, Byzantium, Spain, and Britain began their decline, but the problem before us is, how can we tell when the U.S. is on the decline and what can be done to stem the internal decay. When the U.S. began to decline is a tricky historical question and it is best left to future historians, but the fact that the U.S. is now beginning to show signs of serious internal decay is a commonly held perception which is reinforced by the news media everyday. We have a serious permanent unemployment problem and a nagging inflation that deters the Federal Government from taking vigorous action to lower the employment problem. We have a Nation wide across the board drug abuse problem involving all classes, all ethnic groups and both legal and illegal drugs. We have a horrible divorce problem that sees one out of three marriages break up with disastrous psychological impact on both children and adults. A serious health problem with tobacco abuse, that causes 300,000 people a year to die prematurely and that adds billions to the Nations health bill. Many of our large Cities are literally falling apart and the poverty, unemployment, crime and drug abuse will eventually turn these places into battle grounds unless action is taken. Large U.S. companies are shipping vital capital out of the Country raising the unemployment rate and helping to generate an influx of cheap goods. Degenerate movie and T.V. producers ruin the morals and minds of our young people

with needless violence and sex, and then hide behind the First Amendment which was never intended to apply to this crap. Rock music openly advocates the use of illegal drugs and encourages young people to engage in cheap hedonistic sex. These problems are not caused by the Communists, they are generated by the workings of our own system. (Although the Communists may try to exploit problems that exist, history has proved that the Communists can not overthrow a society unless the internal decay is in the advanced stage.)

It is important to maintain U.S. power and stability, because the balance of power between the U.S. and the U.S.S.R. is a vital ingredient in deterring a nuclear or biological war. If the U.S. decays to much the Soviets might be tempted to try a major power seizure, such as invading Western Europe, which could set off a total exchange. If the U.S. declines to the point where open rebellion breaks out, it could give rise to a right wing totalitarian government and the Soviets would surely launch an all out attack rather than see us double our military capacity, which a totalitarian government could easily do. Foundation members have been trying to slow the rate of decay in the U.S. to prevent a right wing power seizure and to give time for the power of the Colonie to build up.

What practical measures can help the decline in U.S. power and can help stop the spread of decay.

(1) Direct action should be used to reduce the unemployment rate to below 1%, with special emphasis on inner city youth; intensive job training, conservation projects, rebuilding the Cities, rebuild the railroads.

(2) Control inflation with direct measures, control price and wage increases, allow profits to fluctuate naturally, except in the fuel industry. The only way to have full employment with low inflation is with direct controls.

(3) Ban *all* advertising of hard liquor and ban beer and wine adds from T.V. and radio.

(4) Ban all advertising of cigarettes and small cigars.

(5) The Federal Government should rigidly control the export of capital.

(6) Create strong marriage and drug abuse programs and courses in school.

(7) Remove T.V. movies, and radio from blanket coverage under the First Amendment and lay down tight guide lines.

NUCLEAR POWERED CARGO SUBS

It is apparent that the nuclear powered submarine is the key to naval power now and in the future. Once a conflict turns nuclear, surface ships are just large, slow moving targets, easy prey for subs armed with nuclear missiles guided by satellites. The same is also true for conventional cargo ships. If a nuclear conflict occurs, the U.S. to recover must have access to overseas raw materials. Therefore the control of the seas is vital to a U.S. recovery. The Soviets will have all the capital goods in Western Europe to draw on, plus they could easily shut off the flow of middle east oil because of their strategic location. The first country to recover their power after an exchange, (providing our environment is still capable of supporting life), will in simple terms pick up all the marbles and can control World events.

Because of these facts, it is vital that the U.S. develop not only a superior fleet of attack subs, but a fleet of nuclear powered cargo subs. Because our present merchant marine is in shambles and will remain so because of the high wage scales that U.S. sailors command, then the Navy must take over and develop a fleet of nuclear powered cargo subs. The cargo subs would charge rates that were competitive with foreign rates, even if the U.S. Government had to subsidize the operation. All American companies would be required by Federal Law to use the Navy cargo subs unless their were none available; but since the rates and service the Navy cargo fleet could deliver would be superior to anything foreign lines could offer, then a law might not be necessary.

This nuclear powered fleet of cargo subs would be the

life lines that would keep this Country alive should a nuclear attack occur and thus we would have a chance of recovering in time to resist a Soviet invasion into the South American flank. If our fleet of attack subs could maintain superiority of the seas, then the North American and South American sphere would remain safe from invasion.

WHO KILLED PRESIDENT KENNEDY?

Dear Boston Globe;

There is a positive test that can be conducted to determine whether or not Lee Harvey Oswald acted alone like the Warren Commission Report states. Get the 10 best rifle men or women and have them try to duplicate the two shots that Oswald is alledged to have killed Kennedy with. Because there was an 8 mm film of the two fatal shots the exact time in seconds and tenths is available between the two shots. I have done some shooting and most of my friends who shot agree that Oswald might have gotten off the first shot with accuracy, but using that clumsy Italian rifle it would have been almost impossible to re-chamber another cartrige and resight for another shot at a moving and accelerating target and then score with another accurate shot. The time between the two shots is not long enough for a person using a bolt action rifle to get off two accurate shots at a moving target.

If your paper could finance such a test with the 10 best rifle people in the U.S. firing from the same height, with a duplicate rifle and scope, and firing at a moving target first and then an accelerating target for the second shot, then you could prove once and for all that the Warren Commission was in error; there had to be more than one assassin. This does not prove that Oswald is innocent but it would be a major opening in the case and would justify the continuance of the Congressional investigation.

The actions of Rep. Gonsalves are very suspicious if he desired to get rid of Investigator Sprague he would have

waited until after the Committee was funded again; but by launching his attack when he did he has almost insured the destruction of the Committee. I have never heard of a Committee Chairman destroying his own funding. "Me thinks the Rep. doth protest too much" or to put it another way, "will not all the oil of Texas wash away this accursed spot."

This is a person letter designed solely for the Editors, managers, and owners of the Boston Globe, i.e. I desire none of this letter to appear in print. Rep. Gonsalves may be innocent, it just might be a case of too strong personalities clashing at precisely the wrong moment: but the kind of people that could assassinate a President, for the purpose of holding on to oil reserves in South Vietnam, would be capable of almost any level of corruption.

The exact group that had Pres. Kennedy killed can never be found, because all 35 key witnesses were dead or missing and presumed dead within 3 years after the assassination. It is interesting to note that the random probability of all 35 key witnesses dying in 3 years, many of whom were in good health, is astronomical. However, a careful investigation could prove that the assassination was a highly professional job done by a carefully organized and highly financed conspiracy.

I personally believe that the powerful oil men in Texas had the job done to hold on to oil reserves in Vietnam. I do not believe that Pres. Johnson knew anything about the plot, I believe he was Hawkish on Vietnam because of his personal motivation to stop Communism in Asia. The oil men were the only group who had the means and the motive to kill a President. They also had the experience and contacts to get the job done, and then cover up the matter. The big oil men have always used assassination and bribery in foreign countries, it was just a matter of time before they spread their cancer in this Country. I also believe that 4 or 5 members of the CIA were on the payroll of the Big oil men and that they set up Oswald, and that 2 or 3 key FBI agents were also on the payroll of the big owners and that their job was to confuse and fudge the investigation and to introduce Red Herings. The Cuban theory was such a red herring; Castro may have been furious about the attempts on his life but he would

never try to assassinate an American President, because he knew that would be a "Pearl Harbor" situation and Cuba would have been destroyed in retaliation. I believe that both Pres. Johnson and Warren blamed Oswald to avoid confronting the crisis that would have occurred if Cuba was implicated i.e. it might have led to nuclear war with Russia.

I urge you to set up the test that I outlined and to contact Rep. O'neil and ask him to remove Rep. Gonsalves before he destroys the investigation. If it can be proved that Pres. Kennedy was assassinated by a well organized plot and not by a lone crazy gunman then this will be a far bigger story than Watergate. Watergate was basically petty criminality and betrayal of trust, but the assassination of a President and the redirection of American foreign policy into a major 7 year war is high treason. During the 7 years of war, roughly, 48,000 Americans were killed 100,000 permanent crippled, there were 2 million Vietnamese combat deaths and another 2 million civilian deaths. This is a crime against humanity that rivals anything the Nazis committed. The American people must know the truth one way or another, was the Vietnam war just a bad blunder or was it the conscious effort of a greedy, power, crazed group of oil men, who decided that they were above the law.

WOMEN'S LIBERATION AND INCREASING DIVORCE RATES

Unfortunately, much of the early literature in Women's Liberation took a negative attitude toward the role of wife and mother. Often times mothers were characterized as child like creatures dominated by their husbands and denied any freedom of expression. The more intelligent elements in Women's Liberation realized that they were not against the traditional role of wife-mother, if a women choose that role, but they were for the positive goal of expanding the number of roles that women could fill for society. They were trying

to destroy the stereo-typed picture of women as a person that could only be a wife-mother, a prostitute, or a spinster school teacher. They probably did not mean to disparage the wife-mother role, but the result was that many women who perferred the wife-mother role became irrate and began to fight against Women's Liberation and ERA. The result of this fight was to weaken the overall movement and to divert peoples' attention from the important issues of equal job opportunities, equal legal rights, and the end to irrational stereo-typing that has hurt both men and women by limiting their mental and emotional development. The second result was to cause many women to become discontent with their role of wife mother or in some cases to develop hatred against their husband who they blammed for what they had become convinced was an overly confinning and unimportant role. Their husband was, of course, not responsible for the role definition of wife-mother, such definitions had evolved over a period of 3 million years of human evolution. The husband was conditioned just as the wife was to think in certain terms and to expect certains things from his wife. In the area of authority, both men and women were conditioned that the male was suppose to make the important household decisions and the women's standard reply was suppose to be, "yes dear, you always know best". If a women disagreed she was not suppose to directly challenge a decisions but was suppose to use "femine wiles" which losely translates as sex and sweet talk to get her way or in emergencies tears. Some women who had become disturbed when learning of the history of female subordination began to directly challenge their husbands authority and this led to misunderstandings arguments and eventually the break down of the marriage. Some women who became frustrated, but could not work to make the necessary changes in a mature manner began to use the same technique that immature men had traditionally used, they just walked out. (In some cases a walk out might be the only solution that a poor person could use to end a destructive marriage, but in most cases consuling and a valid attempt at mutual understanding and compromise could have saved the marriage) The rate of female desertion is now

higher than men. Needless to say, a marriage breakup is a psychological disaster for both the husband and wife and children. A marriage that breaks up because of desertion is especially hard to explain to the children. Now the 50 cent question is, what can be done by Women Liberation groups to reduce the divorce rate and still pursue the goals they consider necessary.

(1) When a married woman wants to join or attend meetings of Women's Liberation then every attempt possible should be made to allay the fears of the husband. Women from the group should come to dinner at the home by invitation and in a relaxed atmosphere explain what the goals of the group are and what methods are being employed. It should be explained that the goal of Women's Liberation is not to turn the husband and wife into a permanently feuding pair. The husband should be invited to attend meetings and a special husbands seminar could be set and conducted by some of the more mature women.

(2) Before a wife attempts to make any changes in her relationship with her husband she should thoroughly talk out these changes. Many times the wife may have conditioned and rewarded the husband for taking the lead and if she suddenly wants to make decisions the husband may think that she is just trying to give him a hard time. Since in any organization where authority is exercised, one person must have the final say then an agreement should be worked out.

(3) Attitude changes induced by Women's Liberation should be shared between husband and wife, if just the wife goes to meetings and communication breaks down then the marriage will probably be destroyed.

THE DISCIPLINE OF A PSYCHIC WARRIOR

A physical warrior is a person that develops their ability to use various weapons and methods of self defense to defend themselves or to defeat an enemy. A psychic warrior develops

the skills of their mind to change or effect the thought process of other people. A psychic warrior desires to manipulate the minds of other people so they will view things differently and thus their behavior will be altered. A psychic warrior attempts to control or alter their environment by altering the thought process or the thought patterns that other people have used in the past. Everything that we do or say or communicate in some form is a manipulation. The psychic warrior tries to carefully calculate what effect each manipulation will have on people i.e. what type of reaction pattern, mental or physical, will be produced by using the manipulation. Drinking a glass of water is a manipulation that we do with ourselves, the purpose is to get enough water into our system so that we are not dehydrated. Holding a door open is a physical manipulation that lets the other person know that we are thinking about them, the other person will appreciate being treated in a courteous manner and thus their reaction pattern should be to act more pleasantly to other people. A song would be a psychological manipulation that would manipulate the thought process of the listener, their reaction pattern could be happiness or sadness or anger, i.e. a change of emotional state, or it might be a rational chain of thought; (a song about spring time might make a person begin to plan out spring tasks). A psychic warrior tries always to be conscious about what effect their manipulations will have on other people. Unfortunately, many people who control or contribute to some form of media give very little thought to what effect or reaction patterns will be produced in their audience. Violence and crime are portrayed on T.V. and the reaction pattern of some viewers is to become upset (mentally disturbed) and to go out and committ the crimes they saw. Young people exposed to T.V. and movie violence may not go out immediately and committ a violent act, but they are being conditioned both consciously and subconsciously to use violence in certain situations. If a character in the movies is placed in frustrating situation or a dangerous one and reacts violently then the young people watching are being conditioned to react similarly, when put in a high stress situation later in life they are more likely to react in a

violent or illegal manner. The movie is teaching them that violence is an acceptable method of dealing with problems or at least one of the available alternatives. People learn by imitation, especially children and young adults, if they see enough violence they will develop violent behavior patterns or be more likely to use violence. The writers of popular songs have created what amounts to a 4 min. commercial for the use of drugs or indiscriminate sex, no station would accept a commercial for the use of cocaine or LSD yet the stations play records which do the same thing. Young adults hear the music they identify with the singer they go out and buy the drugs and then end up dead or psychologically messed up. The singer has the money to pay for psychiatric help should he get into trouble but the poor kids that get sucked into using drugs do not have the money to be rescued. Singers and song writers and stations have a responsibility to ask themselves what reaction patterns will be produced by playing or writing a certain song. If playing a certain record will produce 50 unwanted pregnancies and 2 suicides then maybe the stations should not play the song. If a movie is going to result in having 100 women raped or assaulted and 3 or 4 killed then maybe the actors should say that they refuse to be a part of it, maybe the movie houses should refuse to show it, maybe the director should bow out or get the script revised. But our present system tells people, in effect, make money any way you can as long as you do not overtly break the law, people are taught and rewarded for not taking responsibility for their actions. If a singer was a psychic warrior every word, the tune, the backup, every gesture on stage would be calculated for the effect it would have on the audience, both immediate and long range psychological effect. The psychic warrior would structure the music to express the values that would help make our society a better place to live. The manipulation could be overt as in a protest song or very subtle conveyed in the tune or the mood set by the piece.

A psychic warrior sets certain goals and objectives for themselves and then they pursue these goals relentlessly. Because they know their goals thoroughly and because they

know that they will not abandon their goals unless they realize that they have made a miscalculation, they can afford to tact before a strong wind but as soon as the opportunity arises they are right back on course. They can suffer one setback after another and yet know with complete confidence that they will reach their goals or die trying. A psychic warrior will never needlessly endanger their life because their death would take their mind (screen) out of operation, but if a situation requires them to risk their life to accomplish a goal they are willing to sacrifice themselves for their objectives. This is one reason why a psychic warrior is different from an ordinary person and has much more power to accomplish their goals; most people put their own life ahead of their objectives and thus when the pressure is put on they find a reason to abandon their goals or they just flee out the back door. A psychic warrior accepts death as a natural part of life and because their objects have been carefully calculated they know that what they work for is far more important than themselves, so when they put their life on the line it is done in a calculated manner with full knowledge of the risks. A psychic warrior is not reckless, but rather the soul of caution, because the psychic warrior accept death there is no need to pretend a situation is safe when it is not, they know the risks in any situation and the last thing they want to do is risk their life in a meaningless situation. If they are going to lose their life it will not be in some stupid careless affair, but rather a conscious act of dedication to their objectives.

A psychic warrior is not super human person such people only exist in cartoons and comic books. A psychic warrior is a person who knows themselves thoroughly, they know their strengths and their weaknesses, like a good athlete they try to compensate for their weaknesses and to utilize their strengths. A psychic warrior is successful because they know their limitations and they stay within them. The quickest way to cause failure or destruction is to take on a task that one is not ready to handle, a person can only be effective if they know their limitations and stay within them. The so called "school or positive thought" makes a bad mistake by

trying to train people to only think positively about themselves, the result is that people trained in positive thought never learn their weaknesses and refuse to set intelligent limitations on themselves based on their actual abilities. Ken Norton the heavy weight boxer practices positive thought and he was taught that George Foreman could not hurt him and that he could easily defeat Foreman, the result was that Norton walked right into Foreman superior punching power and was defeated in 1 round. A psychic warrior tries to look at any situation from both the positive and the negative point of view, calculating factors on both sides until the situation can be viewed as it actually is. A psychic warrior wants to know what the reality of the situation is, not some pleasing positive self delusions. The motto that I follow is "hope for the best, but plan for the worst" I try to plan for the worst that can occur in any situation, if the worst does occur then I am not caught flat footed and mentally unprepared, however once I have done my negative planning I then switch to a positive setting and hope that the outcome will be positive, by so doing my mind then draws up plans that should result in a positive outcome. I call this dual planning and everyperson who operates in the real world and deals with the realities of power uses some system of dual planning. People who use a straight positive setting are fun to listen to and be with but if a difficult situation ever comes up they are the last person to ask for advice. They will give you some type of Pollyannaish advice, like, 'things will turn out all right or problems solve themselves'. When confronted with a person who has a sore back a person who uses a straight positive setting will say, 'if you don't think about it, it will go away' needless to say a sore back does not go away just because one does not think about it, it may feel a little less painful if you do not concentrate on it, but the person who has the sore back does not want glib advice, they want some sympathy and some hints on how to correct the problem. The correct manipulations would be to tell the person with a sore back that you are sorry to hear that they are not feeling well or sympathize with the condition saying that a sore back can be painful,

then try to provide some useful advice like the name of a good Doctor that specializes in treating backs, or suggest heat backs, or ointment. The purpose of the manipulations should be to recognize the persons feelings and then to give them some helpful suggestions. Some systems of mind control that are being sold today to people are stressing total suppression of any negative thoughts. They claim that total suppression of negative thoughts will make a person feel better and this is partially true, if a person does not look on the negative side of a situation it will give them a false delusional sense of optimism that eliminates worry and care. However, there are many instances when negative thought is necessary for survival or to correct problems. Take the example of a worn out tire; if a person using total positive thought mind control saw the tire they would tend to suppress the fact that the tire was worn out and the negative consequences that might occur such as an accident or death, a person who looks at the situation realistically knows that a worn tire is a danger signal, they suffer the anxiety and worry about the consequences but this motivates them to get the tire repaired and thus they are safe guarded. The person who used totally positive thought and blocked out the negative thoughts remained happy and undisturbed but they did so at the risk of a serious accident. Certain areas of a big city are dangerous at night, a person using total positive thought control would refuse to recognize the danger because they would not believe that something bad could happen to them, so they could pass through a dangerous area without suffering anxiety, but they also could be mugged and hurt. The secret of good mind control is mental balance; if a person looked at the negative side of life all the time they would become so angry or depressed that they could drive themselves into mental illness or suicide, if a person always looked on the positive side then they would be incapable of dealing with reality and would become a polyanna type person that could handle difficult situations. The object of a psychic warrior is to look at things as they actually are, to come as close to reality as the human mind is possible, to strip away emotional delusions or any emotional factors that might

distort a rational view of the factors involved. A perfectly logical solutions to problems can not always be used because of the emotionality of other people involved: this leads to one of the most important rules in creating manipulations, (it is illogical not to consider the emotionality or emotional condition of people in drawing up solutions). Many of peoples' attitudes and behavior patterns are the result of emotionally based conditioning and they will not be able to except logical solutions unless certain concessions are made to their emotionally based values. We all suffer from emotionally based attitudes and values that were inculcated in us when we were so young that we could not logically try to analyze them. People will say that they logically know something should be changed but they just can not bring themselves to except it; what they mean is that their fear of parental disapproval, which is deeply ingrained in the subconscious, is preventing them from acting upon their reason.

A psychic warrior in order to view reality with a low as level of emotional distortion as is possible for a human must mercilessly take their mind apart and put it back together again. A psychic warrior must know their emotional prejudices and if they can not completely eliminate them, then they must learn to recognize them and compensate for them in their calculations. A psychic warrior must learn to tear apart their own values and attitudes and strip from them anything which does not conform to reason. A psychic warrior is constantly questioning their own actions and thoughts and trying to weed out emotionally based ideas or behavior. When a psychic warrior takes apart their mind I call this, showing the mirror, a painful but necessary procedure. One psychic warrior can do this for another, but try never to show the mirror to an ordinary person, even if they ask you to explain something concerning their personality. Most people view themselves very personally and do not like to have their motivations or behavior analyzed. In order to be a good psychic warrior one must give up this personal attachment to ones personality structure and mental functioning. Your entire being must just be another object to be analyzed and dissected. You must be able to know your prejudices,

your mental weaknesses, your fears, your angers, you must be able to monitor yourself and know exactly what mood you are in and how this mood can effect your ability to rationally analyze a situation. Your first job is to keep your screen in balance and free of emotional damage. Being too happy can destroy your reasoning ability just as quickly as being too sad or angry. Any time you find yourself becoming too emotional in one direction then you must develop mental control techniques to eliminate those emotions and bring your screen back to a neutral state. This does not mean that a psychic warrior can not have moments of happiness or sadness or anger or fear, to attain such a degree of control would require 90% of ones mental energy. A psychic warrior learns to know what various emotional states feel like and they make sure that when their screen is distorted that they do not try any important analysis or manipulations. If a pschic warrior goes to a funny movie they do not sit there stone faced, they could if they wished to expend the energy, but they allow themselves to laugh and be entertained. However, after the movie they immediately begin to restore mental balance and they realize that the fantasy that they saw should not be extended into the real world they are trying to understand. Entertainment and relaxation of the screen is just as important as the ability to work, if one used ones mind one serious problems all the time and kept a high level of pressure constantly then one would burn out the screen and suffer a nervous breakdown, just like a computer can be burned out when overloaded. After a while you develop the discipline to put problems on the screen and to take them off without becoming compulsively attached to finding an immediate solution.

A psychic warrior's screen is their most precious possession. The body is viewed as an instrument that transports the screen and protects the screen and performs tasks necessary to doing the manipulations which the screen wants accomplished. The rule I follow is, if I perserve my screen, then my screen can defend my body. The screen insures that the body is kept in good shape, receives the right food, and the necessary amount of sleep for the stress the person is

under. A psychic warrior does not hesitate to use the services of a Doctor or Dentist or a professional social worker or psychologist. However, the only psychiatrist that could be of use to a psychic warrior is another psychic warrior who was also trained in psychiatry. The rules under which a psychic warrior trains their mind to work are completely different from the average person so the problems they would encounter would be entirely different. The basic problem a psychic warrior would encounter is that of screen overload that would produce nervous exhaustion. A psychic warrior may have taken on a combination of problems that generate such great stress that they can not get enough sleep or mental recovery. This is a matter of personal discipline, no matter how interesting a problem is or how urgent the solution a psychic warrior must learn to mentally file the problem away if it is generating stress levels of to high a nature. If the solution is urgent then the psychic warrior should transfer the load to another persons screen who has spare capacity. Learning to pace oneself out over a long complex problem is like learning to run a long distance race, you must judge the energy available to you and allocate screen time so you move at a steady but sure pace. A psychic warrior does not mind doing hard physical work, in fact, some of your best thinking will be done when your body is occupied in hard work because such work leaves a large amount of your mind free to process.

A psychic warrior recognizes that the human mind is not designed for pure rational functioning, we (humans) have a large emotional section in our psychic composition and we must take this into account. The suppression of emotions can only be done on a very temporary basis. When an emotion is suppressed it will always emerge later in some other form unless it is adequately dealt with. If a person is angry and they try to permanently suppress the emotion then they will cause screen damage that will constantly keep distorting their analysis. As soon as possible, review the situation in your mind, I review it three times for anger damage because anger can seriously distort the screen, I try to erase the anger from the situation by using an anger purge, (I just keep

erasing until I can view the situation with no emotion of anger, I keep repeating the command "I know I am erasing anger") after I feel the anger disappearing I take the situation apart and find why it made me angry and just what manipulation would be suitable to handle it. If a person tried to operate on a purely rational model, like Dr. Spock of Star Trek, the result would be that the suppressed emotions would cause ulcers and other physical ailments. Humans are not genetically designed for straight rational operations, we have our emotions that proved very useful in helping us to survive as hunter killer animals, now we are moving into a new era where our emotional structure is no longer needed except in a minimal form. We must use genetic breeding to produce new generations that increasingly more rational, thus future generations will have the rational capacity to develop technology without the fear that our excess emotional structure will cause us to enter into a species destroying war. We must first learn to recognize our emotions when they distort the screen and then develop methods of safely channelizing or expressing the emotions. If a person does something that makes you angry or anxious it is much better to wait until you understand the situation and then talk the problem out with the person. By erasing your initial angry response and waiting until you are more calm you can express the fact that what the person did upset you and why in a rational manner. Of course, sometimes you might break discipline under intense provocation, but the idea is to try to avoid the immediate emotional response which usually does not help the situation. Never try to take your anger out on another person, even if they deserve it, but try to express at the right time to the person why it is that they are bothering you. In the matter of emotional control I have always found that the old saying, "victory goes to the patient" holds true. The emotional person may catch you off guard, but if you delay and plan out your manipulations carefully then you will control the situation.

When I talk about the use of mental systems I do not want people to get the impression that there is just one right system. The best system for a person is the one that works for

that person and allows them to accomplish what they desire. Since each person has a different personality structure and was conditioned under slightly different circumstances then the mental system that works for one person may not work for another. I am constantly in the process of adding to and modifying the mental rules that I program for my mind to operate under. Learning when to shift mental settings and when to erase emotional damage and learning how long you can operate on a certain mental setting without damaging yourself are all a matter of trial and error experimentation. If you are confronted with a mental problem you try to select the best method and mental setting that will solve the problem, if your choice proves not to be ideal then you program yourself to try a different approach the next time around. As you gain experience the less pain you suffer the quicker you can analyze and solve problems. After a while you develop a collection of manipulations that allows you to handle almost any situation in at least a passing manner. All people develop a bag of verbal tricks or gestures, the only difference is that the psychic warrior develops their manipulations consciously, and is constantly reviewing situations to plan a better method of handling it. Certain people I call Silver Foxes, these are old timers who always seem to say just the right thing and very seldom get caught off guard. I try to study such people and pick up manipulations that they use, thus when some con artist or phony tries to run a fast one by me I know how to turn the tables on the person. Silver Foxes are smooth and like a good poker player they know just how to manipulate.

Protecting your screen from damage i.e. (emotional damage or distortion) is the first objective of the psychic warrior. If your screen becomes too distorted with emotion then all your calculations will be thrown off. Learning to detect when your screen is damage and learning to recognize what the damage is, is both a learned skill and an art. Sometimes the damage is of two or three kinds and you must learn from experience what type of screen damage to erase first and what defensive measures you must employ to keep from making bad manipulations. One of the first defensive mea-

sure that practically everyone learns is that when you are upset the less said the better. If asked a question just decline to answer saying that you would prefer to think the matter over. The rule I use is always to erase anger first because I have found that it produces the greatest distortion and causes one to make the worst mistakes. If your screen is distorted with anxiety then you will tend to make your mistakes on the side of caution or you will be more indecisive than usual. However, anger leads to destructive thought and behavior which can not be undone, while if a person is too cautious or indecisive they can always be bolder later on. Extreme fear in some people tends to lead to a strong anger reaction, they desire to destroy what they perceive as threatening them. I believe this anger reaction when threatened is part of the classic flight or fight reaction, when threatened some people prepare to run while others have learned to flight. Each person must learn to project ahead to learn what their reactions will be to different situations. If you know that you are going to have a meeting with a certain person and they always make you angry then it would be a good idea to go into an anger counter or erasure before the meeting occurs; thus you can hold your temper and because you maintained your cool you can pick up mistakes the other party is making which can be used to defeat them later on. There are two general types of screen distortion, direct and indirect: an empathic person will sustain a high degree of direct damage, the person you are talking with may have put on a friendly smile, but if they are angry the empathic person will pick up the weak telepathic signals that all people emit and thus their screen will be distorted with anger. Indirect damage can come from thoughts you think yourself or your perception of a situation; the more experience a person has the more they can draw from a situation, a child can view a scene and see nothing wrong or upsetting but a mature adult could pick out 2 or 3 things right off that were dangerous or wrong. Many times people will become angry because of their own thoughts, a person or event will remind them of some past injustice or anger producing situation that was never satisfactorily resolved and they will become angry all over again

and they may try to take their anger out on the people around them who have nothing to do with the past injustice. It is important for a psychic warrior or for any person who desires to think in a rational manner to go over past situations that upset them, especially those that were not adequately handled or resolved, and determine what manipulations would have been appropriate to deal with the problem. This psychic review accomplishes two things; first, it makes you better prepared to handle any similar situation in the future, the next time a similar situation comes you will have a set of preplanned manipulations ready to go and you can always add slight variations to adapt to the new situation, but, at least, you have an intelligent defensive plan ready to go which puts you miles ahead of most people. The second thing a psychic review does is to help overcome your fear or anger that may not have been adequately dealt with at the time. By going over the situation and erasing fear or anger or whatever emotional damage occurred at the time you will be able to think back to the situation without feeling upset, you will be able to view the situation as an analytic problem that occurred in your past, but you will feel no personal involvement in it. Consciously you will know that the situation occurred to you, but your emotional involvement in the situation will be greatly decreased. This technique gives the psychic warrior a tremendous advantage, where as, most people suppress their bad experiences or failures because of the emotional pain they suffer by reflecting on them the psychic warrior can review the situation any time they desire and can draw valuable lesson from the painful experience which will help them avoid similar mistakes in the future. A success if fun to have, but any coach will tell you that you learn far more by analyzing a mistake or a failure so it will not occur in the future; you will notice that on Monday after Saturday's game everyone is talking about their good plays, but no one seems to remember the mistakes, so to help refresh peoples' memory the coach replays the game film, and lo and behold, the errors that were already suppressed reappear for scrutiny. A winning coach knows that reinforcing the positive can only help so much, to really produce a top notch team

the weaknesses must be worked on and ironed out. A psychic warrior tries to be their own best coach, they review situations, complementing themselves on the things they did right, and at the same time noting the mistakes they made. Good mental balance comes from a combination of positive reinforcement and negative criticism and reprogramming. If the manipulation that you used proved to be weak or did not produce the right reaction pattern then plan out a better one and reprogram yourself to use it at the right time. (Reprogramming is just a method of giving yourself a command over and over again until you can not forget it, you can use a mild state of self-hypnosis to reinforce the command). A psychic warriors mental program is constantly changing and developing, each time a psychic warrior tries a manipulation they analyze the result and see if improvements can not be found. As a psychic warrior progresses their program that governs their mental operation becomes more complex and they can handle a greater range of frustrating and troublesome problems with increasing ease and self confidence. Because a psychic warrior learns from each mistake, their learning is done in a very systematic manner where each new lesson is reinforced and incorporated into their total mental program. The average person hides from their mistakes and refuses to engage in any self criticism, if a situation turns out bad they automatically begin to look for someone else to blame and do not acknowledge their own responsibility. A psychic warrior, even if they handled the situation in a reasonable manner is not satisfied they want to know if there were manipulations that might have worked better. To a psychic warrior entertainment or amusement is used only as it is needed to preserve mental and physical health. If a person thought serious thoughts all the time and never took a moment for recreation or enjoyment they would suffer a mental breakdown under the pressure or develop high blood pressure. A psychic warrior uses recreation mental and physical only as a tool to keep their screen in good operating shape. Where as, physical people in the outer society pursue recreation and pleasure in a self indulgent manner, some people have even enshrined recreation and pleasure as the highest

good, to be pursued over all things, even to the extent that the individual becomes totally useless to society and only drains away resources like a leach. Needless to say, societies in which such a philosophy of the self indulgent pursuit of pleasure became popular, soon found themselves on the verge of destruction. Once the philosophy of hedonism begins to spread it acts like a cancer; each person begins to look for ways of avoiding honest useful work and instead they look for some sleazy way of exploiting another's labor. People who do hard honest work are looked down upon, while the idle rich who do nothing for society are given high status. The so called in or chic, the jet set, are really just useless leaches, self indulgent children who contribute nothing to society but their vanity. As hedonism spreads, the work ethic dies, and with it dies society; for what society can exist when its citizens are expending more mental energy avoiding doing useful labor, than doing what is needed. In this sense "Playboy" and such magazines that advocate hedonism are doing far more to destroy this society than any external enemy. History has proved that no society has ever been destroyed, until it first rots from within. (This applies to major civilizations, small societies have been destroyed by superior force, but even after conquest they often held on for hundreds of years to regain their independence) Any society that allows private individuals to gain excessive amounts of wealth or power always decays because the individuals who gain such wealth or power become decadent or their inheritors die and as the top of society becomes decadent the rot spreads throughout society until the society is ready for collapse. The people who hold excessive wealth and power refuse to acknowledge its corrupting influence and they control the political process so that no one can take away their wealth or power, the result is the disease of hedonism spreads throughout society, each person adopts the attitude of the big owners, "take care of Number 1. the hell with society" and so society rots and is beset by revolution, turmoil or conquest. The Romans built their society on slave labor and external conquest, the result was excessive wealth and power in the hands of a few, which leads to decadence

and hedonism, which leads to rot and conquest. The Greeks built their society on slave labor and so they were a push over for the Romans. The Moslem civilization was not really destroyed it literally rotted away, the leaders became so wealthy, that subsequent generations, became so hedonistic and decadent that their empire simply fell apart at the first strong breeze. The Byzantine Empire resisted Moslem attacks for 500 years with no difficulty, then it switched from yeoman farming where each person owned their own farm to slave and tenant farming, the big owners became idle and decadent and 200 years later they were wiped out. This cycle has occurred so often in history that only a blind fool could deny its existence, its occurring in England right now and its beginning to occur in the U.S. The first step to becoming a psychic warrior is to refuse to give in to the hedonism and decadence of society, to preserve yourself mentally and keep any corrupting influence from your mental state. The first step is to refuse to exploit anyones labor or to take any benefit that comes from the exploitation of anothers labor, and secondly you must never try to exploit another person in a personal sense, (this does not mean that you can not use another person, it means that when you use another person that you give equivalent value back to the person). Society is based on the mutual use of each other, and as long as you give a fair return to the other party for what you receive then there is no exploitation.). Exploitation is a form of stealing and any form of stealing is a form of exploitation. There is no such thing as stealing from the company or a big store because the company or big store just passes the cost along to the average consumer, so people who shop lift or do industrial theft and then claim that they only hurt the big company are just plundering the income of the average worker. People who cheat on their income tax are not stealing from the Government, they are just stealing from the average taxpayer because the Government has so much money it must collect and if it does not get it then the taxes go up for the average person. Thus one of the first steps a psychic warrior takes is to resolve that they will not let their mental energies get tied up with phoney beanbag schemes on how to make

money without doing any work i.e. exploitation. A psychic warrior is constantly monitoring where their mental energies are being expended and they make sure that they are not wasting their mental time. A person has certain social responsibilities and obligations to friends, parents, spouses, and children and these responsibilities should be honored. Each person should be allocated a reasonable amount of time, but never let a person waste your mental energies or time. You can never regain time once lost. If a person is just aimlessly running on, then just try to politely disengaged and get away from the person. Children are time intensive so do not have children unless you are prepared to dedicate the necessary time they need, to develop properly. Daily contact brings in necessary information, but the idea is that you should be ever conscious of how much screen time you are allocating and why you are allocating it. There are certain things that may particularly upset or distort your screen, you must learn what these things are and try to avoid them whenever possible. I enjoy classical music, but listening to classical music uses a great deal of conscious mental involvement so I have had to give up listening to classical music. I listen to easy listening music that requires very little conscious thought, the result is that my screen is free to analyze problems that threaten our species survival. Your work as a psychic warrior must come first and all things that distort your screen needlessly or tie up your mental energies must be put aside, you must develop the discipline to put aside all personal pleasures and desires and put your goals and mission foremost in your mind. As a member of the Foundation my first goal is to insure the survival of the human species, without that no other goal has any meaning. It seems strange to me that everyother animal or plant is oriented to their own survival and the reproduction of their species, yet humans seem to take their survival for granted assuming that they can do whatever they want to the environment and that the damage can always be repaired at some later date. Western technology has been based on a very destructive myth, that we could develop technology as fast and as far as we wanted without worrying about the dangers, the second part

of this destructive myth is that humans because of our superior brain did not have to live in balance with nature, but through the use of technology we could conquer nature and restructure our environment to whatever we desired. We are now just beginning to understand that there are definite limits to the punishment that our environment can stand and still recover and secondly that there are definite limits to our ability to adapt to changes brought about in the environment. According to technology we can take 8 million people and stuff together in a modern city, and if people were robots and not animals this might be a workable solution. However, people are animals and when they are stuffed together in an environment of concrete and steel the result appears to be that they develop various forms of mental illness. In simple terms, they develop and adapt to an insanely structured environment by becoming insane. The third part of the destructive technological myth is that although technology created problems it would always provide solutions if we just pushed ahead fast enough. In other words, technology was seen as an absolute cure for any problem and striking a compromise or balance with nature was ignored. So now we are faced with the situation where both the U.S. and the U.S.S.R. have invested hundreds of billions in producing thermonuclear weapons and delivery systems, but they have not done even one small study to see if our atmosphere or eco-system or food chain could survive such a war. Both sides have blithely assumed that after the holocaust the mess could just be cleaned up and whoever was left could reproduce the lost numbers. Most science fiction writers assume in writing about the future that there will be a third World War and that our species will survive. What evidence is there that with our current level of weapons we can survive? Each side now has (approximately) 1,300 I.C.B.M.s and with multiple warheads each missile can carry 3 to 10 thermonuclear bombs. In making calculations of human survival on a planet wide basis it does not make any difference where the bombs land, accuracy is unimportant, if they go off they damage our environment equally regardless of whether they hit their target. Can the ozone layer survive? Will the dust

that the explosions lift cause a world wide drop in temperatures and what effect would that have? What damage will the radiation do to plants and animals that are necessary for our food chain? What will happen to our own genetic structure? Your guess is as good as mine because neither the government of the U.S. or the U.S.S.R. has not invested a dime in finding the answer to such questions. A psychic warriors discipline allows them to see through the veil of pleasing emotional delutions that physical people construct to hide their minds from situations that would cause fear and anxiety. The facts that I have stated are readily apparent to anyone with a logical mind, yet the best scientific minds in both the East and West have ignored these facts, their emotional structure would not allow them to see the dangers that were in plain view. A psychic warriors first job is to learn to erase emotional distortion from their analytic screen and to develop the discipline to view reality as it is, not as we would wish it to be. The second job of a psychic warrior is to develop the ability to draw up manipulations that can take us from our present dangerous position to a safer form of human structure. All species must adapt and change to meet changes in their environment, we have radically altered our environment with technology, so now we must adapt and change our selves to survive in our new technological world. Through discipline, training and breeding we must gradually lower the amount of emotionality in our psychic composition so that our reasoning will not be guided or distorted by emotion, we can no longer afford a high degree of emotionality. With the magnitude of the weapons that we have developed there is no room for emotionally guided reasoning. The role of the psychic warrior is to help people who are now physical people to become psychological people, this process will largely take place among the young who have the mental flexibility to make the changes. If an older person has kept their mind alive by constantly exploring new learning then they could become a psychological person, but most older people become mentally lazy and fall into fixed patterns of thought, they accept their beliefs as absolutes and cease questioning whether or not their beliefs are rational. Pat of

learning to defend your mind from emotional influences is to learn what to avoid in society. People that are always angry emotional and belligerent are good people to avoid, such people usually love to complain about problems but they will never spend 5 minutes trying to figure out rational solutions that could correct the problem. Such people will distort your screen with their emotions, but they will never contribute anything to a logical solution. You will usually find that the people who do the most to complain verbally about a problem will never be willing to back up their words with commitment and action. You will also find that people who love to complain and talk tough will be the first to disappear when risks have to be taken, they are always ready with many good alibis but they are never there when they are needed. T.V. is a mixed bag just like our society, some things are very good but other things are just psychological poison. I would recommend that T.V. be kept away from children and young adults and probably the best solution is just to have the T.V. fixed so that it can only receive the educational channel. I am of the opinion, although there is no firm scientific data to support my conclusions, that T.V. is doing more to destroy the family structure in this Country than any other single factor and that increasing disrespect for the law is directly associated with increased T.V. viewing. Try, in general, to avoid any situation that would cause needless distortion to your screen. Because of personal responsibilities and the type of analysis or manipulation you are trying you will suffer more than enough psychic distortion.

THE GURU CON GAME

The Guru Con Game has been around for thousands of years in Asia and India, but only recently has it arrived in the U.S. There are 3 rules to the con, the Guru tells his followers that they must 1. Work like a slave 2. Live like a

pauper 3. Give all their money to the Guru. The Guru then promises that he will use the money to help the needy and do good works. In actual practice the Guru makes a personal fortune and only gives token amounts to the good works department. The Guru approach goes something like this; The World is a very complex place so hard to understand, but I am a wise enlightened Guri, therefore to achieve peace and happiness turn off your mind and turn me on and I will do your thinking for you, and together we will make the world a better place. The Guru cleverly attempts to exploit the idealism of young adults to amass a personal fortune.

The most successful practitioner of the Guru Con Game in this Country is the Rev. Sun Myung Moon. His movement preys upon young adults who are lonely and confused and turns them into street beggars who live at a survival level and are denied proper sleep to keep them mentally weak. They recruit by using techniques of strong social pressure; inviting a few young adults into a meeting with a large number of converts and then subjecting them to a high pressure sell. If the young adult goes to a week end indoctrination camp, then they are subjected to high stress behavior modification techniques, similar to those used by the military and by high pressure football programs. They attempt to break the persons personality and will down so they will become so tired that they will just automatically follow orders without thinking. This is not brainwashing, but if continued too long at too intense a level can destroy the individuals ability to think for themself and thus the person becomes psychologically dependent on the leadership of the group. The military and football programs use these techniques in moderation because they want intelligent reasoning obedience, but REv. Moon carries these techniques to extremes so that the young adult loses the ability to think for themself.

The best way to destroy Rev. Moon in the eyes of young adults is to show them how much of a hypocrit he is. Just ask young adults if Christ or a true follower of Christ would wear \$300 dollar hand tailored suits, expensive patent leather shoes, drive around in Lincolns and Cadilacs, have armed

body guards, live in a quater million dollar mansion, own an M-16 factory (the most deadly military rifle ever made, with a high speed tumble bullet), have \$15 million in personal assets (conservative estimate), Marry and divorce one young women after another, until he was finally prosecuted for bigamy after marrying his third wife without divorcing his second. He finally settled down with his fourth wife after adverse publicity forced him to stop running around. Young adults are suppose to be sensitive to hypocrisy so they should quickly catch on that when a person practices just the opposite of what he preaches then something must be very wrong.

The second method to get rid of this con artist is to get the Government to revoke his passport as an undesirable alien. Since Rev. Moon claims complete leadership of the movement then he is responsible as a corporate officer for any illegal activity that is part of the regular business activity of the Corporation. Since many exmembers claim that they were told to solicit funds by using the name of phony organization or by using the name of real charities without authorization and with the intent to defraud, i.e. all money gathered by Moonies goes to REv. Moon. With the help of ex Moonies a case might be made that Rev. Moon's corporation uses illegal soliciting methods and this could be used as justification to revoke his visa.

THE SURVIVAL ROLE OF THE MILITARY

In the past the military services were considered in a one dimensional role, they were suppose to fight and win battles and to deter war by their potential to destroy a potential aggressor. In the future, a thermo-nuclear war will be over in 4 hours, as far as the bulk of destruction is concerned. However, the society that can recover the quickest will then be in a position to dominate World affairs, once the balancing power of their chief rival is eliminated. The development of

The Peoples' Republic of China and or Western Europe into major military power blocks would go a long way to deterring war between the U.S. and the U.S.S.R. because if the U.S. and the U.S.S.R. destroy each other, and the Soviets can not get possession of the Capital goods in Western Europe or cut off the Middle East oil, then Western Europe and P.R. of China will become the dominant World powers. The role of each branch of the armed service should be expanded to include the ability to direct the immediate recovery after war and to help with the long term rebuilding of society. In order to rebuild rapidly we will need a command structure, which the military has, until such time as we can afford to reintroduce elements of political democracy back into our society. In order to over come the psychological impact of the immediate destruction that a full scale nuclear war would bring the people will need a strong purposeful leadership. Emergency contingency plans should be drawn up for some type of limited command council to direct the recovery. A group of 9 top leaders from agriculture, business, unions, military, housewives, government could be drawn up to lead the recovery after the first two months. During the first two months the top surviving military commander should assume control, declare martial law and draft the entire nation, in other words, every citizen would become a member of the military. This would be the only method of pulling the Country or what is left of it back on its feet. Because the Soviets now have instant world wide naval communication, they can total destroy Washington in 30 seconds after giving the launch signal, by using a flat trajectory sub launched missile, so all political leaders will be dead in the first minute. The 10 min. evacuation for the Pres. is a joke.

THE FORMATION OF THE COLLECTIVE SCREEN OR "CHILDHOOD'S END"

It has become apparent that the time perimeters on the existence of our species are narrowing to a dangerously close margin, or to put it simply, time is running out for our species. The build up in thermonuclear weapons has reached the point where if a major war occurs our atmosphere, and environment in general, will be so badly damaged that no human life on the surface of the planet will be possible. It is even possible that the destruction of the ozone layer would send the planet back into a phase one atmosphere where only the simplest types of micro-organisms could exist in the seas, and thus a billion years of evolution would be wiped out. Neither the U.S. or the Soviet government has spent a dollar or ruble to investigate what would happen to our environment if a total exchange did occur, in other words, billions for weapons, but not one penny for survival. The S.A.L.T. agreements have limited the rate of increase, but the absolute amount of weapons is still on the increase. Neither side wishes to begin to back down the ladder and reduce weapons for fear of giving the other side an advantage that might provoke some unbalanced leader to attack. So here the two major powers sit, assembling a collective dooms day device, and the probabilities indicate that sooner or latter a certain combination of events and personalities will lead to a major conflict, which in all probability will escalate into a nuclear conflict. There are certain trigger areas in the World that could lead to a major war. The Middle East is one such trigger area, because of its strategic position and large oil supplies both the U.S. and the U.S.S.R. could be drawn into a major conflict by local hostilities in this key area. This is why peace in the Middle East is vital to the survival of our planet. Members of the Foundation try to identify trigger areas that could set off a major nuclear conflict and we try to send analysis to World leaders that would stabilize these areas. Unfortunately, the leaders of Israel have not realized

that the Soviet Union is the major Mediterranean power because of its location and expanding naval power, and should a major conflict occur in the area and should that conflict escalate into a major conflict between the U.S. and the U.S.S.R., then the Soviet Union would neutralize the State of Israel. When a small nation is "neutralized" with nuclear or thermonuclear weapons the result would be the end of the State of Israel. It would be in the long term interest of the Nation of Israel to rapidly seek a Middle East peace, that would have to include a Sovereign State of Palestine. Can the leaders of Israel overcome their fears, angers, and emotional prejudices to seek a lasting peace? In all probability they will not be able to voluntarily overcome their fear and hatred of the Palestinians and thus an independent Palestinian State is not yet possible and thus the Middle East will remain an unstable powered keg that could lead to World destruction. There are other areas of the World with a similar potential and sooner or later a biological or nuclear war will break out and destroy our species, in all probability, this will occur before the year 2010. The World's population is now at 4 billion and will hit 8 billion by the year 2000 and will leap to 16 billion the year 2020. Most of this growth will occur in the underdeveloped Nations that have the poorest capacity to feed their people. In the future, will people starve to death quietly as they did in the past, accepting famine plague and starvation as the natural course of events? Not any longer; people in the underdeveloped Nations have now been enlightened by World wide T.V. and radio, they know how the people in the developed third of the World live, and how well we eat. Famine and starvation will bring war, either biological or nuclear which will rapidly escalate and draw in the major powers and thus bring about total World wide destruction. It is only a matter of time before some terrorist group or some Third World scientist, who has been driven half insane by the suffering of thier people, decide to use or unleash biological warfare. At first they may only desire to use biological warfare as an instrument of coercion, but an accident will occur, or some person in the organization will be psychopathic and sooner or later a biological holocaust

will break out: each of the major powers may assume that the other side set it off, after immunizing a key segment of their population, and the result will be biological retaliation, until all human life is destroyed. A third major danger is the genetic tampering with viruses and bacteria, that is now going on in every major U.S. University and in key industrial bio-medical complexes. We can also assume that the Russians and the Chinese are not standing still in this area; therefore sooner or later an accident is bound to occur and a deadly mutant virus with escape. Each major power will assume the other side intentionally set off the plague and biological and nuclear retaliation will follow.

The reason these grim scenarios have been mentioned is to point out that the chance of our species surviving past the year 2010 is .000000001 if you are an optimist, and just plain zero if you are a realist. The basic problem is that our species is a hunter killer species that for 3 million years, murdered in order to gain food and survive. We are a highly emotional, highly aggressive, deadly species, whose basic genetic and emotional structure has not been altered for the last 50,000 years. If we were only armed with stone axes and spears or swords we could go on hunting and killing and having warfare with no chance of seriously endangering our environment or our species, but our new weapons can never be used by our species without producing the result of extinction. Our Childhood began to come to an end at the beginning of the industrial revolution. No longer can we afford to be playful barbaric tribes, warring, killing, and lusting for territories. W.W.I., W.W.II., and the Vietnam Conflict have shown that warfare can no longer be used as a method of resolving National differences. Unfortunately, the leaders of the World, regardless, of what Nation, have not learned this lesson and are preparing to fight a third World War, as if it could be fought on the same scale as the previous World Wars. Technologically we have made great strides but psychologically we are still barbaric hunter-killers of 30,000 years ago. Just in case Women think that this does not include them, they are wrong. Genetically, men and women are almost identical with a few basic differences necessary for

reproduction. Most differences between men and women are due to conditioning. Most women who rise to power have very little of the so called motherly traits left in them; in fact history has shown that women in power are just as destructive, aggressive and cunning as their male counterparts and maybe more so because in their rise to power they have to fight an uphill battle against male prejudice. In a conflict situation a woman might even be more bellicose than a man, just in order to prove, that she was not soft and lacked the will to defend the Nations interests. Our Childhood has now been brought to an end by the rapid advance of weapons and by global communications and the interlocking of financial interests. We can either start functioning like a coherent World community or we will perish as a species. Unfortunately, as the U.S. demonstrated in the Dominican Republic, Cuba and Vietnam, and as the U.S.S.R. demonstrated in Poland, Czechoslovakia, Angola and Ethiopia, the two major World powers are still acting like they were back in the 16th Century armed with sabers, flintlocks and wooden ships. A deadly gap has been opened up between our technological progress and our psychological progress, and this spells doom for our species.

There is only one factor that can save our species from destruction, and that is the creation of the collective screen. The creation of the collective screen will give us the power to control the actions of the elites that rule the U.S. and the U.S.S.R. and the other key countries that control the World's destiny. In the U.S. only a small number of top industrialists, political leaders, military leaders, State Dept. people and newspaper and T.V. owners, control the actions of the U.S. The total number of key leaders to control in the U.S. is less than 200. In the U.S.S.R. the problem is even simpler, because the number of key people who control the destiny of the Soviet Union is only 50. In China the number is only 20. If the minds of these people can be controlled, then our species can be saved and war can be averted.

What I am about to reveal is normally closely guarded secrets that are passed down from one sorcerer to an apprentice, or from one psychic warrior to one that is in training.

The difference between a sorcerer and a psychic warrior is one of direction of application; the methods and techniques for both are virtually the same (with minor personal variations). A sorcerer looks upon the affairs of the World with disdain or benign indifference; the sorcerer deals with the "other reality" or as we say the Order Property, (God's pure intelligence that controls all scientific reactions of matter and energy), i.e. when a scientist writes a law down on paper, it is in abstrated form, the Order Property is the "Living Law" God's pure intelligence, as it actually acts to control and maintain the Universe. Matter and energy are just different states of God, or in simple terms, the entire Universe is an infinite God organism divided into three states, and we are micro-organisms within the collective God organism. But our intelligence has evolved to the point where we have independent will. The sorcerer deals exclusively with the Order Property, for its own sake, like a pure research scientist, the sorcerer pursues knowledge for its own sake. The sorcerer does not try to use the knowledge gained, and the power gained, to tamper with the affairs of the physical World, i.e. politics, economics, military, affairs etc. The psychic warrior learns some of the techniques of sorcery, but uses the power and knowledge gained to try to make changes, or to influence the course of events in the physical world. The pure sorcerer usually develops the art to a higher state because no time has to be devoted to tampering with the external World. The psychic warrior has the power of telepathy and empathy and the power to extend their psychic energy, (Will) into the order property and make very minor physical changes in their own bodies.; because our mental energy is weak and our intelligence is small, the use or our ability to manipulate the order property is correspondingly small. Connecting ones mind directly to the order property and extending ones will into the Order Property is an extremely dangerous art and the slightest mistake can mean death or insanity. Very few psychic warriors ever try to master this art because of the tremendous time and discipline needed. This art of connecting ones mind directly to the Order Property and extending one Will into the Order

Property for the purpose of producing internal bodily changes or physical changes external to ones body, is usually practiced by Sorcerers. When Don Juan, the sorcerer, in Carlos Castaneda's books, used his mental energy, extended it through the Order Property and jammed up the electrical circuits of the car they were using, this is an external use of mental energy. When Don Juan claims that sorcerers can jump 30 to 50 feet, this is easily within the capacity of an experienced sorcerer, who has learned to use the Order Property to suspend or partially mitigate the force of gravity. This is how Don Juan's friend made a climb that even an experience mountain climber would have found impossible without ropes and an assistant. Since the Order Property controls all the laws of the physical universe, even a very minor alteration can produce what seems to be miraculous results. A faith healer or Saint, that can actually effect cures, draws on the power of the Order Property (Gods Pure Intelligence), just as those who have practiced the so called Black Arts do, in other words, that which can be used to heal, can also be used to destroy. The source of all things is God and so the source of all power is God; electricity can be used to heal or kill, a knife can be used to heal or kill, and the Order Property can be used to heal or kill. The Order Property although it controls all the scientific laws of the Universe does not have specific will, only intelligent forms of life, like us, have specific will. If our species chooses to survive and we evolve for millions of years and we dedicate ourselves to reproducing the Universal Cycle, then some date, far into the future, our species, whose bodies will be composed of energy plasma, like a huge gaseous cloud, and whose I.Q.s will be in the millions, will merge their bodies and intelligence and form God in Embryo. God in Embryo will be able to directly interreact with the Order Property and will have all the attributes that religions have attributed to God. God in Embryo will continue to grow until all matter and energy and intelligence i.e. (the Order Property) are unified into one perfect being i.e. God in Perfection. You will notice that everything on our planet and Solar System, and what we can observe in the Universe, works in perfect harmony and order,

that is not touched or controlled by humans; that is because all matter and energy and lower forms of life are controlled by the Order Property; but because we have specific will, we can choose to be obedient to Gods Universal Plan, or we can pursue our own selfish and destructive ends. Unfortunately, those people who have had and who now have power upon this Earth have, in general, been dominated by their own greedy desires for power and wealth. The result, of course, has been misery, war, exploitation, indifference, and carelessness. The ruling class of every society has piled up wealth upon wealth, until they drowned in their own decadence. Rulers of totalitarian societies have pursued greedy desires for more territory and power until war and destruction inevitably ensued.

There have always been those forces that advocated religious and moral restraints to warfare and exploitation, but they have not been listened to, by in large, because they had no enforcement powers. The creation of the collective screen will give those groups interested in the survival of our species and obedience to God's plan the power to force the ruling elites of every Nation to do our bidding, to put away the implements of war, to stop experimenting with mutant viruses, to concentrate our collective World energies on producing an orderly World Community where millions do not live in poverty, hunger and fear. The members of the ruling elites in each Nation can either do our bidding and conduct themselves in a humane and rational manner, or we will discipline them with mental pain and if they fail to get the hint, then we will have no other option but to remove them by causing them to suffer massive cerebral hemorrhage. When the minds of a thousand psychic warriors, properly trained and disciplined, transmitt their mental energy through the order property into one mind, the result will be devastating. In physical terms, it would be as if a thousand volt current were run into one ordinary household light bulb. Only a few examples have to be made in each major society, then the remaining members of the elite will quickly fall into step or they will cease to exist. (I fully realize that most psychiatrists will interpret this claim as the delusions of a disturbed

megalomaniac in the last phase of breakdown), eight years ago I would have agreed with them, but it is to our advantage to encourage disbelief in collective mental power, among the general population. Only the elites will know the true power of the collective screen and they will never dare to confess to the people of their respective Nations that they are doing our bidding. We will leave the trappings of power in the elites hands, but the substance of power on all major decisions affecting survival of our species and the development of a World community will be in our hands. It would be a bad mistake to interfere in the small decisions, because it would put far too much strain on our analysts to work out the proper moves. We will guide the major trends of World peace and the building of the World community. If the big decisions are done right, then the small decisions will all fall into place.

There are several types of mental control that can be placed over the elites. A single psychic warrior using detailed analysis of one person can use telepathic transmissions to program the subjects subconscious mind. If you can control the subconscious mind of a leader, then the leader can be programmed to avoid war. A small change made in the subconscious mind, every other night, over a period of a year can completely change a person outlook and moral perception. This method is ideal, because the subject does not know that they are being changed by an external force, but thinks they are evolving a higher moral perception on their own and they embrace the new outlook as their own child. The second type of direct telepathic manipulation is to cause an individual to suffer nightmares and to lose sleep. This can weaken a person and if kept up night after night can result in mental breakdown and lowered physical resistance that will set the person up for diseases and heart failure. However, this second method is dangerous because we do not want a member of a controlling elite suffering a mental breakdown, because they could make rash decisions that could adversely affect millions of people. This second type of direct psychic manipulation is designed to inflict a small amount of pain for the purpose of discipline. A couple of terrified nights sleep

should persuade a resisting member of a Nations elite that we are not fooling around, and that further resistance will only bring further pain and death. A single psychic warrior can easily do the second type of manipulation, it only takes 5 minutes of transmission, 15 minutes of pre-preparation, and 15 minutes to erase screen damage that is caused by direct contact with a person having an increasingly horrible night mare. The third type of direct manipulation done with telepathic power is a massed manipulation, where anywhere from 10 to 1,000 minds will transmit at the same instant of time, depending on the number of minds transmitting, this can cause anything from headaches, heart pains, all the way up to immediate death from cerebral hemorrhage or heart failure. Groups of ten will be formed, 5 men and 5 women, some will be Colonies, that have a very close mental state, and other groups of ten will be formed from Foundation members. A special group of analysts will be created to analyze and monitor any situation which would contribute to nuclear or biological warfare. This unit will send orders to the leaders of the major Nations in the World, if the leaders choose to ignore our orders which they will do at first, then they will either be disciplined with pain, or destroyed; If subconscious programming fails to bring about the correct attitude.

In the process of World control and organization the U.S. is a key country, because in the U.S. there is nothing that the established forces of the ruling elite can do to legally stop us. In the U.S. because of our Bill of Rights, people can not be arrested for thinking or massed group thinking, or meeting together, or speaking or writing. Thus the U.S. is the perfect place to build the collective screen. In the U.S. we have people from every ethnic group and Nation, thus the main analytic group will have specialized sections devoted to each major Nation and all those Nations that could possible create a nuclear war or biological holocaust. All the groups in the collective mind will be connected to each other and to the central analytic section by short wave radio. A massed projection to remove a dangerous World leader will be set up weeks in advance, when you have the power and the proper analysis

you can afford to take your time, or as the Arabs say, "victory goes to the patient." The U.S. is also the center of media communications in the World and because of our free press we have the best quality of information available.

No tears should be shed for any of the big industrialists in the U.S. or any of the Soviet leaders, they have all made decisions to gain money or power that have resulted in the deaths of thousands or in some cases millions. There is only one language that these brutal power brokers understand and that is the language of force and death, so we will speak to them in the only way they will hear. But even if a key leader was the most pure and wonderful person ever put on Earth, it would make no difference, if a person fails to obey, then they must be eliminated. The survival of our species is on the line, and possibly the survival of all life on this planet is now in the balance. A major thermo-nuclear war or biological war is inevitable and in order to prevent this disaster, the life of any one person is expendable. The collective screen should not be used for revenge, we can not afford to waste the mental energy. If a World leader has been a perfect monster, up to the present, but decides to obey our commands, then that person will live; if a leader has been a Saint but refuses to obey, then they must be removed and if that means death, then so be it. It must be remembered that when a person uses telepathic contact the two minds are linked through the Order Property, so when one mind suffers damage, the other mind of the sender will also. However, the sender, knows what is going on and can then proceed to erase any mental damage at the end of the transmission. When the collective screen uses their massed psychological power to kill, the mental death screen of the victim will hit all of the senders, however, because the senders will be disciplined psychic warriors they can erase the damage before it can cause serious mental or physical damage.

It is of critical importance to remember in building a control mechanism that the fear of death or insanity is a far more potent force than death itself. If too many people are destroyed, then death becomes common place, people adjust and learn to live with death, but the fear of death or insanity

is a specter of the unknown, and is a 1,000 times more terrible than death itself. The disciplining of the elites that control the Worlds Nation is no different than the disciplining of young children, be reasonable and fair, always thoroughly explain orders or ground rules, but be firm. It will be necessary at first to make an example of a few disobedient leaders, but after that moderation and patience should be the watchword. If a child is paddled too often the paddle becomes familiar, and thus it becomes ineffective. The knowledge that the paddle is there hanging on the wall is all that is necessary, as long as the parents are firm and reasonable and do not ask more than the child can reasonable be expected to perform. The elites of both the U.S. and the U.S.S.R. are like big unruly children, they have never known discipline, so like a wild horse that is being broken to the saddle they will stomp and kick at first, but if we are patient and fair, and go one step at a time, they will see that we are acting in the best interest of the World and our species survival, and they will eventually conform. Orders must be simple, easy to understand, and few in number, nothing could be worse than to try to enforce too many changes; people have a limited capacity to absorb change and even good changes must be made at a slow and progressive rate, so that both the leaders of a Nation and the people of a Nation have time to digest what is going on. Every attempt should be made to avoid interfering with the internal workings of a Nation, thier laws and customs and sports. There may be a few glaring exceptions like IDi Amin of Uganda; a person who is obviously psychopathic and destructive and was actively murdering thousands of people would just have to go, he will make a good practice target.

A few moral purists may ask, by what right do you kill another person. A perfectly good question, and the answer is, by the right of collective self defense, which in this situation means; when the destruction of our entire species is inevitable, because the selfish and power hungry elites that rule the major Nations refuse to give up the weapons of war, and continue to take steps that can only make destruction sure, then those that have the power to stop this suicidal madness

have a moral imperative to act. In order to save the lives of 4 billion people on our Planet and the life of our planet, it will be necessary to surgically destroy a few members of the ruling elites in each of the major powers. It is unfortunate that the controlling elites in the major Nations will not listen to wisdom and common sense, but since they turn a deaf ear, they must be disciplined and brought under control. God's basic command given to all living things is to survive. All animals and plants obey this command, only willful, destructive humans, work in the opposite direction and build up weapons that can only lead to collective suicide. If the leaders of the World do not have enough sense to put away these weapons or if they are trapped by bureaucratic and political pressures, then, they must be made to obey.

The most important work that can be done right now is the building of the collective screen and the formation of the central analytic group that will do the analysis which can then guide the Nations of the World to peace. Since all things are done with Capital i.e. money, and since we will need substantial sums to fund the central analytic group and to build the Colonie structure, the question arises, where will the money come from. The answer is easy, from the people, who have vast sums of surplus money, that they are now wasting on yachts, fur coats, fancy cars, mansions, and other wasteful expenditures too numerous to mention. The only question is, should the money produced by the labor of the people be wasted on luxuries for millionaires, or should it be used to ensure the survival of our Planet. Since the answer is obvious, then the next question is, how do we get these rich selfish plutocrats to cough up the money. The answer is easy, we will send them a letter appealing to their common sense and specifying the amount they will have to pay and the sources, i.e. organizations they will have to give to. We will also tell them that if they fail to give, that on a certain night and for the next week, they will suffer intense psychological pain, they will get very little sleep, in sum, they will suffer beyond their wildest dreams. After a couple demonstrations of the power of the collective screen they will come begging to give. Money does no good, if your mental and physical

health is being methodically destroyed, and since even lazy rich people need some sleep in order to enjoy their decadence they will come up with the yearly donations. The beautiful part of this program is that it is perfectly legal. There is no law against collective thinking, and if a rich person ever tried to press charges for extortion, the police would think they were insane, they would lose all standing in their peer group, and greedy relatives might try to have them committed. There is no legal method or scientific method that can be used to examine the Order Property or mental energy or that telepathy is being used. A threat to do something that can not be done according to current scientific theories, is not considered a legal threat in a court of law. They can either pay or they can end up in a mental institution or a grave yard. Of course, they will pay. We will set up a number of non-profit organizations, such as, "The World Peace Association", "The United World Assoc." etc. etc. but all the groups will channel their money into Colonie central, which will use the money to fund the central analytic group, and to build colonies, which will expand the power of the collective screen. Each mind in the collective screen will act like the cell in a huge and expanding brain, until the power of the screen can successfully control all the ruling elites in the key Nations.

Once the collective screen has reached its optimum size it can be kept at this level, but the Colonie structure will continue to expand until it is eventually the dominant social organization in every Nation of the World. The members of the collective screen are highly disciplined psychic warriors that are especially good in telepathy and have no qualms about disciplining the rich or power elites that rule. The units of the collective screen, (10 people 5 men and 5 women) can be either Foundation members living in the outer society or Colonie members living in colonies. Foundation members living in the outer society will be the ears and eyes of the Colonie feeding in valuable data on the psychological mood of the outer society. All members of the collective screen must be given lie detector tests to ferret out any spies, but if a spy does realize that we can do what we claim, their

reports will be ignored, and their superiors will think they are insane. The official establishment never believes, what it does not want to believe. Most spies who realize what we can do will join us, since our failure means thermo-nuclear war and World destruction. Those spies that do join us will be a valuable asset, because they can feed negative reports back to their superiors, thus putting the establishment to sleep. The members of the collective screen will be anonymous and even colonie members can quickly meld back into society if the heat is put on. However, the elites are highly visible, their ego's demand it, magazines, newspapers, "Who's Who", so we know who they are, but they do not know who we are. In order to do telepathic transmission you just need, one recent picture, good clarity, or a finger print, i.e. some type of positive biological identification. You can not use articles of clothing, if you try to transmit to a man of medium build, with a dark blue suit and brown hair, the description is too general and no connection will take place. The farther you lower the barriers in your mind to the Order Property the stronger the connection is to the other mind. If a person lowers their protective mental barriers all the way to the Order Property, then a person could go hopelessly insane or get lost in an infinite realm. Only a master sorcerer can lower the protective mental barriers all the way and hope to come back out, this takes fantastic discipline and years of training to do it with some degree of safety; This is what Don Juan, from Carlos Castaneda's books calls Seeing. Fortunately, the mental barriers only have to be lowered slightly for a person to transmit telepathically, (and this lowering occurs naturally during transmission), so there is very little damage and most of this comes from feed back from the other person's mind. If a telepath thinks good thoughts or healing thoughts to a subject, the person feels better and their health improves, but bad and destructive thoughts produce the opposite result. I call good thoughts, positive mental energy, and bad thoughts, negative mental energy. If a thousand psychic warriors each send one unit of negative mental energy to a subject, the result would be severe mental and physical damage, if the subject died, the psychic death scream might produce 10

negative units that would hit the senders on the feedback. (It is impossible to equate mental energy into physical units, but there is no other way to explain it) In practical terms, the subject receiving 1000 units of negative mental energy might not survive, but the senders can absorb 10 units on feedback, and then erase the damage and recover. Thus it is essential that we have a clear up to date photograph, or the persons finger print, in order to make an accurate transmission. As the ruling elites in each key Nation begin to realize what is going on, they will develop Darth Vader complexes and try to shield their appearance, but it will be to no avail because photographs are already published of every major leader. The fear and paranoia of one member of the ruling elite will spread to others and this fear is what we will use to control them. Good control is the result of fear plus reasonable instructions that have been carefully explained.

The more accurate your mental picture of the target that you are focusing on the better the telepathic transmission, if the description is too general no connection is made, the example of the man with medium build, dark blue suit and brown hair was just an example to illustrate a bad general transmission; in actual practice if any description is too general the result is no connection at all. In physical terms one might consider the Order Property to be a Universal telepathic phone exchange, in general, if you do not put in the right number, then you do not get any connection. Because the Order Property is made of pure intelligence there is no such thing as time or distance; so all transmissions are instantaneous to any part of the Universe. Time and distance can only exist in the realm of matter and energy; time is only a psychological perception created by the changing states of matter and energy, but do not try this one on your boss if you are late, to a boss, time is money; distance is the psychological perception created by the separation of matter, but do not try this definition on an airline company, because to them distance is fuel and labor time, which add up to more money.

An advanced sorcerer who can *See*, (that is, can lower the minds protective mental barriers in a controlled fashion, and

then can allow his mental energy and mind to inter-react directly with the Order Property in a controlled fashion) can mentally travel through the Order Property to any destination. This is a very dangerous because when a person projects their entire psychic profile from their body through the Order Property their body can only exist for about 24 hours, the person will almost seem dead, with all their vital functions depressed. The lower autonomic part of the mind sustains the body but deprived of the psychological essence, psychic profile, (Soul), the body will die. Sometimes a sorcerer stays too long, or sometimes the sorcerer will get lost, or sometimes the beauty of the Order Property will cause the sorcerer to give up their physical life. Because of the infinite nature of the Order Property, a few minutes in the Order Property could seem like an entire life time. This art of Seeing, or direct mental contact with the Order Property, takes great discipline and training because the secret is to lower the protective mental barriers in a *controlled fashion*, and then to control the trip in a disciplined fashion. Any fool can take LSD and instantly lower the barriers to the Order Property, but at the same time the barriers are also lowered to the subconscious, so a person could end up on a nightmare trip, the person using LSD has no conscious control over the lowering of the barriers, plus the chemical is so strong that even a strong intellect can be thrown totally off balance and make mistakes. Thousands of young people were ruined by using these psycho-chemicals, insanity, suicide and totally unbalanced behavior. A sorcerer lowers the barriers through mental discipline and years of practice and thus controls, as well as a human mind can, the entry and exit. Any use of drugs is done with surgical precision and with great care, and none are as strong as LSD. Because a sorcerer develops the ability to make a very close mental alignment with another mind, they can use a crow, as a reconnaissance aircraft, and what their crow sees, they see. That is why one sorcerer may try to destroy a crow if they think it belongs to an enemy sorcerer. Sorcerers could engage in a direct mental battle but the result would be suicidal, so like two Nations with nuclear weapons, they fight their battles through proxies, just as the

U.S. and the U.S.S.R. fight through proxies in Third World areas. A psychic warrior usually does not have the time to develop the art of Seeing, (direct mental interaction with the Order Property with protective barriers lowered), a psychic warrior can extend Will, (mental energy), can use telepathy and empathy, and sometimes can help heal if they develop the skill. A psychic warrior develops the ability to do rational analysis by screening out emotional influences, and tries to look at physical reality as it real is, when doing analysis, regardless of how unpleasant. A psychic warrior pursues political, social or economic goals and tries to use their discipline to change things for the better. Christ was probably a psychic warrior, who was born in the Middle East, but was trained in India or China, he then returned in order to prevent violent elements (the Zealots) from conducting an armed rebellion against Roman rule. Unfortunately, the leaders of the Jewish Church thought he was using his peaceful movement as a guise for violent action, and since they knew that violent rebellion would bring the destruction of their State, they decided to kill off Christ. Since Christ was the only person who could have turned the Zealots and their fellow travelers away from armed rebellion, his death, or disappearance, made the armed rebellion inevitable. In 66 A.D. the Zealots led the rebellion and the Romans destroyed the Jewish State and thus began 2,000 years of wandering and suffering. Psychic warriors have been killed for 5,000 years, because the leaders that rule society do not like to hear the truth or common sense or reason; the elites that rule always use lies and false religion to enslave people. If it is any consolation the chance of Christ dying on the cross was very remote, a psychic warrior training in India or China would have a strong back ground in yoga and he could have easily have put himself into a death like trance that could have fooled the Roman soldiers. Since Christ's ankles were never broken, to increase his suffering by prolonging his death, and since his arms were tied to the cross and not nailed through the palms, also to increase the duration of suffering (nails might have been put through the major bones in the arm) he could have easily survived and feigned death by a

deep trance. Christ probably returned back to the Far East when he realized that he would only be assassinated by Zealots or by agents of the central Jewish administration, and died peacefully in his old age sitting under a Banyan tree. The reason Christ's teachings were so different was because it was the first introduction of Far Eastern philosophy into the harsh, eye for an eye, Mediterranean context. As Christ said before his death (words to the effect) that none of the disciples knew what he had been trying to teach them for 3 years. When Christ was alive they thought the Kingdom was an actual physical Kingdom of David, when Christ died and disappeared from the tomb, they jumped to the wrong conclusion and thought that the Kingdom was a place called Heaven that was set up like an Earthly Kingdom, but in the sky. Christ's only statement on the matter was that the Kingdom was within a person, and I assume he meant a person's soul or psychic profile, and the ability of a skilled person to allow their mind to contact God's pure intelligence i.e. the Order Property. When any person dies their psychic profile or soul goes into the Order Property, because pure intelligence naturally goes into the realm of pure intelligence. Thus there is only a "Heaven", God's goodness and love is infinite and given to all, both the Saint and the sinner enter into God's pure intelligence; we are quite good at manufacturing our own Hells, wars, class division, exploitation, repressive totalitarian regimes, ghettos, unemployment, greed, decadence, the abuse of drugs and alcohol, the list of Hells both personal and institutional is endless. The quality of the projection into the Order Property determines the quality of the merge with God's pure intelligence. An untrained person goes in like a shot gun blast and quickly disappears into nothingness, a trained person who knows how to do a good projection gets a much longer lasting experience and retains a higher degree of consciousness. When Christ talked about the Keys to the Kingdom he was undoubtedly referring to the key mental manipulations that are needed to remove any barriers to the Order Property. A good i.e. skilled sorcerer can experience "Heaven", i.e. the Order Property many times before death; experiencing the Order Property is what

the highest level of sorcery is all about. A sorcerer learns to go to the source of all things i.e. God's pure intelligence. The psychic profile or soul of a trained person retains unity at death, thus it does not dissipate as quickly, and the person retains consciousness. When Christ told the story about the workers hired to work in the Vineyard, he was trying to show that it does not make any difference when a person turns to God in their life, if a person loves God and desires to be one with God then their psychic profile goes into the Order Property with a reasonable degree of definition. If a person has lived their life in a self centered manner turning their back on God, then they can only expect a weak and scattered projection, which will result in some pleasure and wonder but very little if any consciousness. When Christ spoke of entering the Kingdom in a child like state, he did not mean to be simple minded or ignorant, he meant that a person's mind should be open, accepting, and filled with wonder and love. If a sorcerer were to try to analyze the Order Property according to rational standards that we use to analyze the every day world, their mind would be burnt out. If a small finite mind tries to analyze an infinite intelligence the result is insanity and burn out. When Christ saved the thief that was next to him the techniques were easily within the reach of a skilled sorcerer, he telepathically took over the man's mind, removed the barriers to the Order Property and the thief's soul merged with God's pure intelligence, and his body which was half dead anyway, died. Christ then could have put himself into deep trance lowering all autonomic functions, the Roman soldier then tested his side with the spear and when blood did not gush forth assumed Christ was dead; any highly skilled yoga can do this trick. When the Earth quake rolled back the stone and Christ walked out the soldiers panicked and fled; later the soldiers made a story up about angles and flaming swords in order to avoid execution for deserting their post. Most psychic warriors follow a basic rule, if you are going to die make sure you maximize the impact of your death for the cause you are serving. Christ knew that the Jewish leaders were going to kill him, he could either fake a death on the cross or be killed on some back

road by assassins. Christ probably told Judas to go to the Jewish leaders and appear to sell out, the other disciples were to be kept in the dark to prevent any security leaks and later Judas would fill them in and they would go and roll back the stone. However, when the earth quake came and Christ disappeared Judas thought that everyone would now believe he was a real traitor, and thus hung himself in despair. Christ later tried to contact some of his disciples, but then he realized that dead he could do far more to spread his philosophy than he could alive, so he departed and went back to India or China. Since Judas was the only trained intellectual in the group, he was probably the only disciple who had a vague idea of what Christ was actually trying to convey. Thus with the death of Judas and the departure of Christ, this left a highly enthusiastic, highly dedicated, group of unlearned fisherman running around misinterpreting concepts they never could understand even when Christ had patiently explained them God knows how many times; This is why Christ was forced to use parables, because the complex philosophical ideas, upon which his Eastern training was based, had to be broken down into very simple terms so that uneducated farmers, fishermen and trades people could understand them. The bright star, the Magi, the Virgin birth are totally nonessential and were probably added to increase the popularity of Christianity to the Pagans. Under this interpretation of events, Christ was a psychic warrior during the first half of his life and probably went on to become an accomplished sorcerer during the last half.

In order to build the collective screen we need highly disciplined psychic warriors and not sorcerers, although a few sorcerers to act as advisers might be very useful. The trouble with sorcerers is that because of their interaction with the Order Property i.e. their ability to See, they come to view the affairs of this World as no more important than a group of grasshoppers bouncing around in a field. In other words, sorcerers have developed psychic techniques to a high state, but they have no motivation to use their knowledge to affect the events of the physical World. Most sorcerers because they can mentally touch the Order Property know

that the Universe and God are one, and they know the infinite power and beauty of God's intelligence, therefore, they falsely conclude that we are totally meaningless and insignificant, but they are wrong. Divorced from dedication to God we are indeed meaningless and, in general, a pack of fools, running around wasting resources and hurting each other. But if our species dedicates itself to the service of God, we can reproduce God in Embryo in maybe 200 or 300 million years of rapid evolution, and thus we can serve God's master plan by bring to an end this Universal cycle. The underdwellers will use high technology to evolve themselves into a gaseous form, with an I.Q. in the millions, and they will eventually merge their bodies and minds to form God in Embryo, that will expand until all matter, energy and intelligence is united into one being, i.e. God in Perfection. The surface dwellers will remain in our present state of evolution; and technology will be froozen at a safe level so that the surface of the Planet will be a peaceful World community with a stable and limited population of a billion or less and total recycling so that no resource depletion occurs. The surface dwellers will provide a veil of innocence so that any extraterrestrial space ships will think that the planet is the home of a stagnant but happy agricultural people. If any potential Galatic Empires realize how advanced the underdwellers are then they will undoubtedly destroy the planet. But once God in Embryo is created nothing in the physical Universe can stop it from uniting all matter, energy and pure intelligence into one perfect being i.e. God in perfection. God will then recreate the physical Universe by recreating matter and energy, and thus in one huge cosmic bang the new Universal Cycle will be started. The only way our planet and lives can have any meaning is to dedicate ourselves to the reproduction of God in Embryo, any scientific development that does not serve this purpose is meaningless. Maybe some other species on some other planet in our Milky Way Galaxy will conquer the Galaxy, but once God in Embryo is created all their labors will be as nothing, for they will just be reduced to cosmic food for an ever expanding God organism. What weapon could be used against a Being that can directly control all

the laws of the physical Universe, and that could draw the Souls of a trillion people into its being in one instant. Our PLANTet can be the birth place of God, the womb where God in Embryo is born, this is the highest honor and dedication that an intelligent species can have. The moment of decision is now here, we can choose between destruction and glory. We can yield to the forces of evil that now rule our Planet and have a war that will burn our Planet to a cinder, or we can use our mental power and our faith in God to control the weak and evil leaders of the World and lead our Planet on to Glory.

There are 5 phases to the salvation of our Planet and the building of God in Embryo; 1. Saving our Planet from nuclear or biological war by building the collective screen. 2. The building of a true World community and the colonie structure of living. 3. The division of the World into the underdwellers and the overdwellers. 4. A long period of development in which the underdwellers evolve into higher and higher states of intelligence, maybe a billion years. 5. The glorious moment when the underdwellers merge their beings into one and give birth to God in Embryo. God in Embryo will then draw the souls of the surface dwellers into its Being and then send our Sun into Nova. God in Embryo will then continue to expand until all the physical Universe and the Order Property is united in one perfect being, God in Perfection.

It is important to remember that the surface dwellers only exist for the protection of the underdwellers and that the underdwellers will rule the entire planet in those matters that effect the survival of the Planet and the reproduction of God in Embryo. In practical terms, the surface dwellers will be on their own in 99.999 percent of all decisions, because the underdwellers intelligence will evolve to hundreds and then thousands, and then hundreds of thousands times greater than a surface dwellers intelligence. The under dwellers will view the surface dwellers, just as we view view a group of wild moneys, or playful field mice. Underdweller children will occasionally come to the surface to go on field trips, to observe the simple life forms that live on the su rface.

The underdwellers will protect the surface dwellers from any potential Darth Vaders who might try to exterminate the surface people; the surface people will never resist conquest and will be obedient servants of whoever rules the Galaxy, if such a guise of innocent obedience is necessary to protect the Planet. Because when the time is right and God in Embryo emerges, the foolish Lords of the Galaxy will all be turned into energy and their fleets of War Ships will be as nothing. What will the Death Star be to God in Embryo just a small morsel of food, a crumb to be turned to energy and eaten.

Phase 1

(The Building of the Collective Screen and its use to control the ruling elites of the World and thus prevent nuclear and biological war.)

In the U.S. where the collective screen will first be built, our major opposition will come from the Big Capitalists, the Big MOney Capitalists and the rulers of the Soviet Union are both about the same in their outlook and morality. Most of them are atheists, and they have no respect for the average person or the rights of individual. They view themselves as above the law and for practical purposes they are. If a big owner in the U.S. has an operation that is obviously unsafe, and workers are killed or poisoned, the only thing the Government does is to issue a cease and desist order, the big owner admits that he did nothing wrong, but he will stop doing it in the future. If big companies conspire and violate price fixing laws and steal millions or billions from consumers, then the only penalty is a mild fine and a few 6 month suspended jail sentences. It is no wonder that white collar crime is the number one type of crime in the U.S., (aside from the 30 billion dollar Mafia gambling business which has drifted into the semi-legitimate area because of public acceptance.) Because of the totalitarian nature of the Soviet system they are practically a law unto themselves. Both the big owners in the U.S. and the Soviet leaders have no respect for human life and in their pursuit of money or

territory or political power have not hesitated to collectively destroy millions by their immoral decision making. No member of the collective screen should feel the slightest guilt if such people have to be disciplined or destroyed, they have showed no mercy to others and should receive none from us. When the big capitalists realize what the collective screen can do, they may try to use Government persecution or they may try to assassinate some of our key people, so good security is necessary and nothing should be done to attract attention to Colonie members or Foundation members. Every person should hold a regular job and blend in my the outer society, except those people who form Colonies in rural areas and those people should do everything possible to make their farm look like any other local operation. Colonies should do everything possible to avoid local conflict and should try to be good neighbors. We are not Hara Krishnas or Moonies, bothering people on the street, we earn our own way for personnal expenses, and we will seek donations from the super rich, which will be easy since the rich will either cough up or be driven insane or killed. The only full time employees will be used at an institute for the analysis and prevention of War. They will carefully analyze all situations that will lead to war and devise preventive strategies which will guide the leadership of the Colonie in what instructions to send out to World leaders. The leadership of the Colonie will automatically be de facto members of the central analytic institute, but it is to be clearly recognized that the central analytic institute is an arm and subordinated to the Colonie leadership. The job of the Central Analytic Institute is to produce high quality analysis which will then be used by the central Colonie leadership to guide their decision making: i.e. the central analytic institute has no, "line authority," but naturally it will have great indirect influence by the quality of its advice and analysis.

It is impossible to project too far into the future in specific, so I will leave the development of the later phases to other analysts. But it should be kept in mind that there will inevitably be some overlap in the phases. For example, large companies might be encourage to start going under ground

and to develop the technologies for underground living during phase one. In order to help in the development of the World Community and to eliminate friction between the major powers, the areas of the underdeveloped World, could be divided up. For example, the Soviet Union might be assigned Africa in order to unite all the Black African Nations into one U.S. of Africa, the U.S. would be assigned South America, the Japanese working in conjunction with the Chinese would try to help S.E. Asia and Indonesia, the Western European Nations and Britain and the Commonwealth Nations would try to help India. These spheres of influence would not be used for exploitation, but to close the gap between the developed and the underdeveloped World, if the gap gets too great, as it is doing now, then World War becomes inevitable.

Many people do not understand the relationship that exists between those groups that use the psychic arts. Almost all the different schools of karate teach the use of psychic power, but the use of mental energy or *Will* or psychic power is usually confined to internal uses within the body; but there are or were some schools in China that taught the pure art of sorcery, they were referred to as delusionists because they could cause their opponents to have delusions. In its highest form karate is a philosophy of life and a mental discipline which is very close to the discipline of a psychic warrior or a sorcerer, but unfortunately the U.S. versions of Karate are almost all physically oriented and most of the philosophy and mental techniques have been lost. Buddhism is a form of sorcery, in the final stages a person has perfected their mind to the point where they can lower their mental barriers to God's pure intelligence i.e. the Order Property, the Separate Reality, Nirvana and the hundred other names that it goes by; the person projects their soul, essence, or Psychic profile into the Order Property and leaves their physical body to die. The entire discipline of yoga leads up to this last step, where a person has perfected their mind to the point where they can send their soul into God's intelligence. Christianity is suppose to lead to some what the same thing, where a person has perfected their

soul so at death (which naturally lowers the barriers to the Order Property) their soul can be one with God's pure intelligence. Unfortunately, Christ was so misunderstood by his poorly educated followers that his ideas were completely mixed up and later theologians compounded the misunderstanding by a thousand fold, misunderstandings of misunderstandings. Hara Krishnas are what might be called God junkies, they spend their time trying to lower their mental barriers to God's pure intelligence just enough so that they can get high, which is why LSD users easily are converted to Krishna consciousness, a similar high, but none of the dangers of LSD. But both the Buddhists and the Krishna tend to be self centered and care very little for dealing with the World's problems, or in simple terms Krishnas do not like to do any work to provide for themselves and thus are reduced to begging like a plague of orange yellow locust.

A psychic warrior is not particularly interested in "Heaven" or Nirvana; a psychic warrior is interested in the solving the problems of this physical World. A Foundation member and Colonie members are psychic warriors dedicated to saving our species and preparing our planet to give birth to God in Embryo. A psychic warrior is a highly disciplined person who knows what they are doing and who they are, they act and live in a mature and responsible manner and only take enough recreation so as to maintain mental health and physical well being. The building of the collective screen and the Colonie structure is a revolutionary act, it is the beginning of the psychic revolution that hopefully will save our Planet and species from destruction. A revolution is not a tea party, we will be fighting to control the most powerful and ruthless elements in the World; the big owners in the U.S. and the Communist leaders in Russia. Many of our Foundation members and Colonie members will be destroyed in the battle to save our Planet. There will be no mass meetings and public advertising during Phase 1, we must do everything possible to remain low level and out of sight. Foundation and Colonie members will use the basic unit of 10 (five men and five women), Colonie members will live

together but Foundation members will integrate into the outer society, (living alone or in traditional marriage units.) The unit of 10 is designed for protection and security; single members could be picked off or threatened, but united groups of ten are much harder to deal with. It is also essential to hire good lawyers and good private detectives to defend ourselves against adverse legislation, or to investigate any violent attacks. If any member is killed, rewards should be offered and strict confidentiality given to any person coming forward with information. If the big owners try to use professional killers then we will track these killers down and destroy them, either physically or psychologically. Once professional killers realize that to kill a Foundation member or Colonie member means certain death, then they will turn down such contracts, they are not motivated by causes, only by money, and you can not spend money 6 feet under. All our recruiting will be done on a personal small group basis, many will feel the calling, but only the elite, that are steeled both physically and mentally, will be choosen, for the collective screen and the Vanguard of the Colonie. Foundation and Colonie members should do everything possible to prepare them for the coming conflict. They should study the self defense arts, condition their body, drink only in the slightest moderation and only with a meal, avoid drugs and smoking all together and engage in sex only for procreation or the strengthening of the collective bond with in the Colonie. Foundation members that live in the outer society should only have sex with their husbands or wives and only for procreation or strengthening the marriage bond. There should be no hedonistic sex, not only is it a horrible waste of time and mental energy, but it prevents a person from getting a sound nights sleep that is necessary to renew bodily vigor. Any person who is using or attempts to advocate the use of psycho-chemicals should be immediately subjected to rapid mental reconditioning or if that fails they should be immediately expelled. Nothing is more poisonous to a psychic warrior than marijuana and other psycho chemiclas that weaken resolve and will power and that lead to a flaky and

irrational mental state. Always be on the guard against infiltration and set ups. The big owners will try to discredit us and to disrupt us with illegal drugs.

In draining off some capital from the big owners to build the central analytic institute and the colonie it should be remembered that we are only interested in the very top owners, at first no more than 50 will be sufficient. We can not afford to divert valuable screen energy away from controlling the Worlds elites to only money raising, we must strike a very careful balance between money raising and preventing a war. It will do no good to be well financed and end up with a biological or nuclear war. Capital is necessary to build but it should never take precedence over preventing war that could escalate into total war. Once the big owners realize that we have the power of life and death over them, they may desire to cooperate, not surprisingly, and we should accept their cooperation and compliment them on their good judgment in seeing how important it is to prevent war. Those owners that decide to take their industries below ground and to build an underground civilization will gain immunity from further generous contributions, because they will in effect be the vanguard of the underdwellers.

Make sure that all public statements and utterances are cleared through the Colonie leadership, if there is any doubt, tell the person asking the question that you are very sorry but you can not answer their question right now, but you will try to write them a reply later on. Just remember, loose lips, sink collective screens. Avoid set ups, and compromising situations, if a women looks too good to be true, or a man is too romantic to be true, then they are trying to set you up or to infiltrate. If for some reason a small public meeting is held make sure that we have superior force on hand to handle any disruptors, we do not need public meetings, but if there is a mass get together, make sure we have hired some off duty police, and we have plenty of our own security personnel on hand, both visible and planted in the audience. In other words avoid a fight if you can, but if some disruptors make trouble, have enough force to squash them quickly.

The final battle for the survival of our planet is now about

to begin, the forces of evil are clearly in control of both the U.S. and Soviet Governments and the mechanism for the destruction of our Planet is being enlarged every day. The only thing that can save us is our faith in the power of God, as represented by the collective screen, and the mental power of the psychic warriors who will wage the war against the forces of evil. There is no greater glory than to devote ones self to the service of God, and if need be lay down your life. The collective screen is God's scalpel here on Earth, and we are God's Doctors, and the foolish leaders of the Earth that have turned their back on God and sold their souls for power and wealth are about to learn that we are not going to stand for their stupidity and immorality any longer, we are not going to allow them to turn our World into a radioactive wasteland.

The quality of leadership necessary to build a sound organization must be high. We must be very careful to watch for those people who have big ego's and you think they are God's gift to leadership, those people with leadership complexes, who like to boss other people around are the very worst type of leader. All Colonie members and Foundation members must constantly be on guard against those people who would try to exploit our organization for personal gain or glory. The inflated egotist, who always wants to be the center of attention and can not stand to compromise with other people, but insists on having their own way, is actually a very childish person and we should never intrust leadership to such an individual. We must also guard against those people that have psychotic complexes and who are so filled with hate that they only want revenge against the system. Such people are always self destructive and drag the group down with them. A good leader is a mature and serious minded individual, who tries to be fair and reasonable in all situations, a good leader listens to the suggestions of others and tries to use those parts of the suggestions that can be used. A good leader gives credit where credit is due and does not try to be a glory grabber. A good leader is patient and does not act in haste or anger, but waits until all the facts are in before passing judgment, (this does not refer to certain

situations where instantaneous decisions must be made) combat situations, emergency situations. A good leader seeks advice on complex or troubling situations. A good leader learns to think ahead and anticipate potentially dangerous or tricky situations. A good leader sets a proper example in conduct and never takes it easy when others are required to sacrifice. We want no George Washington's who are eating like Kings, when their troops are freezing and starving. All of the Colonies leaders and those Foundation members that are united together in groups of ten, will democratically elect their own leaders, (each group of ten elect's a leader, ten leaders will meet and elect a person from their number, that will head up the ten colonies i.e. 100 people, and so on up the ladder) leaders in top positions will serve a single 5 year term and then can not repeat for another 5 years to prevent fatigue and to give as many people as possible a chance at gaining experience in a high level leadership position.). We will not repeat the mistake of the outer society of having one leader or a small clique rule continuously until they are so old and feeble that they are incapable of giving good leadership. A wily old fox is useful for advice, but should not be used as a line leader, stress and strain take there toll as the years go by and an older person simply can not bear up under intense pressure situations without loosing their mental vigor. Power is the strongest psychological opiate ever known, and we do not want our leaders to get power crazy. Our leadership strength is in its collective character, we will have many good top leaders, if one dies, another just as capable quickly steps in. Our dedication is to God and to the ideals of the Foundation and the Colonie, not to individual leaders that are mortal. This does not mean that one should not feel and give loyalty to the Colonie leaders, because they, while serving as leaders, are the physical instruments that express the ideals and principles of the Colonie and Foundation. The leaders of the Colonie (as is the entire Colonie structure and members of Foundation) are carrying out God's master plan here on Earth and thus they should receive the loyalty of their units. Those Foundation members who are united into groups of

ten for the purpose of taking part in the collective screen will come under the direct line authority of the Colonie; but Foundation members not connected to the collective screen will work in a fluid association where suggestions take the place of orders. This is necessary because certain Foundation members must remain undercover in the outer society, and Foundation members, who are all trained in analysis, must preserve their objectivity so that they will be free to analyze and criticize any mistakes the Colonie is making. Good analysis can not be done to please leaders, it must be objective. Many times the people in the C.I.A. and the K.G.B. dish up the analysis that their leaders will like to hear, instead of what the true reality is; this is one step that leads to war and disaster. A good leader wants and benefits from just and objective criticism, nobody likes criticisms, but a mature person overcomes personal feelings and studies the critical analysis carefully.

There is another advantage that we have over the outer society, we can use lie detector tests and truth serum with no restriction, all new members should receive a lie detector test to screen out plants and spies, and all people in sensitive positions should have a regular test, if the results are not clear additional tests can be used or truth serum, failing a test, does not mean a person is a spy, or dishonest, or disloyal, repressed guilt from even some small unintentional leak, could cause a lie response to register, if all tests available leave any doubt, then the person should be returned to a nonsensitive position, the same goes for top leaders, we are not dependent on any one person. If a person intentionally sells or transfers secret information then the person will just be expelled from the Colonie structure after a hearing which is governed by 3 top leaders who act as judges, only the 9 members of the guilty persons Colonie have a right to be present; none of the judges can abstain and a vote of 2 out of 3 is necessary for guilty or innocent, we do not want any wounded tigers in the Colonie. If the person has information that would further damage the Colonie then the person will be allowed to take a lethal, but painless injection, and then the body will be reduced to fertilizer. In such a serious mat-

ter the judges should follow the rule that the evidence should be clear and definite and the person's guilt should be established beyond a reasonable doubt.

I would like to emphasize again so there will be no misinterpretation, that the power of the collective screen is to be used to ensure the survival of our species and not to be used for class warfare or retributive justice. If we were to try to destroy all those big capitalists and top communists that deserve to be destroyed we would have no energy left to ensure our survival. After general disarmament almost \$300 billion (conservative estimate) will be available to help build a World community and this should be the second priority. The gap between the developed and the underdeveloped countries must be narrowed to help prevent warfare both biological and nuclear. The collective screen should be used in a very precise and calculating manner, just as a Doctor uses a scalpel we must use the collective screen.

It is also necessary to keep in mind that the forces, (political, economic social and military), that are now leading us to total destruction have been building up for a long time, the peace-warfare cycle has been going on since the advent of recorded history, even if we use our best discipline, our chances of success at this late date are no better than 50-50. The forces of madness, like a huge snowball rolling down hill, have had a chance to build up a dangerous momentum. The battle to save our planet is by no means a light hearted endeavor that will be guaranteed to end in victory, it will be an all out struggle against the most powerful forces of evil and destruction ever seen on this Earth. Only the tempered steel of disciplined psychic warriors who are morally and intellectually strong will be able to withstand the heat of battle. Many of our numbers will be persecuted and killed, but if we fail all will be destroyed.

I would like to take this opportunity to apologize to other people who are undoubtedly more skilled in the art of sorcery than myself for violating the traditional method of passing the knowledge. I would never have passed even the most basic techniques by the use of a book, if I thought there was some other method that could be used to save our Planet.

But I think I am justified in breaking the code of secrecy, which has meant that the art was always passed down by individual instruction to an apprentice. A true sorcerer would view all my efforts as futile and laughable, but that is the difference between a sorcerer and a psychic warrior. I realize that by publicly releasing even the most basic mental techniques of sorcery that needless damage will probably result, but this can not be helped. Any time knowledge is released it can be used by the good, the bad and the stupid and there is no way to prevent this. Our moral imperative is clearly to do what ever we can to ensure the survival of our Planet and species. We should use the minimum violence necessary to accomplish this purpose. When we do use the power of the screen it should be remembered that we are acting defensively to save our own species and all life on the Planet. Any death or destruction that occurs in this defensive action is clearly moral, ethical and justified. The major powers on this Planet have clearly lost control of their competition and are heading toward a major nuclear or biological war, and what ever steps are necessary to bring this insane competition to an end are defensive. All people who desire to save our Planet regardless of religion, race, or Nationality should unite under the banner of the Colonie and prepare ourselves for this ultimate struggle. Small splintered groups have struggled for years to prevent a nuclear war, but their efforts have had little effect on the powerful military-industrial complexes in both the U.S. and the U.S.S.R. It is only through united strength under good leadership and discipline that the moral and ethical forces of this World can prevail.

